



# LATHIF PENATH

## ASST. PROFESSOR & CONSULTANT PSYCHOLOGIST



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Chavakkad , Thrissur, Kerala  
India. 680506



lathifpenathpsy@gmail.com

Psychology lecturer with 7 years' experience in college level & freelance Psychologist since 7 years. Has experience of organizing influential programs for students. Has a practice of being a resource person in various workshops, seminars and webinars.

### AREAS OF EXPERTISE

Well versed in empathetic and scientific approach to the therapy and counseling. Expertise in the field of training for Students and Professionals in Different Areas.

## EDUCATIONAL HISTORY

### BHARATHIAR UNIVERSITY

MASTERS IN APPLIED PSYCHOLOGY  
CLASS OF 2015

- Graduated with Distinction
- Specialized in Clinical Psychology
- Worked as Intern at Santhula Trust Psychiatric Hospital. Kerala

### PRAJYOTI NIKETAN COLLEGE

BACHELORS DEGREE IN PSYCHOLOGY CLASS  
OF 2012

- Graduated with First Class, Class of 2012
- College Boxing Team Captain
- University Union Chairman, Calicut University Students Association 2012

## PROFESSIONAL HISTORY

### ASST. PROFESSOR & HEAD

MES ASMABI COLLEGE | MAY 2019 - PRESENT

- Faculty and Office in charge of the Department Psychology, MES Asmabi College.
- CMHEP Project Coordinator
- College Student Counselor

### ASST. PROFESSOR

PMST COLLEGE VENNIYUR | MAY 2018 - MARCH 2019

### ASST. PROFESSOR & HEAD

AL- JAMIA ARTS & SCIENCE COLLEGE  
PERINTHALMANNA | MAY 2016 - MARCH 2018

### ASST. PROFESSOR & HEAD

MES ASMABI COLLEGE, P. VEMBALUR | MAY 2015 -  
MARCH 2016

## SKILLS

### TEACHING

- Execution of plans to Enhance student ability as a Psychologist and Academician
- Specialization to develop experiential learning strategies in curriculum.

### COUNSELING AND PSYCHOTHERAPY

- Family sessions, Premarital sessions
- Both Career and academic related Individual & Group sessions
- Psychometric tests and Assessments

### TRAINING & COACHING

- Specialization to develop Training modules and provide training for students, Professionals and Trainers in Life Coaching and Life Skill Development.
- Professional Enhancement Skills for corporate Professionals.

## PAPER PRESENTATION/RESEARCH

- International science congress on the topic "Civil Service Aspirant Pro-Social Tendencies and its Correlates: A Theoretical Understanding" 2013.
- Won Best Paper Award for Paper presented national conference on the topic "A Comparative study about Prosocial behavior between Civil Service Aspirants and Non Aspirants".
- Presented paper at national conference hosted by Sree Shankaracharya University, Kaladi, Kerala, India

## OTHER PROFESSIONAL POSITIONS

### PSYCHOLOGY CIRCLE (NGO)

- Member of Psychology Circle
- Vice President three time in row from 2018 to 2022

## CHARACTER REFERENCES

MR. SUNI M. S  
CLINICAL PSYCHOLOGIST  
91+9895015803  
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DR. A BIJU  
Principal  
MES Asmabi College  
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DR. NEPUN K N  
M.B.B.S - DPM (Psychiatry)  
Consultant Neuro Psychiatrist  
Mnashanthi Clinic, Chavakkad