



MES AMANI COLLEGE
OF VANDALUR

NCIATRI 23 ABSTRACTS 20

Editors

**Ansar E. B., Dhanya P. R., Jisha K. C., Kesavan K.
Lathif Penath, Mohammed Areej E. M. & Sheena P. A.**



NCIATRI²⁰²³ **ABSTRACTS**

Editors:

**Ansar E. B., Dhanya P. R.,
Jisha K. C., Kesavan K., Lathif Penath,
Mohammed Areej E. M. & Sheena P. A.**



MES ASMABI COLLEGE
P. Vemballur, Kodungallur, Kerala, India - 680 671.

Editors:

Dr. Ansar E. B.

Dr. Dhanya P. R.

Dr. Jisha K. C.

Dr. Kesavan K.

Mr. Lathif Penath

Mr. Mohammed Areej E. M.

Dr. Sheena P. A.

© Jisha K. C.

First Edition: May 2023

ISBN: 978-93-5813-509-1

All rights reserved. No part of this publication may be reproduced, stored in or introduced into retrieval system or transmitted, in any form, or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior written permission of the publisher. Authors are solely responsible for the contents of the chapters in this volume. The editor has the best effort in the preparation of this book. Errors, if any, are purely unintentional and readers are requested to intimate the errors to the editor to avoid discrepancies in the future.

Published by:

MES Asmabi College, P. Vembalūr, Kodungalūr, Kerala, India.

PIN: 680671

Price: ₹300/-

Date of publication: 25 May 2023

Design & layout: Anesh C. S., Maker Design Studio, Mathilakam, Kerala, India.

NCIATRI ABSTRACTS 2023

Editors: Ansar E. B., Dhanya P. R., Jisha K. C.,
Kesavan K., Lathif Penath,
Mohammed Areej E. M.,
Sheena P. A.



Published by:
MES Asmabi College

Govt. Aided, Affiliated to University of Calicut, Recognized by UGC,
Minority Institution Certified by National Minority Education Commission,
Re-accredited by NAAC with B++ grade
P. Vemballur P.O., Kodungallur, Thrissur Dist., Kerala, Pin - 680 671,
Ph : 0480-2850396
e-mail: principal.mesasmabi@gmail.com
website: www.mesasmabiccollege.edu.in



MRP : ₹300/-
ISBN: 978-93-5813-509-1

Contents

Sl. No.	Title & Authors	Page No.
53	Father's Involvement in Development of Emotional Maturity and Resilience Among Young Adult Males <i>Haritha Hari & Anna Pheenix T. S.</i>	53
54	Behavior Problems of Adolescents in Relation To Family Function and School Environment <i>Jisha P. K. & Nice Mary Francis P.</i>	54
55	Quality of Life and Anxiety Among Yoga and Non Yoga Practitioners <i>Jophiya P. J. & Sangeetha P. S.</i>	55
56	The Effect of Learning Styles on Academic Adaptation of High School Students <i>Kibilath Divan, Avani K. Devadas, Nijayas Prasad, Sreyakrishna T.J. & Lathif Penath*</i>	56
57	Impact of Birth order on Academic Procrastination Among Young Adults <i>Minsila Hilal, Haripriya M. T., Rameesa Parvin K. U. & Rafna Rafi Femina V.A.*</i>	57
58	Bullying and Resilience Among Adolescent <i>Muhammed Shahal T.* & Minsila Hilal</i>	58
59	Study Habit and Academic Performance Among Higher Secondary Students <i>Nimitha Premial & Sangeetha P. S.</i>	59
60	Psychological Well Being and Social Avoidance and Distress Among Theist and Atheist <i>Rizwana M. A., Alfiya N. R., Sandra N. S., Abdul Salam & Farhana Nasar*</i>	60
61	Gender Role Beliefs and Academic Self-efficacy Among College Students in Numerically Female Dominated Education Streams <i>Sethulakshmi K. S. & Lathif Penath*</i>	61
62	Perceived Stress and Pornography Use Among Young Adults <i>Vijay Viond K. & Minzila Hilal*</i>	62
63	Social Skills Training for Long Stay Psychiatric Patients Diagnosed with Schizophrenia: Effects and Implications <i>Vishnu Digambhar & Ranjeet Kumar</i>	63
64	Observation of Food and Feeding Behaviour of Nilgiri Langur (<i>Semnopithecus johnii</i>) in Nilgiri Forest Division, Tamil Nadu, Southern India <i>Jayaraman Ranjitha, Balasundaram Ramakrishnan & Selvaraju Raja</i>	64
65	A Study of Behavioural Patterns and Effect of Starvation on Fight Success in the Common House Cricket <i>Acheta Domesticus</i> <i>Jyothi V. & Bhavana C. B.</i>	65

Bullying and Resilience Among Adolescent

Muhammed Shahal T.* & Minsila Hilal

Dept. of Psychology, MES Asmabi College, P. Vemballur, Kodungallur, Kerala.

*Corresponding author: shahalt6@gmail.com

The aim of the study is to evaluate the relationship between bullying and resilience among adolescents in Thrissur district. It was a descriptive quantitative research design. Sample of 120 adolescents aged 13-18 years were recruited in Thrissur district, 60 boys and 60 girls participate in this study. Data was collected using Child adolescent bullying scale CABS (Gladden, Vivolo-Kantor, Hamburger, & Lumpkin, 2014) and Bharathiar university resilience scale BURS (ProfDr. Annalakshmi Narayanan, 2009) through field survey. The statistical significance of differences between genders was tested using t-test. Correlation was conducted to explore the relationship between bullying and resilience. The relationship was observed for all participant is that there is no significant relationship between bullying and resilience in adolescents, There was no significant difference between bullying and resilience among adolescent boys and girls. There for, resilience important for preventing bullying.

KEYWORDS: Bullying, Resilience, Adolescent.