



Chronicles of Heart

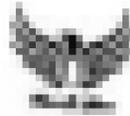
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Realizing the Basal: The Pandemic Impact

Though she was a firm believer, her concept of God was not acceptable to the family. It was a traditional Hindu family that performed routine temple visits, holy rites, usual chanting and fasting. For her evening is the time she got to work hard for her studies and do her daily chores. She was used to abstain from the evening temple visits as it spoiled her whole day. Can the loud reciting bring sanctity to soul or peace to the mind? For her, the perfect homework for the next day enabled her to work for a better tomorrow. One needs to be loyal to the customary practices in the family, otherwise the family muse would not stand with her at the time of crisis. For the rhetorical question, can anyone stand with one's inner self at any crucial juncture, the answer is an emphatic 'no.'

Self-help and appreciation are the best things one can do for inner peace; on the other hand, this will lead to genuine humane feelings discarding the mundane performances. At that time the lockdown was declared as an impact of Covid 19. With the other shutting downs, places of worship were also closed. That which was lost by the family members by not going for these regular visits was the darkness that covered the mind, though occasional visits turn out to be good to eliminate the negativity as believed by her. Thus, she got perfect opportunity to go back to her real self, read and understand a lot along with the family. The period taught that worship of God need not be displayed, but can be done in mind, for such people work itself is worship. She counted these among the very few benefits of the pandemic period.

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