



MES AMANI COLLEGE
OF VANDALUR

NCIATRI 23 ABSTRACTS 20

Editors

**Ansar E. B., Dhanya P. R., Jisha K. C., Kesavan K.
Lathif Penath, Mohammed Areej E. M. & Sheena P. A.**



NCIATRI²⁰²³ **ABSTRACTS**

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First Edition: May 2023

ISBN: 978-93-5813-509-1

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Published by:

MES Asmabi College, P. Vembalūr, Kodungalūr, Kerala, India.

PIN: 680671

Price: ₹300/-

Date of publication: 25 May 2023

Design & layout: Anesh C. S., Maker Design Studio, Mathilakam, Kerala, India.

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Published by:
MES Asmabi College

Govt. Aided, Affiliated to University of Calicut, Recognized by UGC,
Minority Institution Certified by National Minority Education Commission,
Re-accredited by NAAC with B++ grade
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MRP : ₹300/-
ISBN: 978-93-5813-509-1

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Psychological Well Being and Social Avoidance and Distress Among Theist and Atheist

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There are different learning styles prevalent among students. The well-known among them are visual, auditory, and kinesthetic. The purpose of the present study was to analyze the effect of learning styles on the academic adaptation of high school students. The Learning Style Questionnaire (LSQ-30) was administered in three schools to identify the learning styles predominant among students. A sample of 180 students of class 8,9 and 10 were selected for the study through stratified sampling method. Pure Procrastination Scale and Motivational Engagement Instrument were used to measure academic adaptation. Kruskal-wallis test was used to determine significant difference in Academic Adaptation among students based on learning Styles and Mann-Whitney U test was used to determine significant difference in academic adaptation based on Gender. And the result shows that learning styles has a significant effect on Academic adaptation. There is no significant difference on academic adaptation based on gender.

KEYWORDS: Psychological Wellbeing, Social Avoidance & Distress, Theist & Atheist.