



MES AMANI COLLEGE
OF VANDALUR

NCIATRI²³ ABSTRACTS²⁰

Editors

**Ansar E. B., Dhanya P. R., Jisha K. C., Kesavan K.
Lathif Penath, Mohammed Areej E. M. & Sheena P. A.**



NCIATRI2023 **ABSTRACTS**

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Parental Bonding and Perception of Success Among Late Adolescent Athletes

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The aim of the study is to examine the relationship between parental bonding and perceived success among late adolescents partaking in sports or other physical activities. The difference in parental bonds and perception of success is also measured between the two genders. 63 male and 63 female students playing competitive sports participated in this study. The data used in the study was collected using the Parental Bond Instrument (PBI, Gordon Parker, Hilary Tupling, & L. B. Brown) and the Perception of Success Questionnaire (POSQ, Adult Version) through online survey. The collected data was analysed using Independent sample T test and correlation was found using Pearson Correlation. The results showed that there was no significant relationship between Parental Bonding and Perceived Success among late adolescent athletes. However, there was a significant difference between males and females in Parental Bonding with females showing a higher level of parental bonding with parents. Having a better bond with parents does not affect perceived success among young athletes. This may be because young adults spent much more time with peers and other same aged people.

KEYWORDS: Perception of Success, Parental Bonding, Adolescent Athlete.