



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



**Report of NSS Activities
In the June 2021**

<https://nssasmabi.blogspot.com/p/about-nss.html>

1

Webinar on Ecosystem Restoration on 5-6-2021

Webinar on Ecosystem Restoration was conducted online through Google Meet (<https://meet.google.com/xzg-tviz-hyx>) on 5-6-2021 @10am. The chief guest of the day was Mr Mohammed Sharif, Deputy Range Social Forest Officer, Chalakudy. 85 NSS volunteers and two program officers named Dr Princy Francis and Dr Ansar E B were participated the webinar.

NSS volunteers named Ms Josana R anchored the webinar. Welcome speech was delivered by Mr Adhil K N followed by presidential address by Dr A Biju, College Principal. Special address was delivered by Dr Princy Francis and Felicitation by Dr Ansar E B, NSS program officer and Mr Devadevan G. NSS song and Environment song was sung by Ms Vismaya K V. The video presentation of students was done while in the webinar which gained appreciation of chief guest. The webinar was ended with the vote of thanks by Mr Muhammed Ajmal.

Brochure:

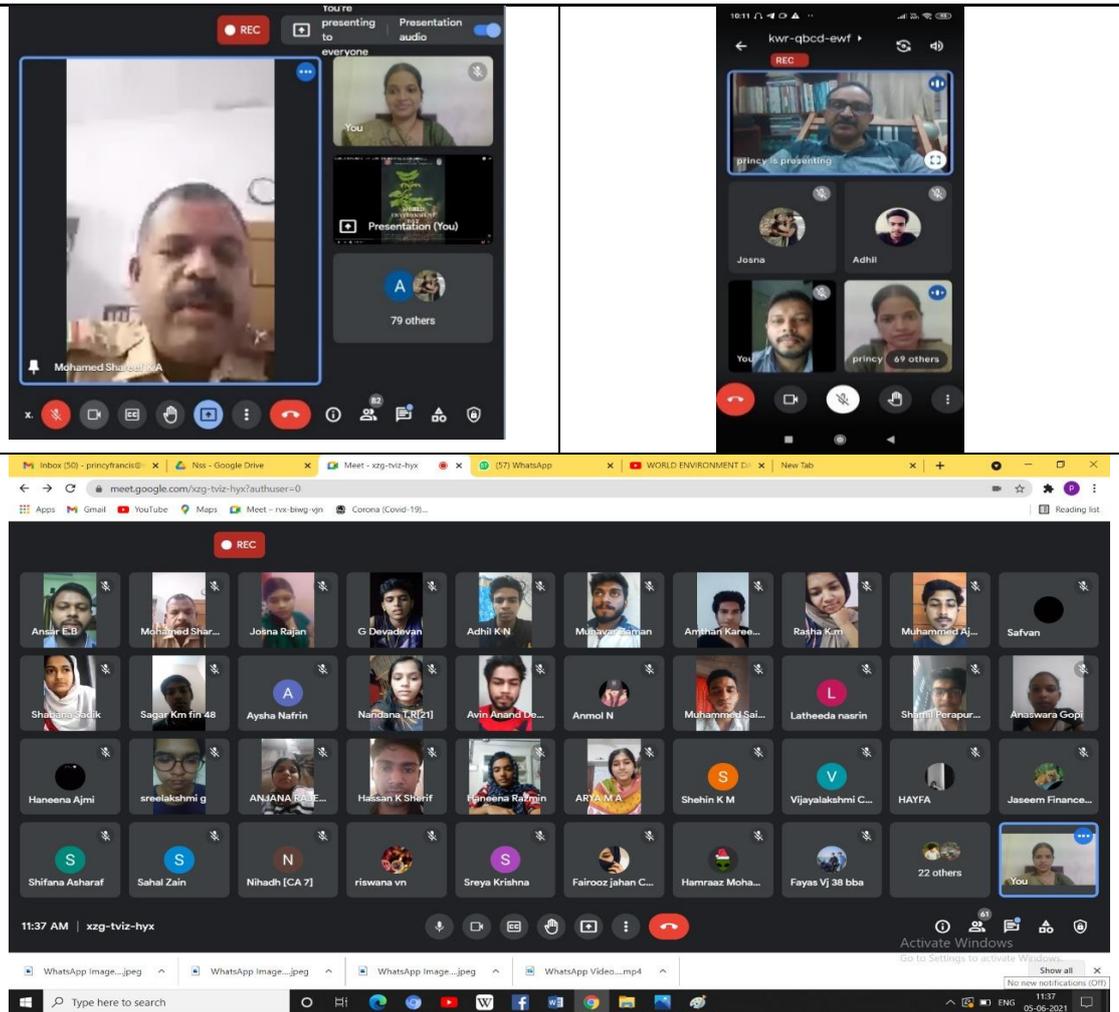
PROGRAMME SCHEDULE	
ANCHOR	JOSNA R NSS SECRETARY
NSS SONG	VISMAYA K V NSS VOLUNTEER
WELCOME SPEECH	ADHIL K N NSS SECRETARY
PRESIDENTIAL ADDRESS	Dr A BIJU PRINCIPAL
SPECIAL ADDRESS	Dr PRINCY FRANCIS NSS PROGRAMME OFFICER
KEYNOTE ADDRESS	MOHAMED SHAREEF K A DEPUTY RANGE FOREST OFFICER
SONG	VISMAYA K V NSS VOLUNTEER
FELICITATION	Dr ANSAR E B NSS PROGRAMME OFFICER
FEEDBACK	STUDENTS
VOTE OF THANKS	MUHAMMED AJMAL NSS VOLUNTEER

Josana R
Devadevan G
Lathadha nasrin K M
Adhil K N
NSS SECRETARIES

Dr Princy Francis
Dr Ansar E B
NSS PROGRAMME OFFICERS

Dr A Biju
PRINCIPAL

Photos:



Recorded Videos:

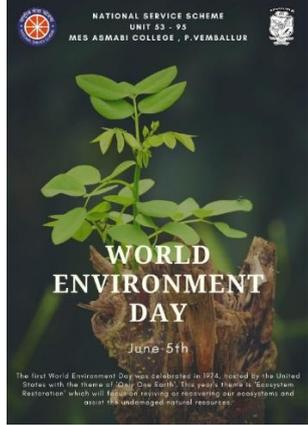
Part1: https://drive.google.com/file/d/1BG_YseaXZzyKPT8yy0AyUxfXpWRK1Q0t/view?usp=sharing

Part2: <https://drive.google.com/file/d/1JhPFMH8QvG69xVtq8bwTRT9vybwXvL5P/view?usp=sharing>

Blog link:

<https://princyfrancis.blogspot.com/2021/06/webinar-on-ecosystem-restoration.html>

- 2 **My Favourite Tree** Video presentation was uploaded in NSS youtube Channel as part of World Environment Day June 5, 2021 by NSS, MES Asmabi College, P.Vemballur, Kodungallur on 5-6-2021. A total of 10 students and two NSS programme officers participated to describe their favourite tree.
https://www.youtube.com/watch?v=ks0B3d_20D0

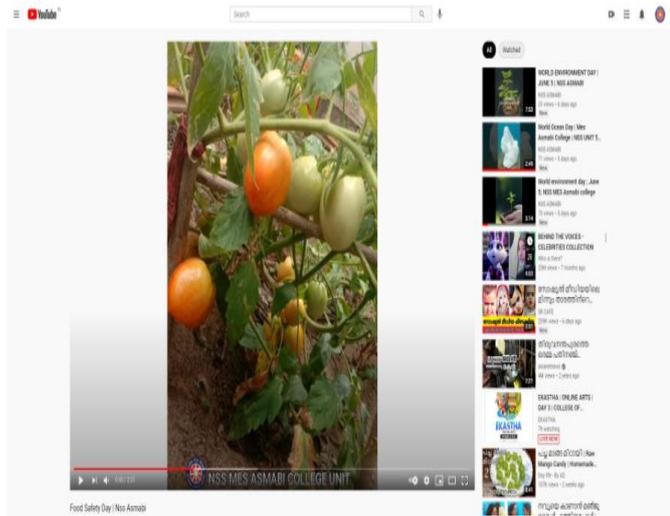


3 **Online Quiz Competition** was conducted on the basis of World Environment Day on 05-06-2021 and distributed automated e-certificate to those who have scored a minimum of 60%. A total of 351 students are participated in the online quiz based on the World Environment Day. <https://forms.gle/dNGyHgW8QWTwPJAq7> on 7/6/2021



4. **Food Safety Video Presentation and Poster on 07-06-2021**
<https://www.youtube.com/watch?v=iVzwnVAOIak>

Based on June 7, 2021 Food Safety Day, NSS units 53 & 95 of MES Asmabi College, P. Vemballur prepared food safety video presentation and also poster making by using the images of their kitchen gardening, vegetable gardening, pet farming etc.

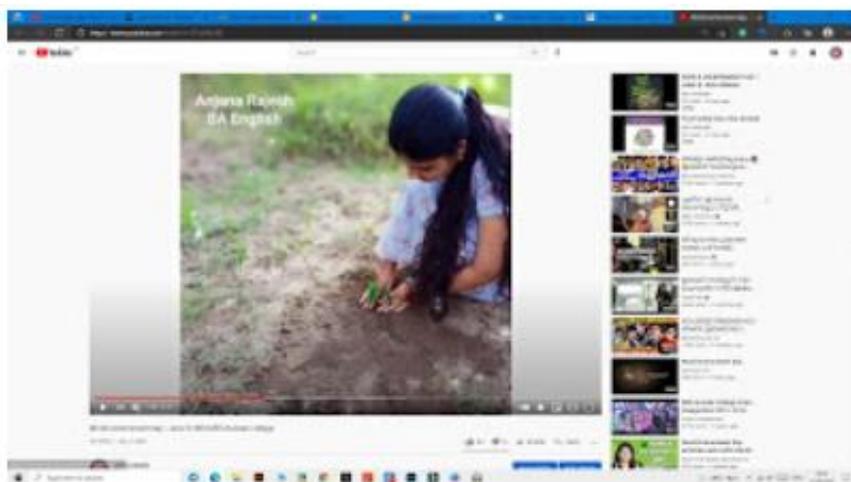


5

COLLAGE & VIDEO PRESENTATION ON PLANTING THE TREE SAPLINGS ON 07.06.2021

<https://www.youtube.com/watch?v=IT3ciK6v380>

Due to the inconvenience of reaching at college, all NSS volunteers planted tree saplings at their own home and decided to take the status of the planted tree sapling after 50 days. By using the images of the planting tree saplings, collage and video presentation are created and uploaded in youtube.



6

ONLINE WORKSHOP ON PAPER PEN MAKING ON 08.06.2021

Date: 08.06.2021 @ 4 pm

Venue: Google Meet

Resource: Nandana Haridas (NSS Volunteer, BA Economics)

Beneficiaries: 50 NSS Volunteers, 22 Other Students.

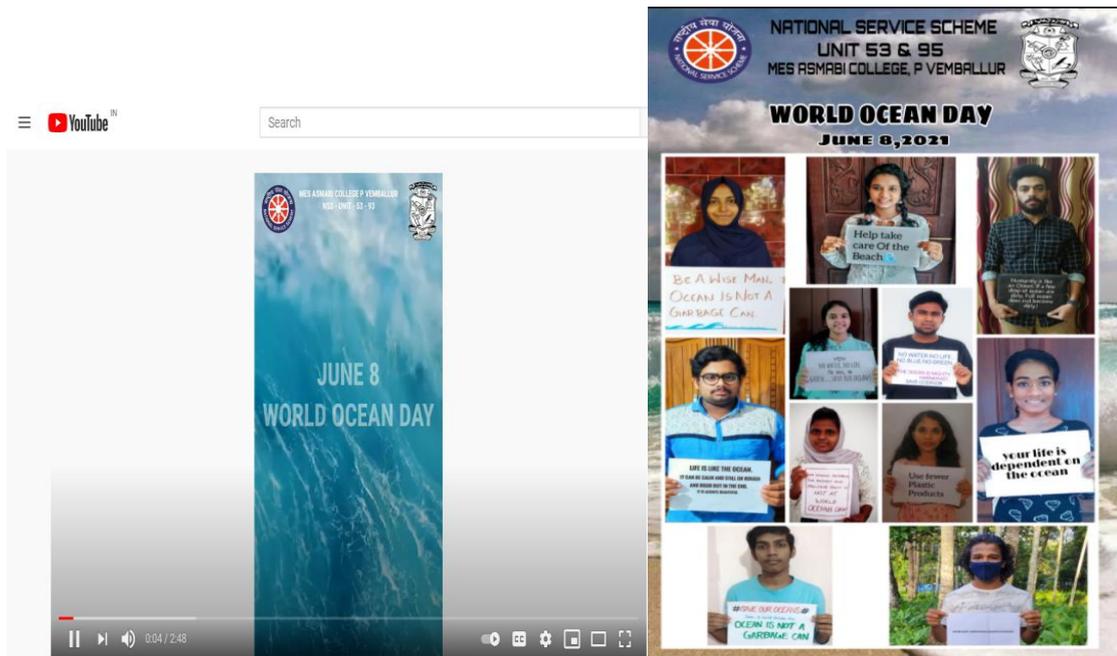
Outcome: Acquired Skills to Create Paper Pen to Reduce Plastic Usage.



7 **WORLD OCEAN DAY VIDEO & POSTER MAKING** ON 08.06.2021

https://www.youtube.com/watch?v=rQLhM5YA1_I

Documentary video regarding World Ocean Day (June 8, 2021) was uploaded in youtube channel.



8 **WEBINAR ON AWARENESS ABOUT ANEMIA** 12.06.2021 @ 12 NOON

Date: 12.06.2021 @ 12 noon

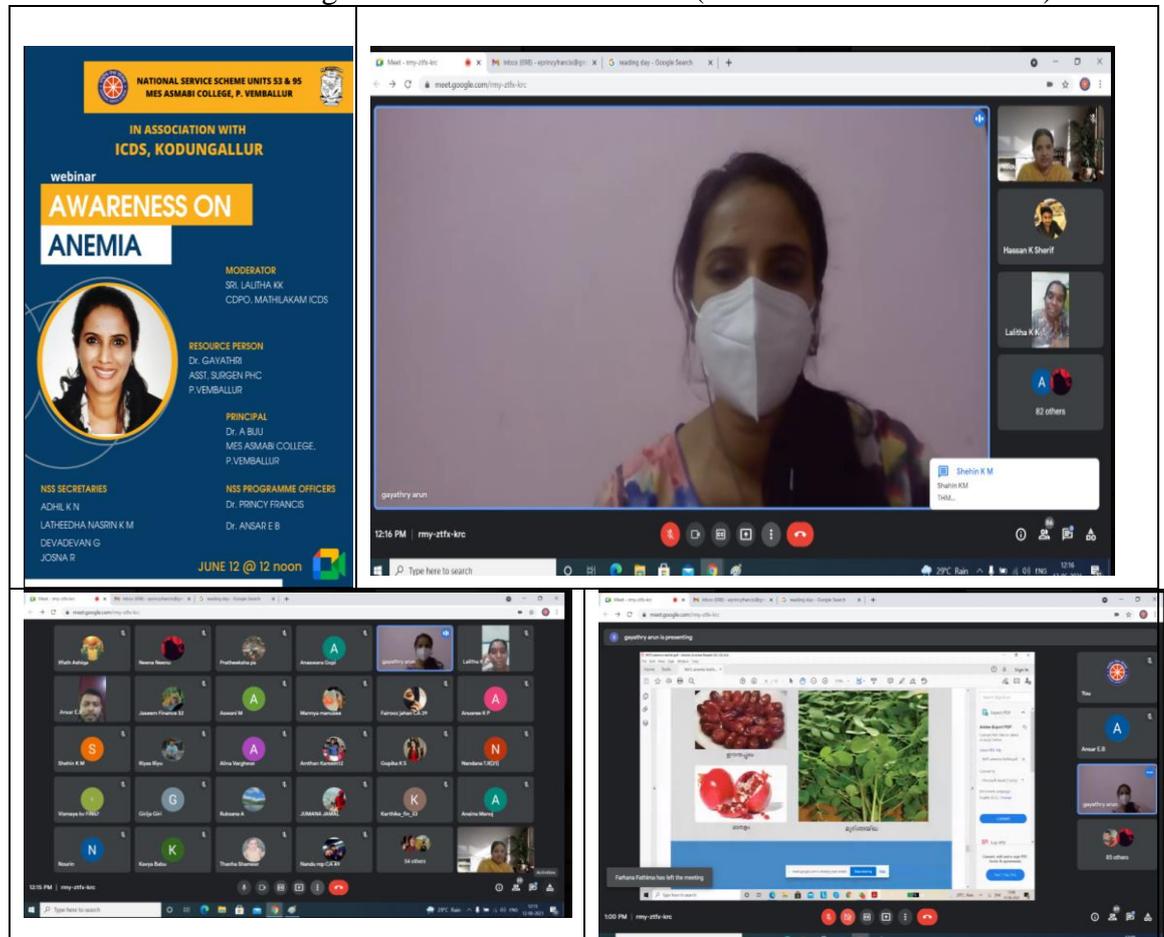
Venue: Google Meet

Resource Person: Dr. Gayathri (Asst surgeon PHC, P. Vemballur) in Association with ICDS MATHILAKAM

Beneficiaries: 92 NSS volunteers

Outcome: Remedies to avoid anemia

NSS conducted an online webinar on Anemia Awareness in association with ICDS, Mathilakam as part of their Intensive Anemia Control Yajnja program for MES Asmabi College NSS students on June 12 from 12 noon to 1 pm. Dr. Gayathri as the resource person of the session under the guidance of Mrs. Lalitha KK (CDPO ICDS Mathilakam.)

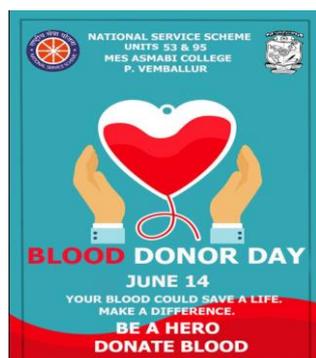


9

ONLINE SURVEY FOR COLLECTING THE DETAILS OF BLOOD DONORS ON 14.06.2021

<https://forms.gle/17fRNiKGVdg8ggph8>

Online survey is conducted to collecting the details of blood donors who are willing to donate their blood to the society as part of Blood Donors day.



Online Survey for Collecting Blood Donors List on

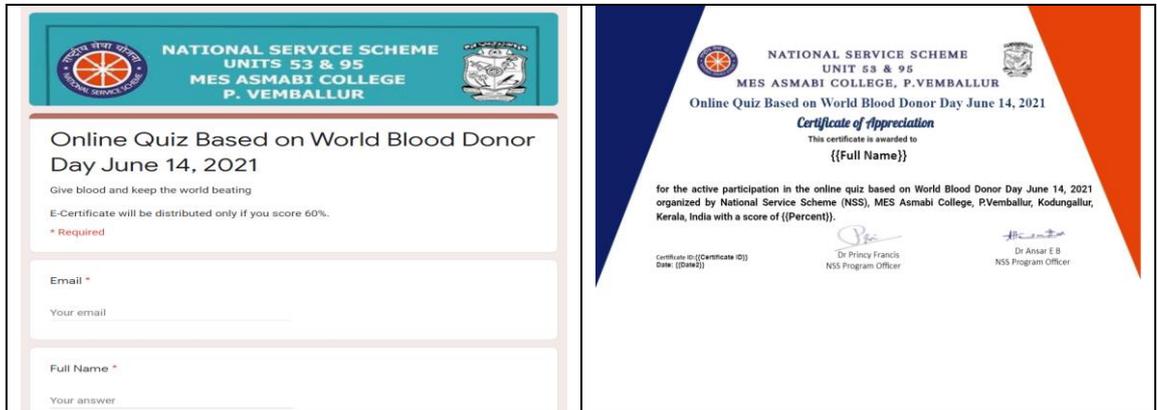
10

ONLINE QUIZ RELATED TO BLOOD DONORS' DAY ON 14.06.2021

Online quiz has been conducted as part of blood donors day on 14-06-2021 and distributed automated e-certificate to those who scored a minimum of 60 percentage marks.

<https://forms.gle/wCh7Hj37GFYzL7uY8>

Give blood and keep the world-beating



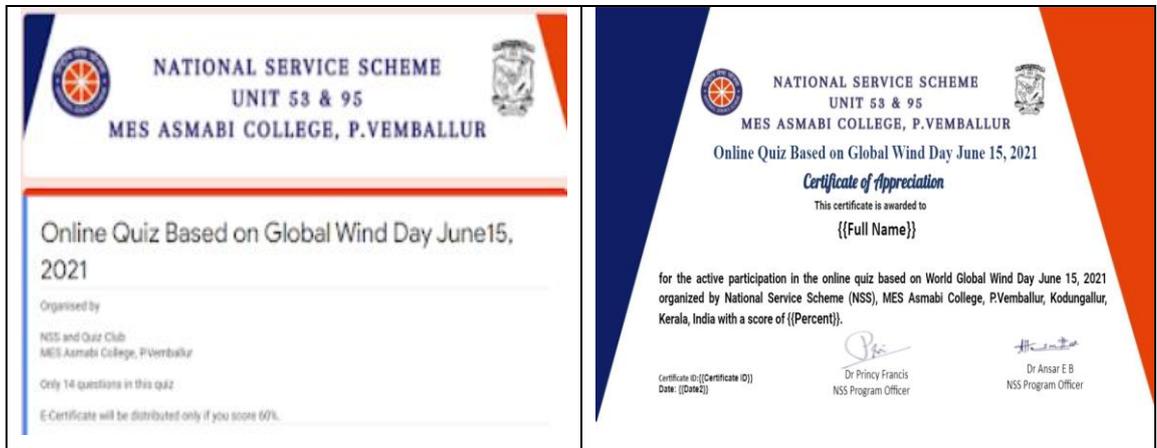
11

ONLINE QUIZ RELATED TO GLOBAL WIND DAY ON 15.06.2021

Online quiz has been conducted on Global Wind Day on 15-06-2021 and distributed automated e-certificate to those who scored a minimum of 60 percentage marks. WORLD WIND DAY is celebrated every year on 15th June to make people aware of wind energy, its uses, power, and its potential to change the world.

<https://forms.gle/wEV1HnvdQW61UQV48>

" AIR HAS POSSIBILITIES OF CLEAN ENERGY, LET'S CELEBRATE WORLD WIND ENERGY TOGETHER".....



12

PLANTING TREE SAPPLINGS ON THE CAMPUS AS PART OF ENVIRONMENT DAY ON 17-06-2021

On 17 June 2021, 100 tree saplings (60 amla, 20 bamboo and 20 guvava tree saplings) were collected from Social Forestry Office, Chalakudy. Two amla tree saplings planted in the campus in the presence of NSS Voluteers, programme officers, Dr A Biju college

principal and Jb Salim Arakal college management secretary. 98 tree saplings were distributed among NSS volunteers.



13

ONLINE WORKSHOP ON THE PREPARATION OF QUIZ WITH E-CERTIFICATE ON 17.06.2021

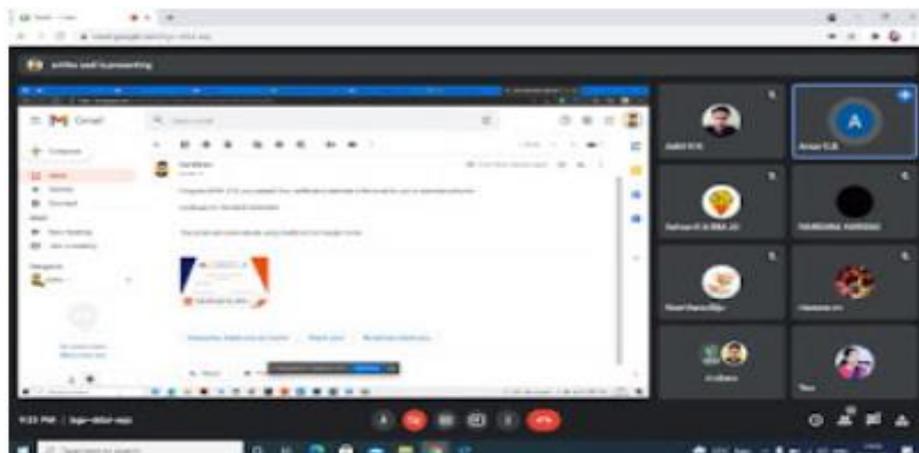
Date: 17.06.2021 @ 8 pm

Venue: Google Meet

Resource Person: Dr Princy Francis (NSS Programme Officer)

Beneficiaries: 20 NSS Volunteers

Outcome: Gained skills to create a google form (quiz) with automated e-certificate distribution using Certifiem add-on.



14

WEBINAR ON YOGA FOR WELL-BEING AND VIDEO PRESENTATION on 21-06-2021

Date : 21.06.2021 @ 4.00 pm

Venue : Google meet

Resource persons: Dr. Anthony Dein (Expertise in yoga, natural homeopathy, and counseling) and Ms. Rejeena shams(Yoga trainer)

Beneficiaries:73 NSS volunteers

Outcome: Conceived the importance of yoga in daily life and well educated about different positions in yoga.

A webinar on International Yoga Day was conducted online through Google meet (<http://meet.google.com/zam-vium-cae>) on 21-06-2021 @ 4.00 pm. The chief guest of the day was Dr. Antony Dein, Expertise in yoga, natural homeopathy, and counseling, and Ms. Regina Shams, yoga trainer. 73 NSS Volunteers and two program officers named Dr. Princy Francis and Dr. Ansar E.B Participated in the webinar. NSS Volunteers named Ms. Fathima Farzana anchored the webinar. The prayer was delivered by the NSS volunteer Ms. Avani Nandha. Welcome speech was delivered by Ms. Neena T. K followed by a Presidential address by Dr. A. Biju, college principal. The introductory speech was delivered by Dr. Princy Francis and felicitation by Dr. Ansar E.B, NSS program officers. Yoga day message was delivered by Dr. Antony Dein, expertise in yoga, nature Homeopathy and counseling. Yoga class and The demonstration was presented by Ms. Rajeena shams, yoga trainer. Different types of positions in yoga and their steps were presented by Ms. Rajeena shams. NSS volunteer Mr. Munavar zaman gained a great appreciation for arranging a moment with these Chief guests. The webinar was ended with a vote of thanks by munavar zaman

INTERNATIONAL YOGA DAY 2021
21 JUNE 2021
WEBINAR
YOGA FOR WELL-BEING

REJEENA SHAMS
Yoga trainer

Dr. Antony Dein
Expertise in Yoga, Nature Homeopathy and Counseling

Dr. A BIJU
PRINCIPAL
MES ASMABI COLLEGE
P. VEMBALLUR

Dr. PRINCY FRANCIS
Dr. ANSAR E B
NSS PROGRAMME OFFICERS

2021 JUNE 21 4:00 PM

NATIONAL SERVICE SCHEME
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P. VEMBALLUR

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P. VEMBALLUR

INTERNATIONAL YOGA DAY
YOGA FOR WELL-BEING
21 JUNE 2021

Prayer : Avani Nandha
NSS Volunteer

Welcome Speech : Neena T K
NSS Volunteer

Introductory Speech : Dr. Princy Francis
NSS Programme officer

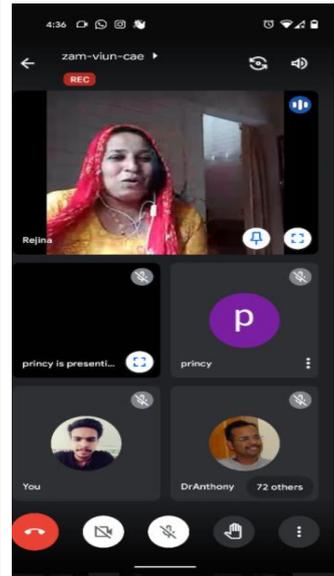
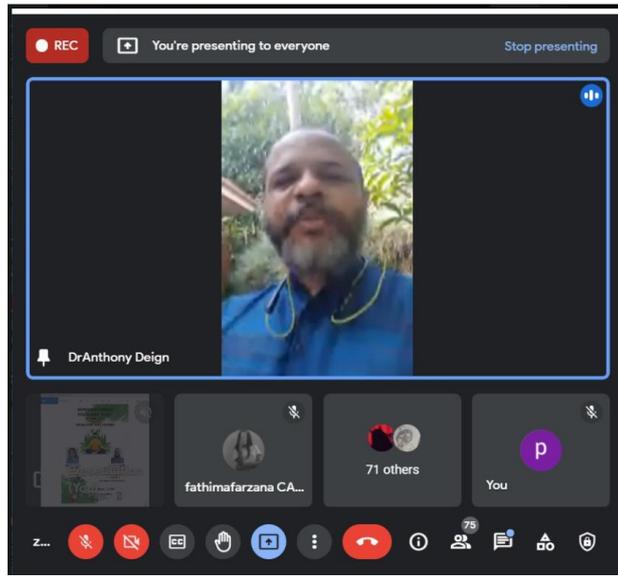
Presidential Address : Dr. A Biju
Principal
MES Asmabi College P. Vemballur

Felicitation : Dr. Ansar E B
NSS Programme officer

Yoga Day Message : Dr. Antony Dein
Expertise in yoga , nature
Homeopathy and counseling

Yoga Class & Demonstration : Ms. Rajeena Shams
Yoga Trainer

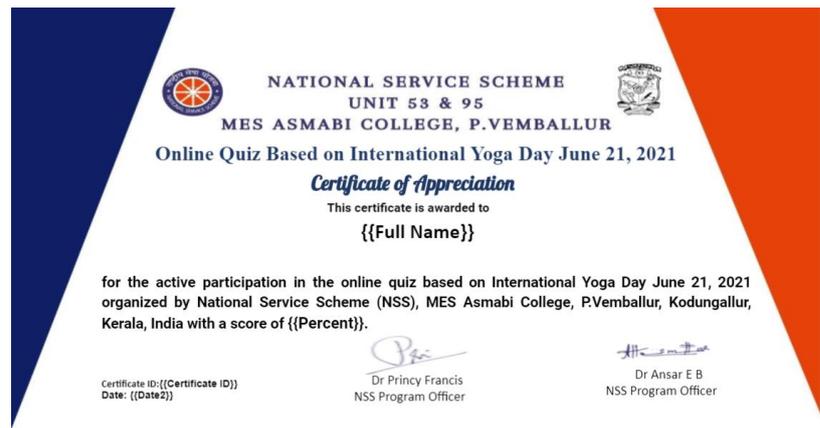
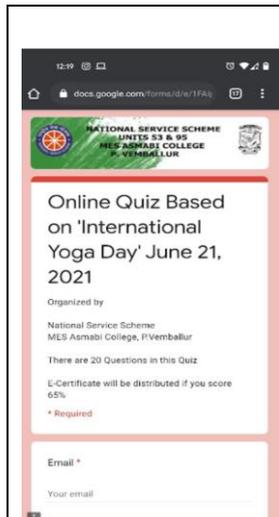
Vote of Thanks : Munavar Zaman
NSS Volunteer



15

ONLINE QUIZ RELATED TO YOGA DAY ON 21.06.2021

Online quiz has been conducted on YOGA DAY ON 21.06.2021 and distributed automated e-certificate to those who scored a minimum of 65 percentage marks.
<https://forms.gle/xh2k1mgcxDnTwwLD8>

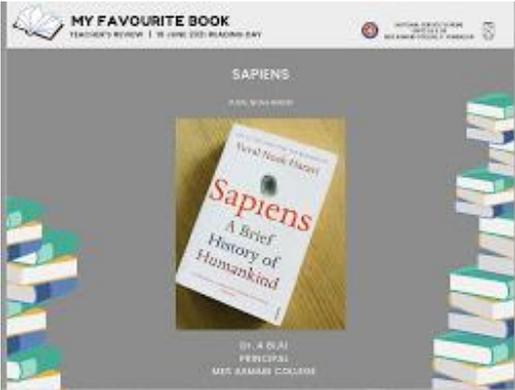
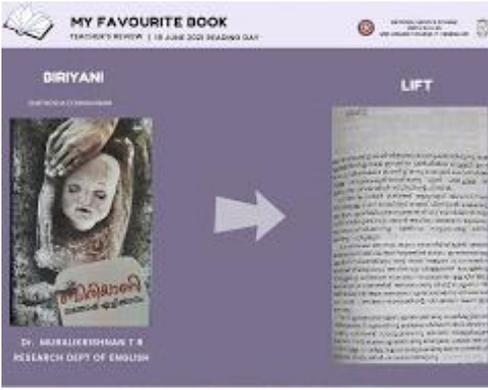
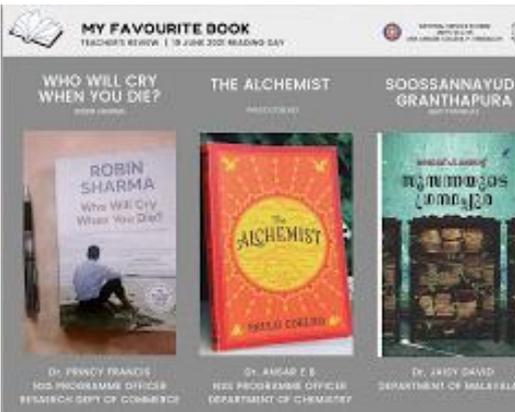


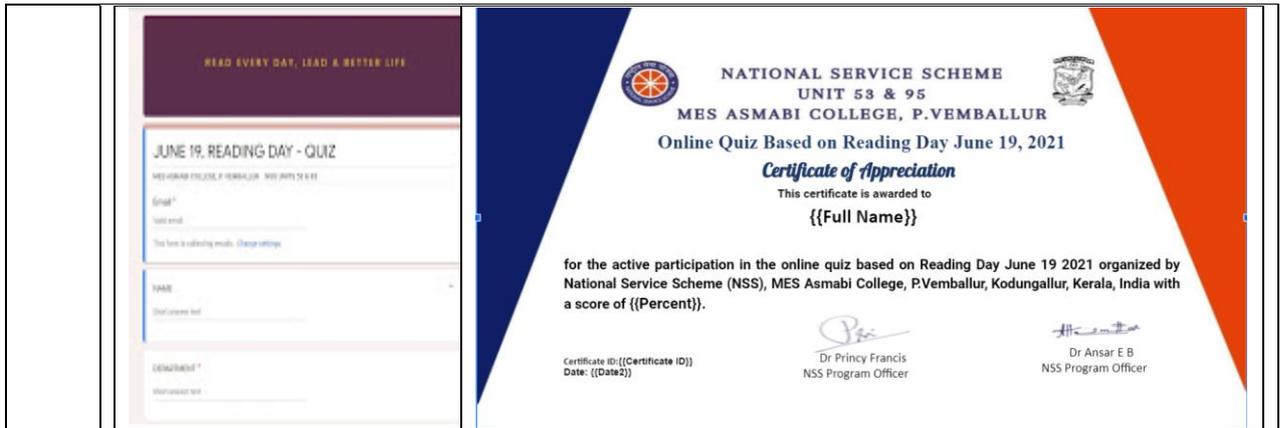
16

MY FAVOURITE BOOK

As part of reading day, digital card was created in the name of **My favourite book** containing the video presentations (14 nos) of teachers who introduced their books to students.

<https://drive.google.com/drive/folders/1BNNWT-gIDMrlnz5MYq420MrxpNeTbr9Q?usp=sharing>

	 <p>MY FAVOURITE BOOK TEACHER'S REVIEW 18 JUNE 2021 READING DAY</p> <p>SAPIENS BY YU. N. HARARI</p> <p>Dr. A. RAJ PRINCIPAL MYS AMMAI COLLEGE</p>	 <p>MY FAVOURITE BOOK TEACHER'S REVIEW 18 JUNE 2021 READING DAY</p> <p>DIRIYANI BY MURALIKRISHNAN T.R.</p> <p>LIFT BY MURALIKRISHNAN T.R.</p> <p>Dr. MURALIKRISHNAN T.R. RESEARCH DEPT OF ENGLISH</p>
	 <p>MY FAVOURITE BOOK TEACHER'S REVIEW 18 JUNE 2021 READING DAY</p> <p>WHO WILL CRY WHEN YOU DIE? BY ROBIN SHARMA</p> <p>THE ALCHEMIST BY PAULO COELHO</p> <p>SOOSSANNAYUDE GRANTHAPURA BY ARUNDHATI ROY</p> <p>Dr. PRINCY FRANCIS IIS PROGRAMME OFFICER RESEARCH DEPT OF COMMERCE</p> <p>Dr. ANBAR E.B. IIS PROGRAMME OFFICER DEPARTMENT OF CHEMISTRY</p> <p>Dr. JUDY DAVID DEPARTMENT OF MATHS/BIOL</p>	 <p>MY FAVOURITE BOOK TEACHER'S REVIEW 18 JUNE 2021 READING DAY</p> <p>TEMPORARY PEOPLE BY DEEPAK UNNIKRISHNAN</p> <p>ROOTS BY ALEX HALEY</p> <p>KAPAALAM BY S. SARADHA RAMAKRISHNAN</p> <p>Dr. ANITHA P. MARIL RESEARCH DEPT OF ENGLISH</p> <p>Dr. DHARMA P.R. DEPARTMENT OF AGRICULTURE</p> <p>Dr. SARADHA RAMAKRISHNAN DEPT OF POLITICAL SCIENCE</p>
	 <p>MY FAVOURITE BOOK TEACHER'S REVIEW 18 JUNE 2021 READING DAY</p> <p>DAIVATHINTE CHARANMAR BY MR. SAJINA P.S.</p> <p>VAAKSTHALU BY MR. SINEER SIDDIQ</p> <p>NTE UPPAPPAKKOR ANENDARNNU BY MR. RAJMA NASSER</p> <p>MR. SAJINA P.S. COLLEGE LIBRARIAN</p> <p>MR. SINEER SIDDIQ RESEARCH DEPT OF ENGLISH</p> <p>MR. RAJMA NASSER DEPT OF MASS COMMUNICATION</p>	 <p>MY FAVOURITE BOOK TEACHER'S REVIEW 18 JUNE 2021 READING DAY</p> <p>JANE EYRE BY CHARLOTTE BRONTE</p> <p>WIDE SARGASSO SEA BY JEAN RHYSS</p> <p>MY STORY BY SUSHMA DAS</p> <p>MR. JAMEELATHU K.A. RESEARCH DEPT OF ENGLISH</p> <p>MR. JAMEELATHU K.A. RESEARCH DEPT OF ENGLISH</p> <p>MR. VIVEK DEV RESEARCH DEPT OF COMMERCE</p>
17	<p>ONLINE QUIZ COMPETITION BASED ON READING DAY JUNE19, 2021</p> <p>Online quiz has been conducted on READING DAY ON 19.06.2021 and distributed automated e-certificate to those who scored a minimum of 65 percentage marks.</p> <p>https://forms.gle/RzJV8PhbwBjmiUNp7</p>	



18

BOOK REVIEW WRITING COMPETITION ON JUNE 24, 2021

Book review writing competition has been conducted on 24-6-2021 for uplifting the habit of book reading among students.



19

MUSIC COMPETITION on 21 June 2021

As part of World Music Day, a music competition in the name of RAAGAM has been conducted among all age category people through Instagram. Ms Jubairia Niyas, KMEA Engineering College, Edathala has won the competition, followed by Nadhiya P M, MES Asmabi College, P.Vemballur. Cash prize of Rs300 and Rs 150 were distributed to through googlePay.



20

A WEBINAR ON INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING

<https://youtu.be/0Enp1TxL1SM>

Date and time: 26.06.2021 @10:30am
 Venue: Google meet
 Resource person: CI Binukumar P.L
 (circle inspector of excise, kodungallur)
 Beneficiaries:156, including NSS volunteers and other students of our college.
 Outcome: conceived the legal aspect of drug abuse and its side effects in our life.

A webinar on an international day against drug abuse and illicit trafficking was conducted online through Google Meet(<http://meet.google.com/try-Xohf-dve>) on 26.06.2021 @ 10:30am. The chief guest of the day was CI Binukumar P.L Circle inspector of excise kodungallur. 156 participants including NSS volunteers, two program officers named Dr. Princy Francis and Dr. Ansar E.B, and other students from our college have participated in this webinar.NSS volunteer named Akhila anchored the webinar. The prayer was delivered by the NSS volunteer Vismaya. Welcome speech was delivered by Ms. Haneena Razmin followed by a presidential address by Dr. A Biju, college principal. The introductory speech was delivered by Dr. princy Francis and felicitation by Dr. Ansar E.B NSS program officers. Chief guest CI Binukumar P.L talked about the legal aspects of drug abuse and illicit trafficking. The webinar was ended with a vote of thanks by Anaina Manoj.

**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE P. VEMBALLUR**

GOOGLE MEET 26 JUNE 2021
@ 10:30AM

**WEBINAR
LEGAL ASPECTS OF
DRUG ABUSE AND ILLICIT TRAFFICKING**
26 JUNE 2021

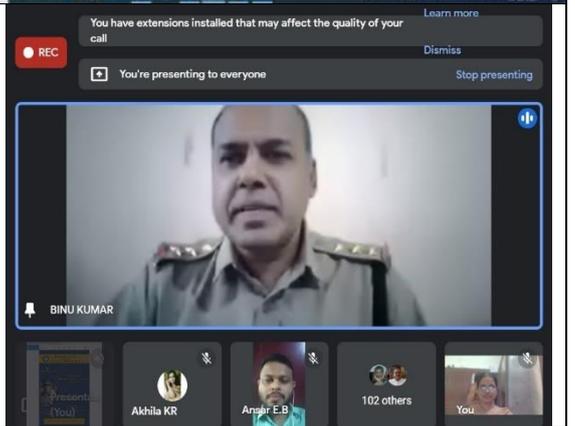


**DR. A BIJU
PRINCIPAL
MES ASMABI COLLEGE
P. VEMBALLUR**

**DR. PRINCY FRANCIS
DR. ANSAR E B
NSS PROGRAMME OFFICERS**

**CI BHURUNAN P.I
CIRCLE INSPECTOR OF CYCIS
KODUGALLUR**

Share Facts on Drugs, Save Lives



21

COVID RELATED DOMICILIARY CENTRE WORK

NSS members started their work in the Domiciliary Centre in SN Puram Panchayat. They provide their service in the collection centre and also in cleaning process since 21-6-2021.

**NATIONAL SERVICE SCHEME
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ശിശുസംരക്ഷണ കേന്ദ്രം-പുലയം അതിർത്തിയിലെ കോർട്ടിംഗ്, ഏറ്റുമാനൂർ അതിർത്തി കോളേജ് ബോർഡിംഗ്

എന്താണ് ഡോമിസിലിയററി കേന്ദ്രം? ഡോമിസിലിയററി കേന്ദ്രം എന്നത് രോഗിയായവർക്ക് വീട്ടിലേക്ക് മടങ്ങി വരികയോ ക്ലിനിക്കിലേക്ക് പോകാൻ സഹായിക്കുന്ന കേന്ദ്രമാണ്. ഇവിടെ രോഗിയായവർക്ക് വീട്ടിലേക്ക് മടങ്ങി വരികയോ ക്ലിനിക്കിലേക്ക് പോകാൻ സഹായിക്കുന്ന കേന്ദ്രമാണ്.



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ശിശുസംരക്ഷണ കേന്ദ്രം-പുലയം അതിർത്തിയിലെ കോർട്ടിംഗ്, ഏറ്റുമാനൂർ അതിർത്തി കോളേജ് ബോർഡിംഗ്

23-06-2021 രാവിലെ

ഡോമിസിലിയററി കേന്ദ്രം സി.പി.എസ്. 4 ക്ലസ്റ്റർ വി.പി. 2 ക്ലസ്റ്റർ എന്നിവിടങ്ങളിൽ രോഗിയായവർക്ക് വീട്ടിലേക്ക് മടങ്ങി വരികയോ ക്ലിനിക്കിലേക്ക് പോകാൻ സഹായിക്കുന്ന കേന്ദ്രമാണ്. ഇവിടെ രോഗിയായവർക്ക് വീട്ടിലേക്ക് മടങ്ങി വരികയോ ക്ലിനിക്കിലേക്ക് പോകാൻ സഹായിക്കുന്ന കേന്ദ്രമാണ്.



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ശിശുസംരക്ഷണ കേന്ദ്രം-പുലയം അതിർത്തിയിലെ കോർട്ടിംഗ്, ഏറ്റുമാനൂർ അതിർത്തി കോളേജ് ബോർഡിംഗ്

24-06-2021 വൈകിട്ട്

MES ഡോമിസിലിയററി കേന്ദ്രം സി.പി.എസ്. 4 ക്ലസ്റ്റർ വി.പി. 2 ക്ലസ്റ്റർ എന്നിവിടങ്ങളിൽ രോഗിയായവർക്ക് വീട്ടിലേക്ക് മടങ്ങി വരികയോ ക്ലിനിക്കിലേക്ക് പോകാൻ സഹായിക്കുന്ന കേന്ദ്രമാണ്. ഇവിടെ രോഗിയായവർക്ക് വീട്ടിലേക്ക് മടങ്ങി വരികയോ ക്ലിനിക്കിലേക്ക് പോകാൻ സഹായിക്കുന്ന കേന്ദ്രമാണ്.



22

WEBINAR PARTICIPATION

As part of reading day, all NSS members **participated** in the webinar related to the experience sharing of the writer named as Shri Sakkaria, organised by Department of Malayalam, MES Asmabi College, P.Vemballur.



Various posters created by NSS



Dr Princy Francis
 Dr Ansar E B
 NSS Program Officers
 MES Asmabi College, P.Vemballur
 Kodungallur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



Report of NSS Activities in the Month of July 2021

<https://nssasmabi.blogspot.com/p/about-nss.html>

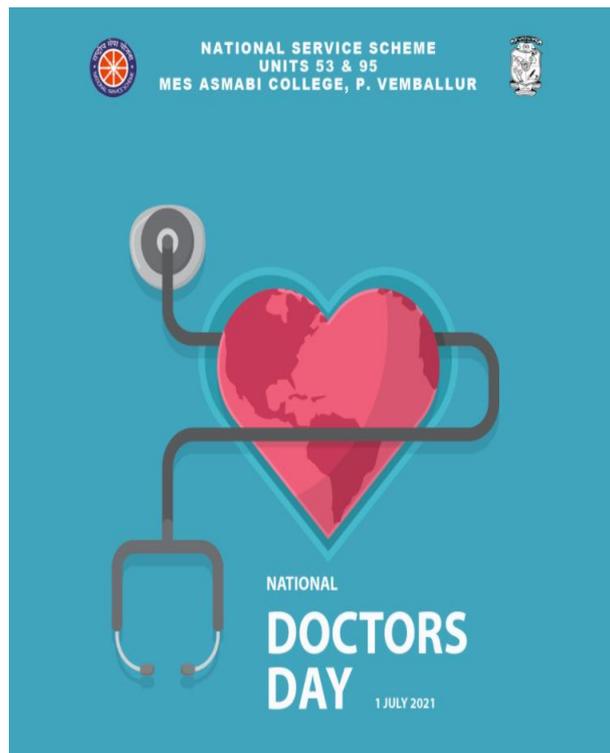
23

Online Data Collection from those who are willing to donate Blood as part of National Doctors Day July1, 2021

<https://forms.gle/L4iNUQz1tXA7n5Xf6>

ഇന്നത്തെ കോവിഡ് സാഹചര്യത്തിൽ നമുക്ക് രക്തദാന ക്യാമ്പുകൾ സംഘടിപ്പിക്കുക എന്നത് ഒരു വെല്ലുവിളിയാണ് അതിനാൽ MES ASMABI COLLEGE P. VEMBALLUR ലെ NSS യൂണിറ്റിന്റെ നേതൃത്വത്തിൽ രക്തദാനത്തിന് സന്നദ്ധരായിട്ടുള്ള വ്യക്തികളിൽ നിന്നും വിവരശേഖരണത്തിന് തീരുമാനിച്ചിരിക്കുന്നു. താല്പര്യമുള്ള വ്യക്തികൾ സർവ്വേയിൽ പങ്കെടുക്കുക.ലിങ്ക് താഴെ നൽകിയിരിക്കുന്നു.

<https://forms.gle/L4iNUQz1tXA7n5Xf6>



24

NSS Contribution of Cleaning items to DCC, SN Puram Grama Panchayat on 01.07.2021

NSS അസ്മാബിയുടെ കീഴിൽ Social Enterprenourship and Training wing ന്റെ നേതൃത്വത്തിൽ കോവിഡ് സെന്ററിലേക്ക് 10 ലിറ്റർ ഹാൻഡ് വാഷും 20 ലിറ്റർ ഫിനോയിലും NSS പ്രോഗ്രാം ഓഫീസർമാരായ അൻസാർ സർ, പ്രിൻസി മാഡം എന്നിവരുടെ അധ്യക്ഷതയിൽ NSS വളണ്ടിയേഴ്സ് കൈമാറി. ശ്രീ നാരായണപുരം പഞ്ചായത്ത് പ്രസിഡന്റ് ശ്രീ. M. S. മോഹനൻ, മൂന്നാം വാർഡ് മെമ്പർ ശ്രീ. രാജേഷ്, പത്തൊൻപതാം വാർഡ് മെമ്പർ ശ്രീമതി മിനി പ്രദീപ് എന്നിവർ അത് ഏറ്റെടുത്തിട്ടുണ്ട്. ഈ കോവിഡ് കാലത്ത് NSS ന്റെ ഭാഗത്തു നിന്നും ഇത്തരമൊരു സമീപനം ഉണ്ടായതിൽ അദ്ദേഹം പ്രത്യേകം അഭിനന്ദനങ്ങൾ അറിയിച്ചു. തുടർന്നുള്ള മുഴുവൻ പ്രവർത്തനങ്ങളിലും പഞ്ചായത്തിന്റെ പൂർണ്ണ പുനരുണ ഉറപ്പ് നൽകുകയും ചെയ്യും.



25

Webinar on SAVE THE SAVIOURS ON 03.07.2021

- Date** : 3 July 2021
- Time** : 3:00pm
- Venue:** :Google meet, MES Asmabi College
- Resource person** : Dr. Eshal Reju [BHMS,Msc(psychology), PG dip in learning disability]
- Attendees** : 87 NSS volunteers
- Outcome** : Received the Importance of developing our skills and spending time with ourselves and with family through the pandemic
- Report link** : <https://nssasmabi.blogspot.com/2021/07/23-save-saviours-03072021.html>

A Webinar on National doctors' Day was conducted online through Google meet <https://meet.google.com/mgd-gcyi-zro> on 3-7-2021 @ 3:00pm. The chief guest of the day was Dr. Eshal Reju [BHMS,Msc.psychology]. NSS Volunteers, two program officers Dr.Princy Francis, Dr. Ansar E.B and the principal Dr. A.Biju participated in the webinar. The program started with a prayer by Mr. Ajmal[NSS Volunteer] and anchored by Mr.Riyas[NSS Volunteer]. The welcome speech was delivered by Ms.Jumana Jamal[NSS Volunteer] followed by an introductory speech by Dr.Princy Francis [NSS program officer]. The Presidential address was delivered by Dr. A Biju [Principal MES Asmabi College] and the felicitation by Dr. Ansar E.B[NSS Program Officer]. Doctors' Day message was delivered by Dr.Eshal Reju. The session was very effective and Informative. She taught us the importance of developing our skills, practicing good routines, spending time with ourselves and bonding with family, and helping the doctors in possible ways by sitting at home during this pandemic. Mr . Munavar Zaman[NSS Volunteer] and Ms.Anaswara[NSS Volunteer] shared their experiences during this pandemic and the program ended with a vote of thanks delivered by Mr. Nihad [NSS Volunteer].

**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR**

**JULY 3, 2021
NATIONAL DOCTOR'S DAY**

**WEBINAR ON
SAVE THE SAVIOURS**

Dr. ESHAL REJU
BHMS, MSc (PSYCHOLOGY)
PG DIP IN LEARNING DISABILITY

**Dr. PRINCY FRANCIS
Dr. ANSAR E B
NSS PROGRAMME OFFICERS**

**Dr. A BIJU
PRINCIPAL**

JULY 3 @ 3PM

**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR**

**NATIONAL DOCTORS ' DAY 2021
WEBINAR**

SAVE THE SAVIOURS

3 JULY 2021 3:00 PM

Dr . Eshal Reju

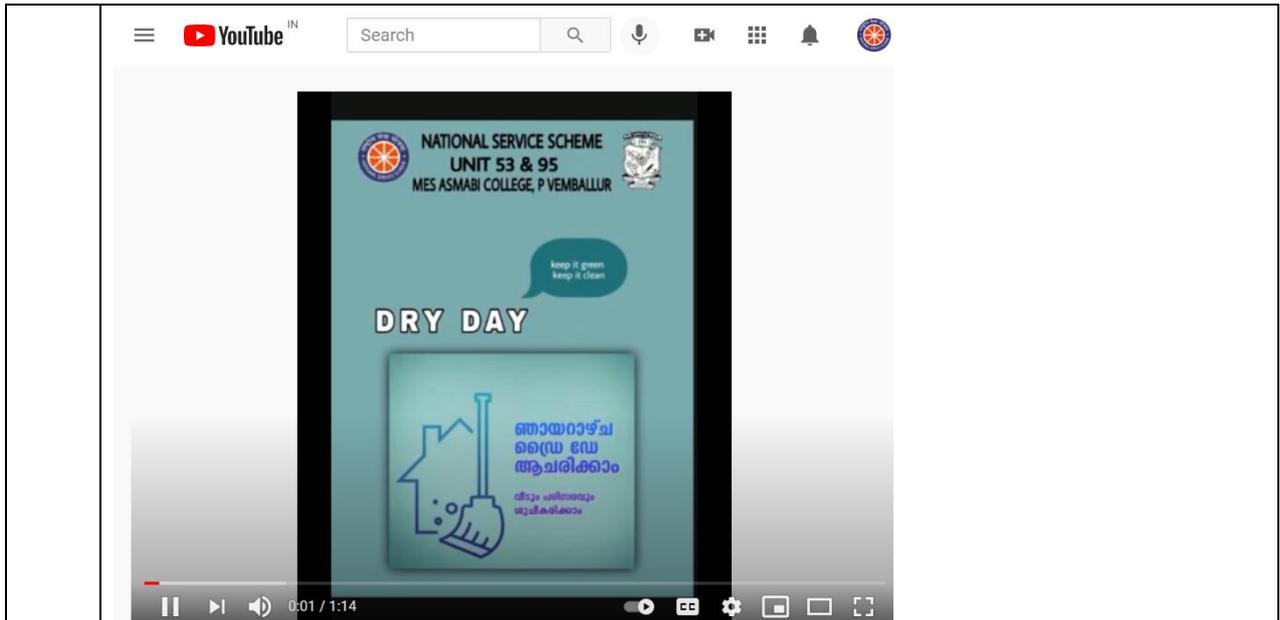
Prayer	: Ajmal NSS VOULNTEER
Welcome Speech	: Jumana Jamal NSS VOULNTEER
Introductory Speech	: Dr . Princy Francis NSS PROGRAMME OFFICER
Presidential Address	: Dr . A Biju PRINCIPAL MES ASMABI COLLEGE
Felicitation	: Dr . Ansar EB NSS PROGRAMME OFFICER
Doctors Day Class	: Dr . Eshal Reju BHMS,Msc(psychology) PG dip in learning disability.
Vote of Thanks	:Nihad NSS VOLUNTEER

**A Day To Recognise The Work Done By Doctors
To Save Lives Especially During The COVID-19 Pandemic**

26

Video presentation related to DRY DAY on 06-07-2021

Youtube link: <https://www.youtube.com/watch?v=w9610iJ4NSc>

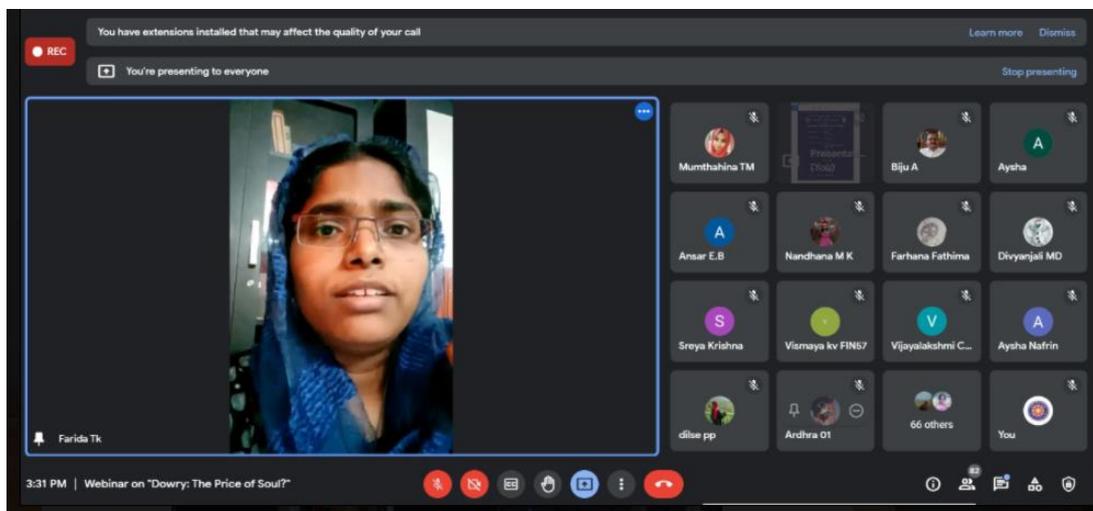
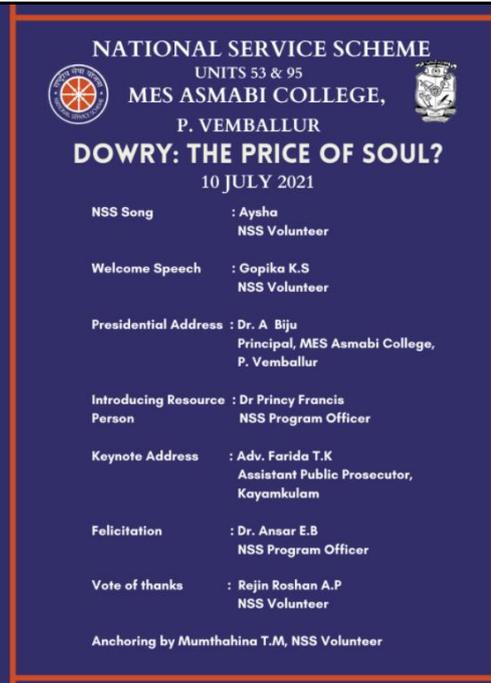
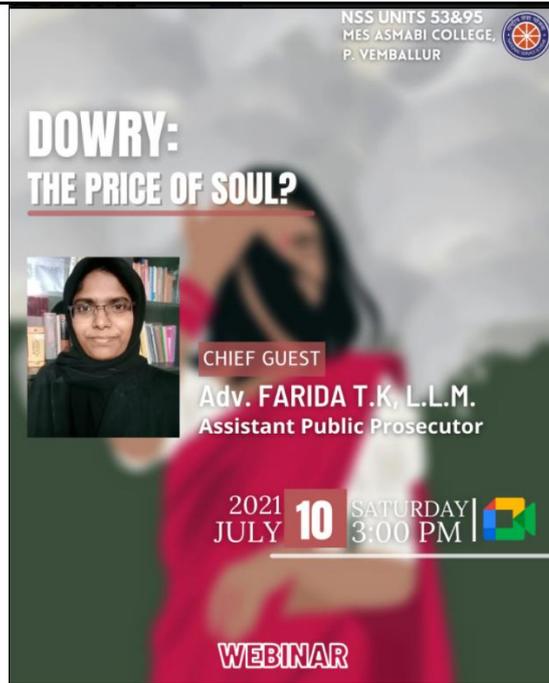


27

Webinar on DOWRY: THE PRICE OF SOUL? ON 10.07.2021

Date & Time : 10th July 2021 @ 3pm
 Venue : GoogleMeet, MES Asmabi College, P.Vemballur
 Resource Person : Adv.FaridaTK; Asst.Public prosecutor, Judicial First Class Magistrate Court; Kayamkulam
 Beneficiaries : 84 NSS Volunteers
 Outcome: : The webinar helped to get knowledge about the legal aspects of dowry.

A webinar was held on 10th of July 2021 from 3:00pm to 4:45pm initiated by Cleaning And Sanitization wing on the topic 'Dowry The Price Of Soul'. The program started with NSS Geetham by Aysha followed by a welcome speech by Gopika KS. The presidential address was given by Dr.Biju, Principal of MES Asmabi College. He explained the need for youth to have legal knowledge about dowry and its impacts by reflecting Vismaya's suicide case. After that Dr.Princy Francis, one of the NSS program officers introduced a resource person. Resource person was Adv.Farida. T.K, Asst. the public prosecutor of First Class Judicial Magistrate Court, Kayamkulam. After that keynote address was given by the resource person. She provided information about various legal sections related to dowry and the necessity of children to have education and as they grow up they should be financially stable. She cleared various doubts of teachers and students regarding the topic. Her talk was well productive and understanding. After that Dr. Ansar EB, another among NSS Program officer give felicitation speech. The program ended with a vote of thanks by Rejin Roshan. A.P, leader of cleaning and sanitization wing. Anchoring was done by Mumthahina TM. The program went in a fine manner. 82 volunteers attended the webinar. The program was ended by 4:45pm.



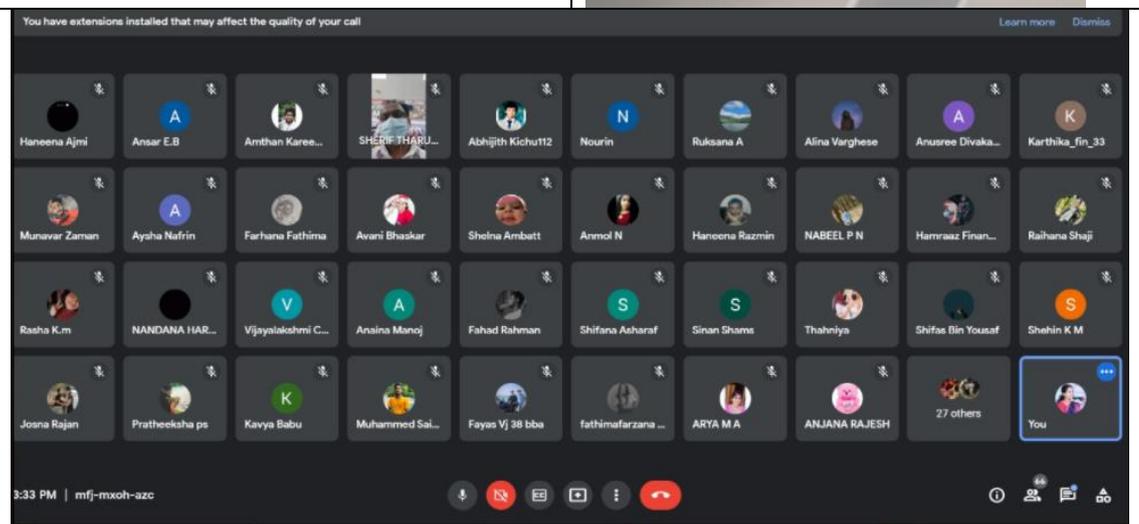
28

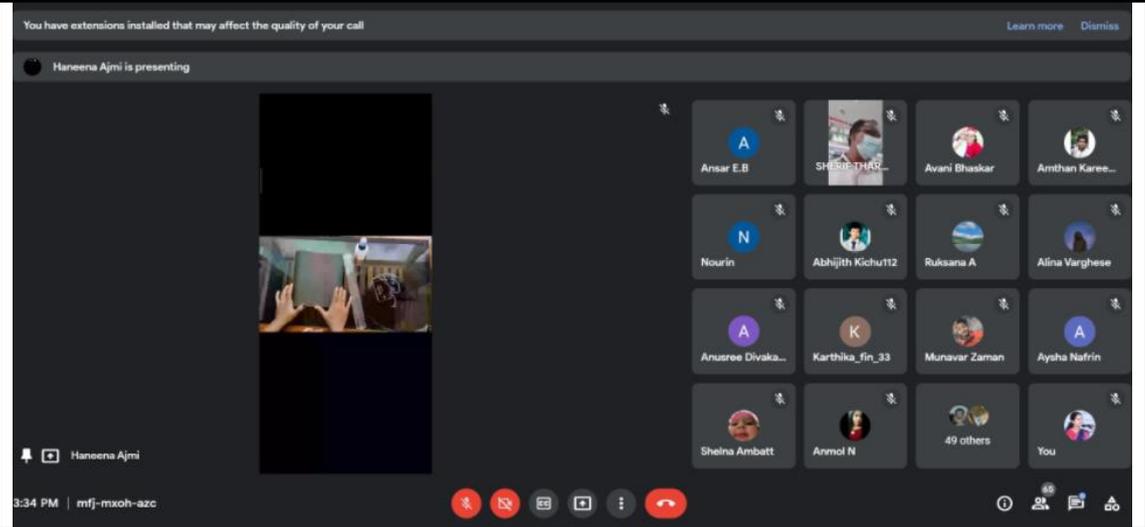
ONLINE WORKSHOP PAPER BAG MAKING ON 12.07.2021

Date : 12th July 2021 @3pm
 Venue : Google meet
 Resource Person : Artist Haneena AJMI, NSS volunteer, MES ASMBI COLLEGE, P. VEMBALLUR
 Beneficiaries : 79 NSS Volunteers
 Outcome : webinar helped me to learn, how to prepare a paper bag

A webinar was held on 12th of July 2021 from 3:00 pm to 4:15 pm initiated by ICT & Publicity, Sanitisation & cleaning wing on Presentation of Paper Pen Making The program started with NSS Geetham by Aswani followed by a welcome speech by Nandhana T.R presidential address was given by Dr . A Biju, Principal of MES Asmabi College. He

explained the demerits of plastic and new platforms for paper bag making nowadays. After that Dr . Princy Francis one of our NSS program officers introduced the Resource person and our program. The Resource person was one of our NSS volunteers, Artist Haneena Ajmi, she showed us how to prepare a PAPER BAG with a simple video presentation. also, she cleared various doubts of teachers and students regarding this. This presentation was beneficial and understanding. After that Dr.Ansar E.B, another among the NSS program officers gave a felicitation speech The program ended with a vote of thanks by Muhammed Ajmal, and anchoring was done by Avani Nandha, Leader of the ICT &Publicity wing. the program went in a fine manner. More than 70+ volunteers attended the webinar. The program ended at 4:15 pm.



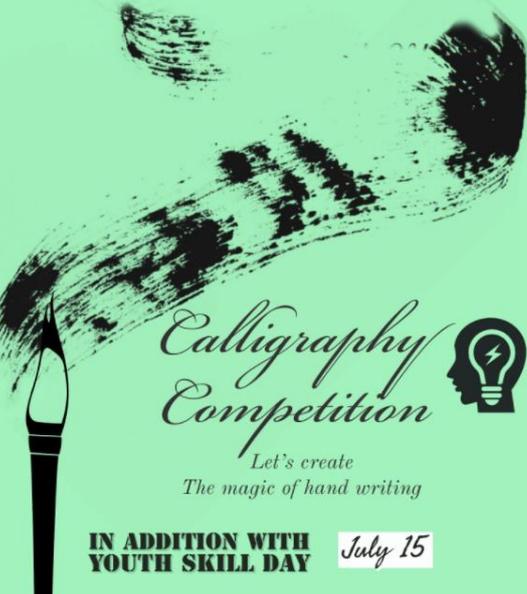


29

Calligraphy Competition as part of Youth Skill Day on 15.7.2021

NATIONAL SERVICE SCHEME UNITS 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR
15/07/2021

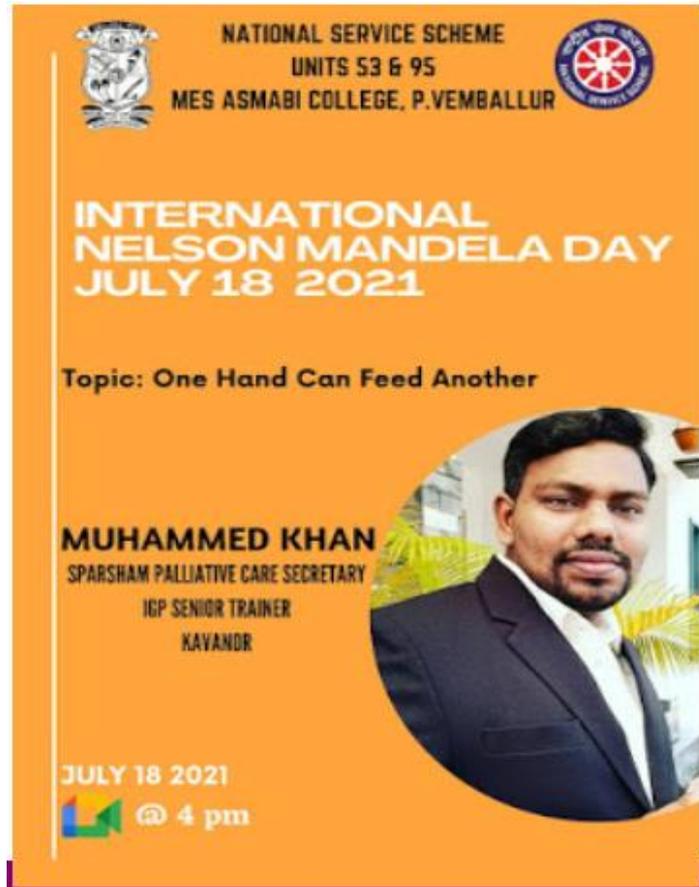
മനസ്സ് നന്നാവട്ടെ,
ജൂലൈ 15 ' YOUTH SKILL DAY' യുടെ ഭാഗമായി MES ASMABI COLLEGE ലെ 53 & 95 NSS യൂണിറ്റുകളുടെയും, ICT & PUBLICITY ഗ്രൂപ്പിന്റെ നേതൃത്വത്തിൽ CALLIGRAPHY COMPETITION നടത്തുന്നു
എൻട്രികൾ അയക്കേണ്ട അവസാന തീയതി : 19 /7 /21

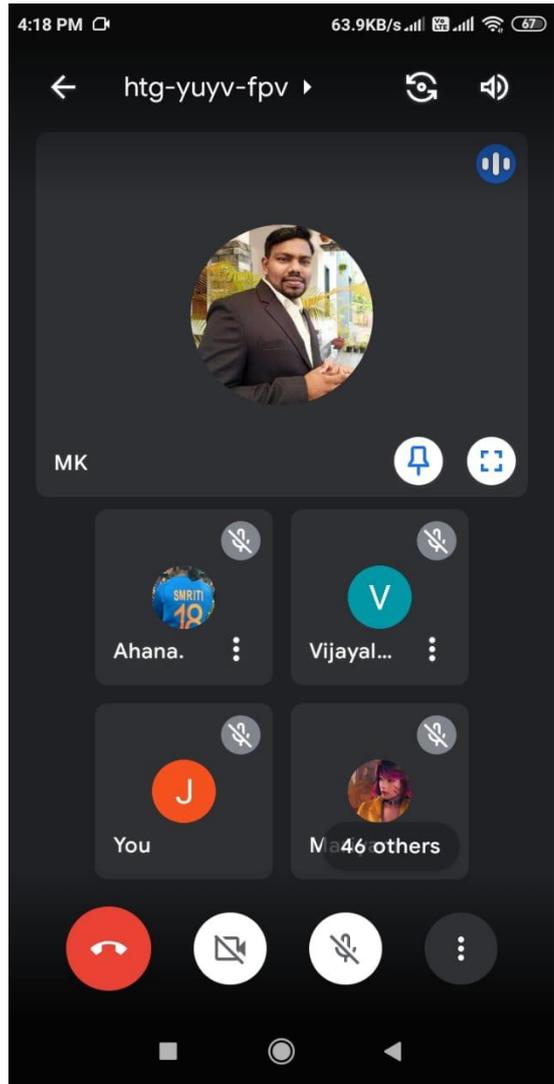
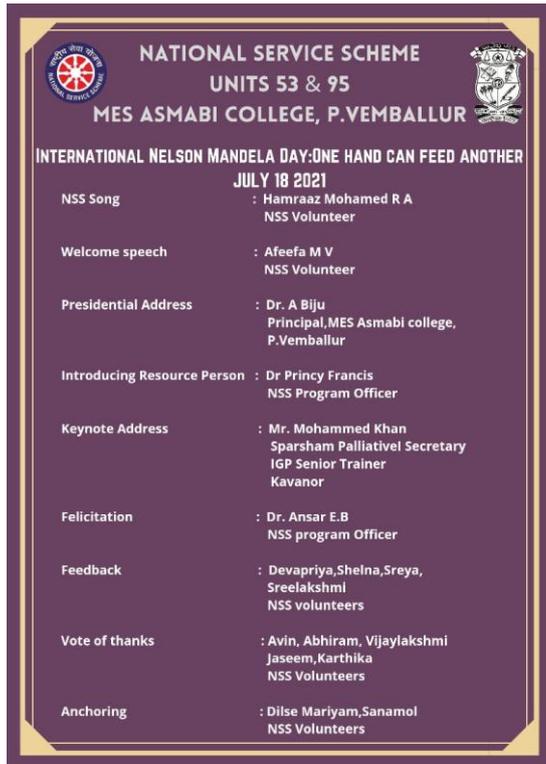
 <p><i>Calligraphy Competition</i></p> <p>In addition With Youth skill day 15 july</p> <ul style="list-style-type: none"> ● First prize: ₹ 250 ● Writing languages: English /Arabic ● Entries will be posted on our instagram page ● Winner will be selected on the basis Of likes and judgement ● No auto likes ● Competition applicable for all <p>Sent your entries to: 7902872067 99464 13284</p> <p>LAST DATE :19 JULY</p>	 <p>NATIONAL SERVICE SCHEME UNIT 53 & 95 MES ASMABI COLLEGE , P. VEMBALLUR</p>  <p><i>Calligraphy Competition</i></p> <p>Let's create The magic of hand writing</p> <p>IN ADDITION WITH YOUTH SKILL DAY July 15</p>
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29

Webinar on "One hand can feed another" as part of World Mandela Day on 18.07.2021

"One hand can feed another" എന്ന ആപ്തവാക്യത്തോടെ ഈ വർഷം ലോകം മുഴുവൻ ഈ ദിനം ആഘോഷിക്കുകയാണ്. Charity, swapshop, and house construction team 18 തീയതി വൈകുന്നേരം 4 മണിക്ക് SPARSHAM Kavanor Palliative Secretary യുടെ നേതൃത്വത്തിൽ webinar സംഘടിപ്പിച്ചിരിക്കുന്നു. തുടക്കക്കാർക്ക് പാലിയേറ്റീവ് എന്താണെന്നും അതിന്റെ പ്രായോഗികവും മനസ്സിലാക്കുക എന്ന ലക്ഷ്യത്തോടെ നടത്തുന്ന ഈ webinar ൽ എല്ലാവരും പങ്കാളികളാകുക.



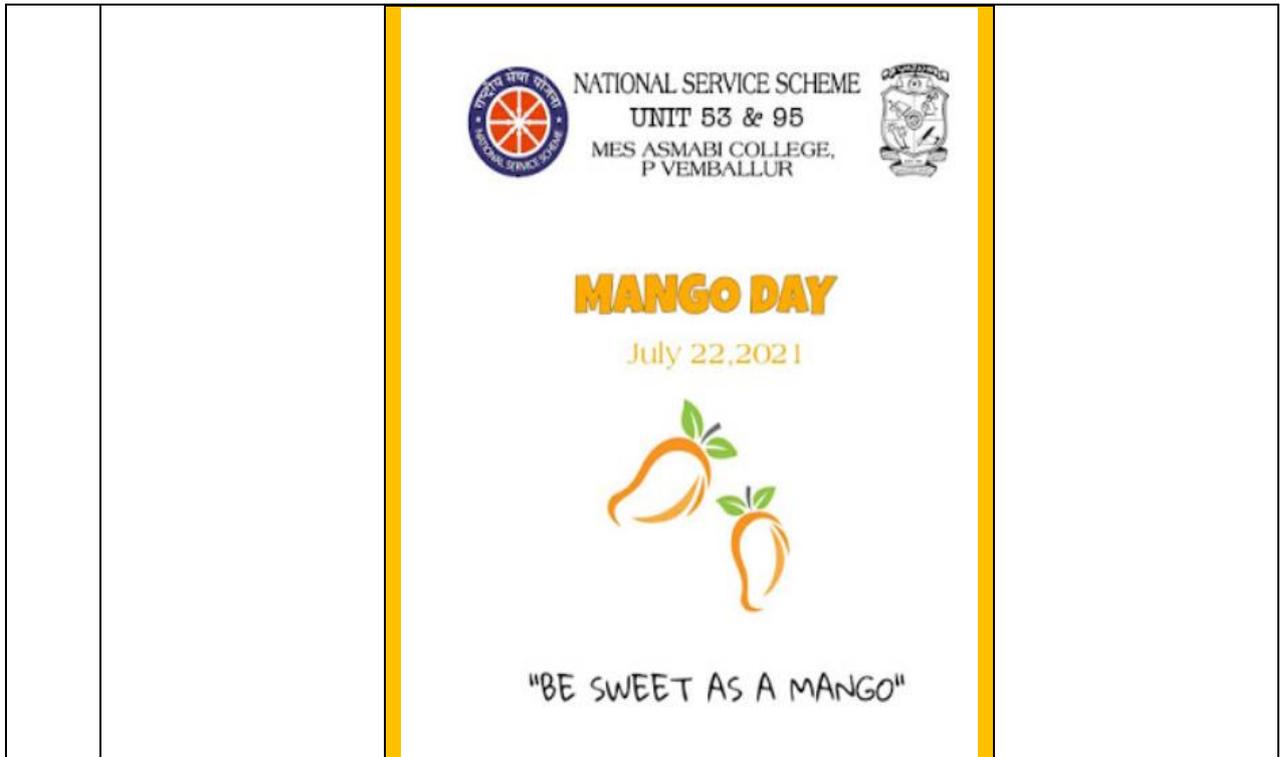


30

QUIZ COMPETITION ABOUT MANGO DAY ON 22.07.2021

<https://docs.google.com/forms/d/e/1FAIpQLSdULLdxeCwRC1T6B6kkJNg7avBAyomQJhHBpGIHTQCW3ajA4A/viewform>

ജൂലൈ 22 ലോക മാങ്ങ ദിനത്തിന്റെ ഭാഗമായി MES ASMABI COLLEGE ലെ 53 & 95 NSS യൂണിറ്റുകളുടെയും, Agriculture water & energy conservation ഗ്രൂപ്പിന്റെ നേതൃത്വത്തിൽ ഓൺലൈൻ ക്വിസ് കോമ്പറ്റീഷൻ നടത്തുന്നു. Those with marks above 60% will be given a certificate within a week



പഴങ്ങളുടെ രാജാവ് എന്നറിയുന്നത് മാനവമാണ്. മാനവത്തിന്റെ സ്വാധ്യം, പോഷക മൂല്യവും അതുപോലെ തന്നെ വൈവിധ്യമർന്ന ഇനങ്ങളിലുള്ള പ്രത്യേകതയും ഇന്ത്യയിൽ മാനവത്തെ പഴങ്ങളുടെ രാജാവാക്കി മാറ്റി. 500 ൽ അധികം ഇനങ്ങളുള്ള മാനവത്തിനെ സ്നേഹത്തിന്റെ പ്രേരിനിധിയായിട്ട് July 22 NATIONAL MANGO DAY ആയി ആഘോഷിക്കുന്നു. **"Don't sit at home and wait for mango tree to bring mangoes to you wherever you are. It won't happen. if you are truly hungry for change, go out of your comfort zone and change the world"**

31

WEBINAR ON OLDAGE WELLNESS, ISSUES AND LOCAL LEVEL INTERVENTION POSSIBILITIES ON 24.07.2021

- Date & Time:** 24-07-2021 @7pm
- Venue** : Zoom meet
- Resource person** : Dr.JAYAKRISHNAN THAYYIL (professor dept. of community medicine)
- Beneficiaries** : 70 NSS volunteers
- Outcome** : conceived the old age Wellness, issue and the local level intervention possibilities of old people.

A webinar on old age Wellness, issues, and local level intervention possibilities was conducted online through zoom meet(<https://us02web.zoom.us/j/84435392041?pwd=N1ZiellKWDI2YmSeVZh ZTh1Q0pxQT09>) on 24-07-2021 @ 7.00pm. The chief guest of the day was Dr. Jayakrishnan Thayyil, professor dept. of community medicine. 70 Nss volunteers and two program officers named Dr. Princy Francis and Dr. Ansar.E. B participated in the webinar.NSS volunteers named Ms. Rasha anchored the webinar. The prayer was delivered by the NSS volunteer Ms. Avani Nandha. Welcome speech was delivered by the NSS volunteer Ms. Akhila followed by the presidential address by Dr.

Ansar E. B, NSS program officer. Moderation in this program was made by Dr. Amitha Bachan k.h, Assistant professor m e s Asmabi college, and Afrin Faizal, the best volunteer award winner. The felicitation was made by Dr. Princy Francis, NSS program officer. The importance of old age Wellness and their issues and local level intervention possibilities are delivered by Dr. Jayakrishnan Thayyil, professor dept. Of community medicine. The moderator Afrin Faizal, the best volunteer award winner shared her moments in pain and palliative wing in NSS. The winner was ended with the vote of thanks by Ms.Mariyam Haseeba.

**24 July 2021
Saturday
7-8.30 PM
Zoom Meet**

NSS, MES ASMABI COLLEGE COLLEGE & PAIN AND PALLIATIVE CARE SOCIETY, THRISSUR, DAYA HOSPITAL, THRISSUR

RESOURCE PERSON



**DR JAYAKRISHNAN THAYYIL
PROFESSOR, DEPT. OF
COMMUNITY MEDICINE,
GOVERNMENT MEDICAL
COLLEGE, CALICUT**

**WEBINAR ON
OLDAGE WELLNESS, ISSUES
AND
LOCAL LEVEL INTERVENTION
POSSIBILITIES**



**WEBINAR ON
OLDAGE WELLNESS, ISSUES AND LOCAL LEVEL
INTERVENTION POSSIBILITIES**

PROGRAMME SCHEDULE

PRAYER	AVANI NANDA NSS VOLUNTEER
WELCOME SPEECH	AKHILA NSS VOLUNTEER
INTRODUCTORY SPEECH	Dr. ANSAR E B NSS PROGRAMME OFFICER
PRESIDENTIAL ADDRESS	Dr. A BIJU PRINCIPAL, MES ASMABI COLLEGE
CHIEF GUEST	Dr. JAYAKRISHNAN THAYYIL PROFESSOR DEPT. OF COMMUNITY MEDICINE
MODERATOR	Dr. AMITHA BACHAN K H ASISTANT PROFESSOR, MES ASMABI COLLEGE
DISCUSSANTS	<ul style="list-style-type: none"> • Dr. BRAHMAPUTHRAN • AFRIN FAIZAL BEST VOLUNTEER AWARD WINNER
FELICITATION	Dr. PRINCY FRANCIS NSS PROGRAMME OFFICER
VOTE OF THANKS	MARIYAM HASEEBA NSS VOLUNTEER

Webinar on “Appreciate all parents throughout the world” as part of national Parents Day on 25.07.2021

ലോകമെമ്പാടും കുട്ടികൾക്കായി മാതാപിതാക്കൾ നടത്തുന്ന പോരാട്ടങ്ങളും ത്യാഗങ്ങളും നമ്മൾക്കറിയാം. മാതാപിതാക്കളുടെ മൂല്യവും വാത്സല്യവും അംഗീകരിക്കാനും കുട്ടികൾക്കായി അവർ ചെയ്യുന്ന ത്യാഗങ്ങളെ വിലമതിക്കാനും നമക്ക് ഈ അവസരം ഉപയോഗിക്കാം. M E S Asmabi college - ലെ 53&95 NSS unit Agriculture water and energy conservation group ന്റെ നേതൃത്വത്തിൽ ജൂലൈ 25, തിങ്കളിന്ദി വൈകുന്നേരം 3:00 മണിക്ക് parents day ഭാഗമായി Appreciate all parents throughout the world എന്ന വിഷയത്തിൽ webinar സംഘടിപ്പിക്കുന്നു. എല്ലാവരെയും വെബിനാറിനായി ഹാജരായി സ്വാഗതം ചെയ്യുന്നു.

Date: 25th July 2021 @3pm

Venue: Google Meet

Resource Person: M.Rama Prasad, MA Malayalam Ilfath women's college Puthiyakavu.

Beneficiaries: 64 NSS volunteers

Outcome: webinar helped to get more knowledge about parental love and responsibilities towards them.

A webinar was held on 25th July 2021 at 3pm to 4 pm initiated by Agriculture, Water and energy wing on the topic "Appreciate all parents throughout the world" (<https://meet.google.com/nys-ubys-rnu>). The programme started with an NSS song by Vismaya K.V followed by a welcome speech by Keerthana Biju. After that Dr Princy Francis, one of the NSS programme officers introduced a resource person. The resource person was M.Rama Prasad MA. Malayalam Ilfath women's college, Puthiyakavu. The keynote address was given by the resource person. The talk by Rama mam is really helpful, taught provoking and very informative to students who participated in the webinar. After that Dr Ansar E.B another among the NSS programme officers give felicitation speeches and feedback was given by Devika. The programme ended with a vote of thanks by shahin one of the leader of the agriculture, water and energy wing. Anchoring was done by Pradeeksha P.S. Programme went in a fine manner. 64 volunteers attended the webinar and ended by 4pm.



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR

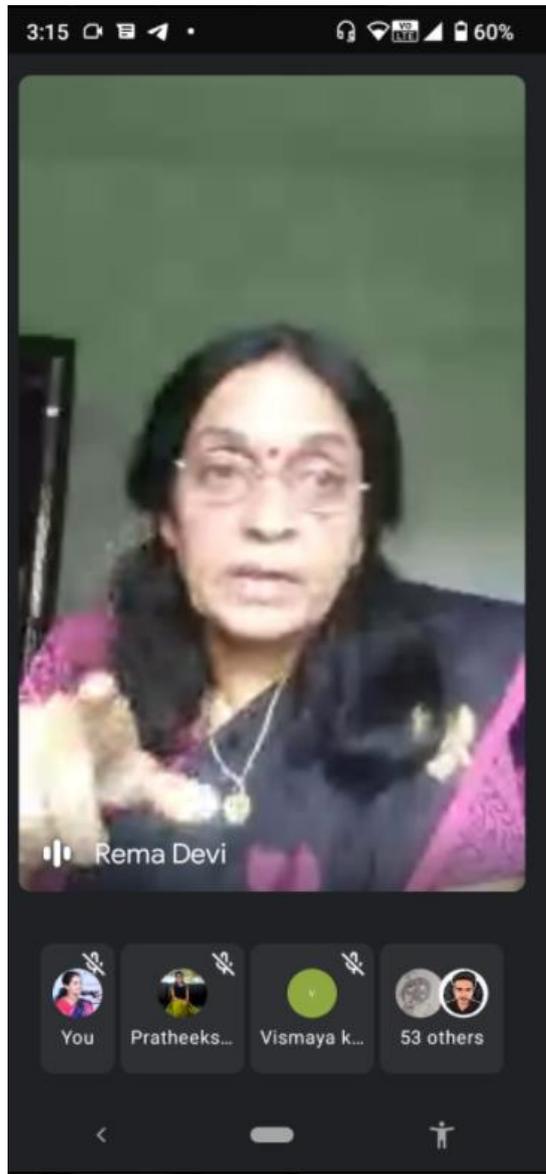


NATIONAL PARENTS DAY JULY 25 2021

JULY 25 2021
@ 3pm

M. REMA PRASAD

M A malayalam
ILFATH WOMEN'S COLLEGE,
puthiyakaavu



NATIONAL SERVICE SCHEME
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MES ASMABI COLLEGE, P.VEMBALLUR



NATIONAL PARENTS DAY : APPRECIATE ALL PARENTS THROUGHOUT THE WORLD
25 JULY 2021

NSS song	: Vismaya k v NSS Volunteer
Welcome speech	: Keerthana NSS Volunteer
Presidential Address	: Dr. A Biju Principal, MES Asmabi College, P. Vemballur
Introducing Resource. Person	: Dr Princy Francis NSS Program Officer
Keynote Address	: M. Rema Prasad M A Malayalam ILFATH Women's College, Puthiyakaavu
Felicitation	: Dr. Ansar E.B NSS Program Officer
Feedback	: Devika, Hassan NSS Volunteers
Vote of thanks	: Shahin NSS Volunteer
Anchoring	: Pratheekshaa p s NSS Volunteer

COVID WORK (DCC) in the month of July 2021

ശ്രീനാരായണപുരം ഗ്രാമപഞ്ചായത്ത് ഡോമിസിലിയറി
കെയർ സെന്റർ, MES അസ്മാബി കോളേജ് ലേഡീസ്
ഹോസ്റ്റൽ

MES അസ്മാബി കോളേജിലെ NSS volunteers, ഒരു ദിവസം 4 കുട്ടികൾ വീതം 2 ഷിഫ്റ്റ് ആയി വർക്ക് ചെയ്യാൻ ആരംഭിച്ചു. രാവിലെ 7മണിമുതൽ 1 വരെ 2 കുട്ടികളും ഉച്ചക്ക് 1 മുതൽ 7 വരെ 2 കുട്ടികളും വർക്ക് ചെയ്യുന്നു. ഡിസീസി യിൽ താമസിക്കുന്ന കോവിഡ് രോഗികൾക്ക് വീടുകളിൽ നിന്ന് എത്തിക്കുന്ന സാധനങ്ങളുടെ വിവരശേഖരണം നടത്തി.ഡിസീസിയിൽ സ്ഥാപിച്ചിരുന്ന ബാനർ ഉയർത്തി കെട്ടുകയും ചെയ്തു.



Dr Princy Francis

Dr Ansar E B

NSS Program Officers

MES Asmabi College, P.Vemballur

Kodungallur



Report of NSS Activities in the Month of August 2021

<https://nssasmabi.blogspot.com/2021/08/>

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NSS CU ADMISSION HELP DESK

NSS CU ADMISSION HELP DESK

(WHATSAPP GROUP)



Description

<https://chat.whatsapp.com/G4p97TtotoLw608y6h0T>



NSS HELP DESK M E S ASMABI COLLEGE

MES അസാബി കോളേജ്, പി.വെമ്പല്ലൂർ കൊടുങ്ങല്ലൂർ

2021-2022 അധ്യയന വർഷത്തിൽ അസാബി കോളേജിൽ അഡ്മിഷൻ ആഗ്രഹിക്കുന്ന വിദ്യാർത്ഥികൾ അഡ്മിഷനുമായി ബന്ധപ്പെട്ട അറിയിപ്പുകൾക്കും മറ്റുമായി താഴെ കാണുന്ന വാട്സ്ആപ്പ് ഗ്രൂപ്പിൽ ചേരാവുന്നതാണ്. അല്ലെങ്കിൽ താഴെ തന്നിരിക്കുന്ന നമ്പറിൽ ഞങ്ങളെ ബന്ധപ്പെടാവുന്നതാണ്. കോഴ്സുകളും മറ്റു കാര്യങ്ങളും

ഇതിൽ കുട്ടിച്ചേർത്തിട്ടുണ്ട്. NSS M E S അസോബി ഹെൽപ്പ് ഡെസ്കിലൂടെ നിങ്ങൾക്ക് സംശയ നിവാരണവും നടത്താവുന്നതാണ്

▫ വാട്സാപ്പ് ലിംഗിലൂടെ ജോയിൻ ചെയ്യുക

<https://chat.whatsapp.com/G4qv9TfovtoLembE4yh1uT>

UNDER GRADUATE COURSES (CU)

▫ BACHELOR OF SCIENCE BSc.

▫ BSc BOTANY (AIDED)

▫ BSc PHYSICS (AIDED)

▫ BSc AQUACULTURE (AIDED)

▫ BSc MATHEMATICS (AIDED)

▫ BSc PSYCHOLOGY (SF)

▫ BACHELOR OF ARTS BA

▫ BA ENGLISH (AIDED)

▫ BA ECONOMICS (AIDED)

▫ BA MASS COMMUNICATION (SF)

▫ BACHELOR OF COMMERCE

▫ BCOM COOPERATION (AIDED)

▫ BBA (SF)

▫ BCOM FINANCE (SF)

▫ BCOM COMPUTER APPLICATION (SF)

▫ BACHELOR OF COMPUTER APPLICATION

□BCA (SF)

□ BACHELOR OF VOCATIONAL (UG SUPPORTED) BVOC

□BVOC LOGISTICS MANAGEMENT (SF)

□BVOC DIGITAL FILM PRODUCTION (SF)

□BVOC FISH PROCESSING TECHNOLOGY (SF)

□BVOC TOURISM AND HOSPITALITY MANAGEMENT (SF)

അഡ്മിഷനുമായി ബന്ധപ്പെട്ട സംശയങ്ങൾക്ക് വിളിക്കുക.

NSS HELPDESK COORDINATORS ✓□

ANASWARA: 8547154607 (Bsc)

KEERTHANA: 8086227896 (Bsc)

ADHIL: 8137941007 (BVoc)

MANNYA: 7994341572 (B Voc)

RIYAS: 8129764225 (B Voc)

DEVADEVAN: 8590879671 (Bcom)

THANHA: 8078509995 (BA)

SANAMOL: 7736564203 (BA)

GOPIKA: 8113857078 (BBA)

SAFVAN: 8086309125 (BBA)

MARIYAM: 9745038294 (BCA)

□ NSS ASMABI COLLEGE ADMISSION HELP DESK □

38.

**CERTIFICATE DISTRIBUTION FOR NSS VOLUNTEERS (DCC WORK)
AUGUST 7, 2021**

SREENARAYANAPURAM GRAMAPANCHAYAT

DOMICILIARY CARE CENTER



സേവന സാക്ഷ്യപത്ര വിതരണം

NSS ASMAHI UNITS 93 & 95
ആഗസ്റ്റ് 7, 2021 ശനിയാഴ്ച 12 : 30 ന്

ഉദ്യോഗസ്ഥൻ: ശ്രീ E T രാമേശ്വർ മാസ്റ്റർ
(ബഹു-ഏകാന്തം എ)

അദ്ധ്യക്ഷൻ: ശ്രീ M S മോഹനൻ
(പ്രാദേശികമായി പ്രസിഡന്റ്)

സാന്നിധ്യം:

ശ്രീ P A നാഷാദ്
(ആരോഗ്യ വിനോദസം ഡയറക്ടർ)

Dr A.ബിജു
(MES അസിസ്റ്റന്റ് കോർഡിനേറ്റർ)

ശ്രീ സലീം അറാബി
(MES അസിസ്റ്റന്റ് കോർഡിനേറ്റർ
മാനേജ്മെന്റ് ബ്രാഞ്ച് & കൗൺസിലർ)

ശ്രീമതി കൃഷ്ണകാന്ത PU
(വാർഡ് ഡയറക്ടർ)

ശ്രീ K R രാജേഷ്
(DCC കോർഡിനേറ്റർ, വാർഡ് ഡയറക്ടർ)

ശ്രീമതി ശ്രീവിദ്യ M N
(MES HSS സ്കൂൾ അദ്ധ്യാപിക)

Dr പ്രിൻസി പ്രമാൻസിസ്
Dr അനീസാദ് E B
(NSS പ്രോഗ്രാം ഓഫീസർമാർ)

സഫ് വാൻ K A
അനൂപ C G
(NSS DCC കോർഡിനേറ്റർമാർ)

39.

AZADI KA AMRIT MAHOTSAV FIT INDIA Freedom Run 2.0
ON 13TH AUGUST

AZADI KA AMRIT MAHOTSAV
FIT INDIA FREEDOM RUN 2.0
DATE : 13-08-2021

FIT INDIA FREEDOM RUN

Government of India
Ministry of Youth Affairs and Sports

Azadi Ka Amrit Mahotsav
FIT INDIA Freedom Run 2.0
13th August 2021

08.00 am : Muhammad Abdurahiman Memorial Library, Eriyad
Fit India Freedom Run starts & ending at
Muhammad Abdurahiman Sahib Memorial at Azhikode

09.00 am : Muhammad Abdurahiman Sahib Memorial, Azhikode
: Talk on Freedom Struggle Movement & Video presentation

Organized by:

Nehru Yuva Kendra Thrissur
National Service Scheme

You are Co-ordially invited

Dr.Binu.T.V
District Co-ordinator
NSS,Thrissur

M. Anilkumar
Deputy Director
NYKS

Muhammad Abdurahiman Sahib
Freedom Fighter Kerala State Government Leader



REPORT

**AZADI KA AMRIT MAHOTSAV
FIT INDIA FREEDOM RUN 2.0**

DATE : 13-08-2021

**TALK ON FREEDOM : Dr Sanand sadanandan (Head, department of political, MES
asmabi college, Kodungallur)**

BENEFICIARIES : 20 volunteers

	<p>FIT INDIA FREEDOM RUM 2.0 was conducted on 13th August 2021 at 8:00 p.m. Defeat India freedom Run started from Mohammed Abdul Rahman Memorial library, Eriyad with 20 NSS volunteers and to NSS programme officers Dr Princy Francis and Dr Ansar E. B. And It Ends at Mohammed Abdul Rahman Sahib Memorial, azhikode. Presence of dignitaries Sri. Soofiyan Ahamad IAS (assistant collector, Thrissur), Smt. P. K Giriya (mathilakam block Panchayat president), Sri. Rajan K.P (eriyad Grama panchayath president), Smt. Sugatha sasidharan (district Panchayat member , Thrissur), Sri. Hasfal K. A (mathilakam block Panchayat member), Smt snehalatha A.P (eriyad Grama Panchayat member), Sri. Praveen V. B (member, eriyad Grama panchayath), Sri. K.g sasidharan (Ex DACYP member, nyk) made the moment glorious. Talk on freedom movement with special emphasis on Mohammed Abdul Rahman Sahib was delivered by Dr. Sanand Sadanandan (head, department of political science, MES asmabi college, Kodungallur). The program was ended with a wonderful video show.</p>
<p><u>40</u></p>	<p style="text-align: center;"><u>RASTRAGAAN (RECORD A VIDEO SINGING NATIONAL ANTHEM 14TH AUGUST</u></p> <p style="text-align: center;">RASTRAGAAN (RECORD A VIDEO SINGING NATIONAL ANTHEM</p> <p style="text-align: center;"><u>PARTICIPANT CERTIFICATES</u></p> <p style="text-align: center;">(PHOTO)</p> <p style="text-align: center;">RASTRAGAAN (RECORD A VIDEO SINGING NATIONAL ANTHEM</p>

CERTIFICATE

OF PARTICIPATION

THIS CERTIFICATE IS AWARDED TO

RIYAS P.S

FOR SUCCESSFUL PARTICIPATION IN **RASHTRAGAAN**,
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV**.
YOUR VIDEO WILL BE COMPILED WITH THOSE OF OTHER PARTICIPANTS AND RELEASED ON 15TH AUGUST 2021
TO SET A RECORD OF THE MAXIMUM NUMBER OF INDIANS SINGING THE NATIONAL ANTHEM TOGETHER!

JAI HIND



CERTIFICATE

OF PARTICIPATION

THIS CERTIFICATE IS AWARDED TO

Ashfak Ahmed

FOR SUCCESSFUL PARTICIPATION IN **RASHTRAGAAN**,
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV**.
YOUR VIDEO WILL BE COMPILED WITH THOSE OF OTHER PARTICIPANTS AND RELEASED ON 15TH AUGUST 2021.
TO SET A RECORD OF THE MAXIMUM NUMBER OF INDIANS SINGING THE NATIONAL ANTHEM TOGETHER!

JAI HIND





























CERTIFICATE

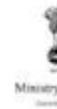
OF PARTICIPATION

THIS CERTIFICATE IS AWARDED TO

Fathima farzana T.S

FOR SUCCESSFUL PARTICIPATION IN **RAMTRAGAAH**,
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV**.
YOUR EFFORT WILL BE COMPARED WITH THOSE OF OTHER PARTICIPANTS AND AWARDED ON 15 AUGUST 2023,
TO SET A RECORD OF THE MAXIMUM NUMBER OF INDUANS SINGING THE NATIONAL ANTHEM TOGETHER!

JAI HIND



CERTIFICATE

OF PARTICIPATION

THIS CERTIFICATE IS AWARDED TO

Hamraaz Mohamed R A

FOR SUCCESSFUL PARTICIPATION IN **RAMTRAGAAH**,
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV**.
YOUR EFFORT WILL BE COMPARED WITH THOSE OF OTHER PARTICIPANTS AND AWARDED ON 15 AUGUST 2023,
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JAI HIND



CERTIFICATE

OF PARTICIPATION

THIS CERTIFICATE IS AWARDED TO

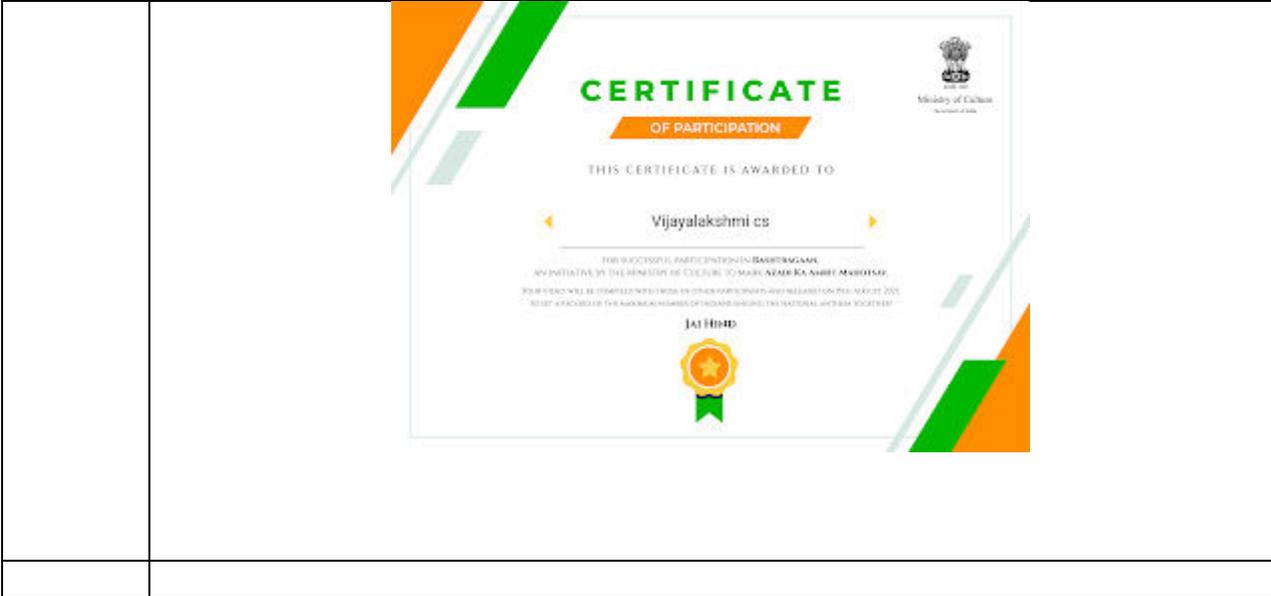
REJIN ROSHAN A P

FOR SUCCESSFUL PARTICIPATION IN **RAMTRAGAAH**,
AN INITIATIVE BY THE MINISTRY OF CULTURE TO MARK **AZADI KA AMRIT MAHOTSAV**.
YOUR EFFORT WILL BE COMPARED WITH THOSE OF OTHER PARTICIPANTS AND AWARDED ON 15 AUGUST 2023,
TO SET A RECORD OF THE MAXIMUM NUMBER OF INDUANS SINGING THE NATIONAL ANTHEM TOGETHER!

JAI HIND







Dr Ansar E B

Dr Princy Francis

NSS Program Officers

MES Asmabi College, P.Vemballur

Kodungallur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



Report of NSS Activities in the Month of September 2021

<https://nssasmabi.blogspot.com/2021/08/>

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INTERNATIONAL DAY OF OLDER PERSONS 11.09.2021




2021 ഒക്ടോബർ 1
ലോക വയോധിക ദിനം



പ്രഭാഷണങ്ങളും ചർച്ചയും 7- 9 pm ZOOM ൽ
2021 സെപ്തംബർ 11, ശനിയാഴ്ച
വിഷയം: വാർദ്ധക്യത്തിന്റെ വ്യാകുലതകൾ: ഇടപെടലുകളിലെ സാമൂഹ്യമാനങ്ങൾ

പ്രഭാഷണം: ഡോ ദയാൽ നാരായൺ
(മനോരോഗ വിഭാഗം, ഗവ. മെഡിക്കൽ കോളേജ്, മഞ്ചേരി)

മോഡറേറ്റർ: മുകുന്ദനുണ്ണി
(സ്വതന്ത്ര ഗവേഷകൻ)

സംഘടനം: ദയ ആശുപത്രി, തൃശൂർ
ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് പാലിയേറ്റീവ് കെയർ, തൃശൂർ

കൂടുതൽ വിവരങ്ങൾക്ക്: അബ്ദുൾ ഷബ്ബാർ എം.എം. 94478 13411
(ഡയറക്ടർ, ദയ ആശുപത്രി)
ഡോ.റഞ്ജ, 94461 46901
(കോഴ്സ് കോ ഓർഡിനേറ്റർ, ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് പാലിയേറ്റീവ് കെയർ, തൃശൂർ)

4
2

BLANGACHAAL SAMAGRA NEERTHADA PADHATHI 07.09.2021

ശ്രീനാരായണപുരം ഗ്രാമപഞ്ചായത്ത്

ജ്ഞാച്ചാൽ സമഗ്ര നീർത്തട പദ്ധതി പരിശീലന ക്യാമ്പ്

2021 സെപ്റ്റംബർ 7 ചൊവ്വ രാവിലെ 10 ന്

				
മുൻവാദകൻ ശ്രീ. ഇ.ടി.ദൈവദാസ് മാസ്റ്റർ (അംഗം - എ.പ.എസ്)	അദ്ധ്യക്ഷൻ ശ്രീ.എം.എസ്. ജോഷി (ശ്രീനാരായണപുരം ഗ്രാമ പഞ്ചായത്ത്)	വിദഗ്ദ്ധൻ ശ്രീമതി. സി.കെ.ശിഖ (ജോഷി പഞ്ചായത്ത് പ്രസിഡന്റ് ബി.കെ.)	വിദഗ്ദ്ധൻ ശ്രീമതി. കെ.എസ്.ജയ ന്മിള പഞ്ചായത്ത് വിജയം വാർഡ് പ്രസിഡൻ്റ്	വിദഗ്ദ്ധൻ ശ്രീമതി. സുഗന്ധ അനിയൻ (ജി.പ. പഞ്ചായത്ത് ബഹു.)


കേരള സർക്കാർ

ജില്ലാ പഞ്ചായത്ത് തൃശൂർ

ജ്ഞാച്ചാൽ സമഗ്ര നീർത്തട പദ്ധതിയിൻപരമാല ഉദ്-ഘടനം

ശ്രീനാരായണപുരം പഞ്ചായത്ത്

	സദസ്യം തലവൻമാരുടെ ഭാവിനേതാവിനും ശ്രീനാരായണപുരം	ബിരുദി 07.09.2021 രാവിലെ 9.30 ന്
ശ്രീ. ഇ.ടി. ദൈവദാസ് മാസ്റ്റർ (അംഗം - എ.പ.എസ്.എ കേരളസംസ്ഥാനം തിരോജക ബിരുദം)	സ്വാഗതം ശ്രീമതി. സി.സി. ജയ (ജോഷി പ്രസിഡന്റ്) അദ്ധ്യക്ഷൻ ശ്രീ. എം.എസ്. ജോഷി (അംഗം പ്രസിഡന്റ് ശ്രീനാരായണപുരം)	

വിശിഷ്ടോപദേശികൾ
ശ്രീമതി . സി.കെ ശിഖ, അംഗം ജ്ഞാൽ പഞ്ചായത്ത് പ്രസിഡന്റ് ബി.കെ.
ശ്രീമതി . ജയ കെ.എസ്, അംഗം വി.ക.നന്ദ കാവുനമ്പിം രാമിനി
വാർഡ് പ്രസിഡൻ്റ്, ജില്ലാ പഞ്ചായത്ത്

പങ്കെടുക്കുന്നവർ - ഗ്രാമപഞ്ചായത്ത് തല നീർത്തട സമിതി അംഗങ്ങൾ



REPORT

Blangachalsamagraneerthadapadhathi

Date: 7th september 2021

Time: 10:00am -1:00pm

Venue: Thever plaza auditorium ,Sree narayanapuram

Sreenarayanapuram gramapanchayat "Blangachalsamagratheerthada" programme was inaugurated by Tyson Master (MLA Kaippamangalam). Presidential address was by M.S

Mohanan (president, SNpuram panchayat). Welcome speech was by C.CJaya (vice president SN

puram panchayat). The programme was explained by P.D Sindhu (district soil conservation

officer, Thrissur). The programme was under the presence of C.K Girija (block panchayat president, Mathilakam) ,K.S Jaya (Developmental chair person district panchayat),Sugantha

Sasidharan (district panchayat member), Ayoob K.A (Developmental chairman), Mini Pradeep

(welfare chair person), Noushad P.A (Health-education chairman), Subeesh C.S(panchayat member), Sheethal T.S(Panchayat member), K.A AbdulJaleel (secretary).Vote of thanks by A.

Rathi (Assit.Secretary).

NSS volunteers (Karthika, Jaseem, Hamraz, Abhiram, Vijayalakshmi) of MES

Asmabi collage has also participated in this programme under the coordination of Pradeeksha

P.S and Avin AnandDev. After the inauguration programme a session about water conservation

was given by Shine Chalakudy and a session of soil conservation by Narendran Vadakanchery.

Asapartof"blangachalneerthadapadhathi",NSSVolunteersofMESAsmabiCollagehas

reachedat8:30am,Kaipamanagalam gramapanchayat.At9:00am westartedwork,voluneers

hassplitedintotwoorthreegroupsforconductingsurveybasedonwaterissuesforeach wards of kaipamangalam gramapanchayath with concerned ward members. Thenthe survey, we

camebackabout12:30pm atKaipamangalam Gramapanchayat.Afterourlunchabout

1:00pm wepreparedsurveyreport,mapofthekaipamangalam gramapanchayatand

presentedinfrontoftheconcernedauthorities.10Volunteershasparticipatedintheprogramme.



15/9/2021

As a part of "blangachalneerthadapadhathi" NSS Volunteers of MES Asmabicollage has reached at 8:30am, Sreenarayanapuram gramapanchayath. At 9:00am we started work

, volunteers have split into two or three groups for conducting survey based on water issues for each ward of Sreenarayanapuram gramapanchayath with concerned ward members. Then the survey, we came back about 12:30pm at Sreenarayanapuram gramapanchayath. After

our lunch about 1:00pm we prepared survey report, map of the Sreenarayanapuram grama panchayath and presented in front of the concerned authorities. 12 volunteers have participated in the programme.

NSS CALICUT UNIVERSITY UG ADMISSION HELP DESK (Online & offline)

NSS HELP DESK REPORT

PLACE : Vemballur , Thrissur

DATE : 14, 15, 16 and 17th September ,2021 (2nd allotment)

The NSS Admission Help Desk was started their Work 14th September, 2021 onwards at 9:30 AM with 15 NSS Volunteers

Admission Helpdesk Coordinator : ADHIL K N (Online & Offline)

WORK REPORT

2 volunteers were assigned to each department

Auditorium - Adhil K N (Bvoc DFP) 14, 15,16,17. .Anaswara C G (Bsc psychology)14, 15, 16, 17. AvaniNandha K B (Bsc aqua) 14,15,16, Jayalakshmi MG (Bsc maths)14th

Front Office - Devadevan G (Bcom Co) 14,15,16,17. Gopika K S (Bsc aqua) 14,15,16,17.

Bvoc | Bsc Aquaculture - Nisanth M S(Bvoc DFP)14,15,16,17. Manny K D (Bvoc logi) 14,15,16

B.Com - Sagar K M (Bcom fin)14,15,16, Safvan K A (BBA)14,15,16

B.A MASS and BCA - Mariyam Haseeba P N (BCA)14,15,16 , Munavar Zaman V M(BA Mass)14,15, Farsana E M (Bvoc FPT) 14,15,16

BA English, Economics, BSC Botony, Physics, Maths - Sanamol M I (BA english) 14,15, Shabana PS (BCA)14,15,16, Arya M A (Bsc. Physics)15, Fathima Farzana T S (Bcom CA)15, Jayalakshmi MG (Bsc maths)14, Akhila K R(Bvoc THM)16, Raihana PS (Bsc Botany)16.

NSS helpdesk was opened online on August 1, 2021. After publishing the UG second allotment list by calicut university on 13.09.2021, NSS Helpdesk online services were started from 14th september 2021 to 17th september 2021. Two volunteers were assigned to each department and also auditorium to help the new comers and their parents to take admission smoothly by giving proper guidance.



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WEBINAR ON WORLD OZONE DAY ON SEPTEMBER 16, 2021

WORLD OZONE DAY

Date:16September2021@3pm

Venue:GoogleMeet

resource person: Andhra TA (NSSvolunteer), B.Voc Fish processing technology

Beneficiaries: 25 NSS volunteers

Outcome: The webinar helped to get more knowledge about the topic "Mont real Protocol keeping us, our food and vaccines cool". Reminded us that not only is ozone crucialfor life on the earth but that we must continue to protect the ozone layer for futuregenerations. A webinar was

held on 16th September 2021 from 3pm to 3:45 pm initiated by Agriculture, Water and energy wing. On the topic "MONTREAL PROTOCOL-Keeping us, our food and vaccines cool" through Google meet (<https://meet.google.com/ibp-uvju-ukt>). The programme started with an NSS song by Avani Nandha followed by a welcome speech by Ruksana. After that Dr Ansar EB, one of the NSS programme officers introduced a resource person. The resource person was NSS volunteer Ardhra TA (B.Voc Fish processing technology), Keynote address was given by the resource person. The presentation by Ardhra was really helpful and very informative to students who participated in the webinar. After that Dr Princy Francis, another among the NSS programme officers gave a felicitation speech and feedback was given by Anjana Rajesh. The programme ended with a vote of thanks by Anmol N. Anchoring was done by Pratheeksha PS. The programme was going in a fine manner. More than 25+ NSS Volunteers attended the webinar. And ended by 3:45pm.



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR



WORLD OZONE DAY
SEPTEMBER 16 2021

**TOPIC: MONTREAL PROTOCOL - KEEPING US,
OUR FOOD AND VACCINES COOL**

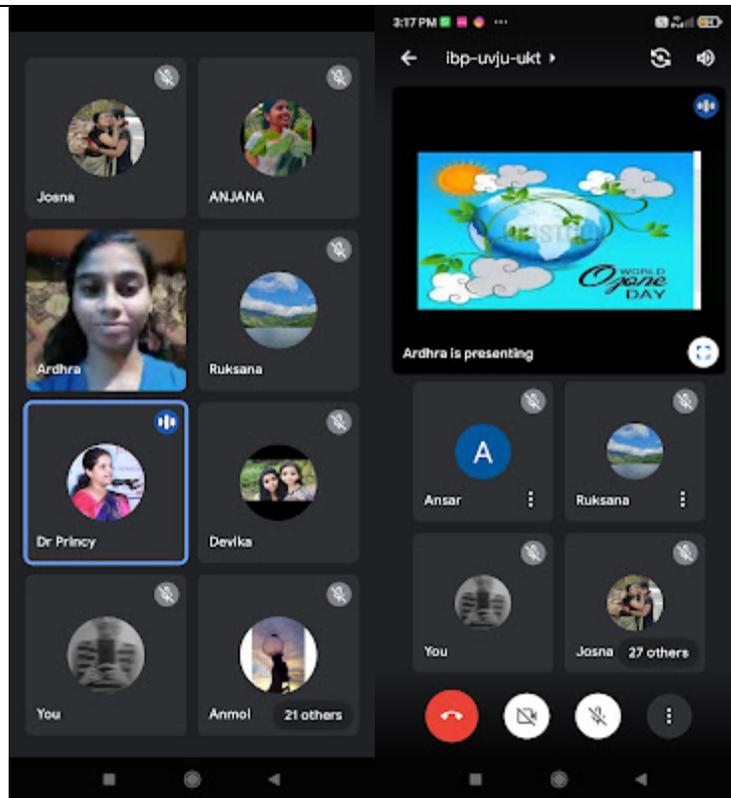


SEPTEMBER 16 2021 @ 3 pm

NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR

TOPIC: MONTREAL PROTOCOL - KEEPING US, OUR FOOD AND VACCINES COOL

Anchoring	: Pratheeksha P S NSS Volunteer
NSS song	: Vismaya K V NSS volunteer
Welcome speech	: Ruksana NSS Volunteer
Presidential address	: Dr. A Biju Principal, MES Asmabi College P. Vemballur
Introducing resource person.	: Dr Princy Francis NSS Programme officer
Keynote Address	: Ardhra T A NSS volunteer
Felicitation	: Dr. Ansar E.B NSS Programme Officer
Feedback	: Anjana Rajesh NSS Volunteer
Vote of thanks	: Anmol N NSS Volunteer



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PALLIUM INDIA VOLUNTEER TRAINING PROGRAM ON 30TH TO 03.09.2021



PALLIUM INDIA VOLUNTEER TRAINING PROGRAM

Date: 30 /09 /2021 to 3/09/2021

Venue: Zoom Meet

Resource person:

Day 1: Dr. M R Rajagopal

Day 2: Mr. Sarath Krishna

Day 3: Ms. Bharath Mohan

Day 4: Ms. Sheeba R S

Day 5: Mr. Babu Abraham.

Beneficiaries: 8 volunteers

Outcome: It helps to get new information about palliative care and the activities taken by palliative care.

The first session(30/08/2021), introduction to palliative care conducted by pallium India was lit by Dr. M R Rajagopal sir. The introduction of palliative made effective knowledge about activities taken by Palliative care. The session begins from 5 p.m. to 7 p.m. The main topic in the session was,

- what is palliative care?
- what is the aim of palliative?
- what is the activity of palliative?
- in which condition palliative care is needed
- Main miseries in life
- the types of miseries
- what can we do through palliative care?
- the core values in palliative care

- the helping mentality needed for a volunteer in palliative care

- the homecare activities

- how to do homecare?

Session-01 was ended by sharing a video about a patient's miserable life And how pallium India helping them to come back to their life.

Pallium India virtual volunteer training program- 07

Second day 31/08/2021 class on the topic of communication in palliative care led by Mr . Sarath Krishna.In the said webinar,

- WHAT IS COMMUNICATION?

- NEED OF COMMUNICATION

- POSITIVE BODY LANGUAGES

- BARRIERS TO EFFECTIVE COMMUNICATION

- STEPS TO EFFECTIVE COMMUNICATION

- GOOD VS POOR COMMUNICATION

- LISTENING

- HOW TO ADVOCATE FOR PALLIATIVE CARE

A clear understanding of these was provided.

On the Third day, 1/09/2021 of the virtual training program on the subject Psycho-Social Support was lead by Bharath Mohan sir. (Social Officer, Pallium India) From 05:00 Pm to 07:00 Pm.

Today's topic can be summarized and concluded into the points :

- Evaluate our interventions

- Assess how the patients and families are benefited

- Assessments have to be revised and updated
- Reach out for help, if needed
- There is an art and science in psychosocial care just as in medicine..

On the 4th day of the virtual training program on 2/09/2021, faculty - Ms. Shobha. R.S madam

Conducted on the topic Home-Based Palliative Care from 5:00 Pm to 7:00 pm. Included topics on Home-based Care. All aspects of Homecare was covered during the speech and convinced the Involvement and teamwork of Volunteers, Social workers, Nurses; Doctors, Physiotherapist. The last day of the virtual training program 3/09/2021 was hosted by the faculty Mr. Babu Abraham sir, (Manager Advocacy Pallium India Trust) on the topic PalliativeCare & Community has given a brief description of The role of community in the field of palliative care. The fifth day dealt with the points that include Total Care, importance & responsibility of the community in PalliativeCare, usual medical mode, NNPC (Neighborhood network in palliative care), Compassionate Community Care, SANS PAIN(Students Against Needless suffering & pain).

Pallium India Virtual Volunteer Training Program -07 Concluded with the great Message” In life, it’s not about increasing the days rather it's about filling each day with our life. That is the duty of palliative care.”





PALLIUM
INDIA



TP-VTP 141

CERTIFICATE

This is to certify that **Adhil K N** participated in a Volunteer Training Program from 30-08-2021 to 03-09-2021, through which he/she was oriented to the principles of palliative care via 10 hours of online didactic sessions and discussions. The training was conducted by the Trivandrum Institute of Palliative Sciences - Extension for Community Healthcare Outcomes (TIPS-ECHO) program.

Dr. M R Rajagopal
Chairman Pallium India

Babu Abraham
Advocacy Manager

Arun Santh
TIPS-ECHO Coordinator



PALLIUM
INDIA



TP-VTP 159

CERTIFICATE

This is to certify that **Keerthana Biju** participated in a Volunteer Training Program from 30-08-2021 to 03-09-2021, through which he/she was oriented to the principles of palliative care via 10 hours of online didactic sessions and discussions. The training was conducted by the Trivandrum Institute of Palliative Sciences - Extension for Community Healthcare Outcomes (TIPS-ECHO) program.

Dr. M R Rajagopal
Chairman Pallium India

Babu Abraham
Advocacy Manager

Arun Santh
TIPS-ECHO Coordinator



PALLIUM
INDIA



TP-VTP 154

CERTIFICATE

This is to certify that **Haneena Rasmin. K. U** participated in a Volunteer Training Program from 30-08-2021 to 03-09-2021, through which he/she was oriented to the principles of palliative care via 10 hours of online didactic sessions and discussions. The training was conducted by the Trivandrum Institute of Palliative Sciences - Extension for Community Healthcare Outcomes (TIPS-ECHO) program.

Dr. M R Rajagopal
Chairman Pallium India

Babu Abraham
Advocacy Manager

Arun Santh
TIPS-ECHO Coordinator





PALLIUM
INDIA



TP-VTP 178

CERTIFICATE

This is to certify that **Safvan K A** participated in a Volunteer Training Program from 30-08-2021 to 03-09-2021, through which he/she was oriented to the principles of palliative care via 10 hours of online didactic sessions and discussions. The training was conducted by the Trivandrum Institute of Palliative Sciences - Extension for Community Healthcare Outcomes (TIPS-ECHO) program.

Dr. M R Rajagopal
Chairman Pallium India

Babu Abraham
Advocacy Manager

Anun Saith
TIPS-ECHO Coordinator



PALLIUM
INDIA



TP-VTP 167

CERTIFICATE

This is to certify that **Mariyam Haseeba P. N** participated in a Volunteer Training Program from 30-08-2021 to 03-09-2021, through which he/she was oriented to the principles of palliative care via 10 hours of online didactic sessions and discussions. The training was conducted by the Trivandrum Institute of Palliative Sciences - Extension for Community Healthcare Outcomes (TIPS-ECHO) program.

Dr. M R Rajagopal
Chairman Pallium India

Babu Abraham
Advocacy Manager

Anun Saith
TIPS-ECHO Coordinator



PALLIUM
INDIA



TP-VTP 156

CERTIFICATE

This is to certify that **Jayalakshmi M G** participated in a Volunteer Training Program from 30-08-2021 to 03-09-2021, through which he/she was oriented to the principles of palliative care via 10 hours of online didactic sessions and discussions. The training was conducted by the Trivandrum Institute of Palliative Sciences - Extension for Community Healthcare Outcomes (TIPS-ECHO) program.

Dr. M R Rajagopal
Chairman Pallium India

Babu Abraham
Advocacy Manager

Anun Saith
TIPS-ECHO Coordinator



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ECO-REFORESTATION INAUGURATION ON 16.09.2021





ECO-REFORESTATION INAUGURATION

REPORT

PLACE : Vekod Beach ,Vemballur , Thrissur

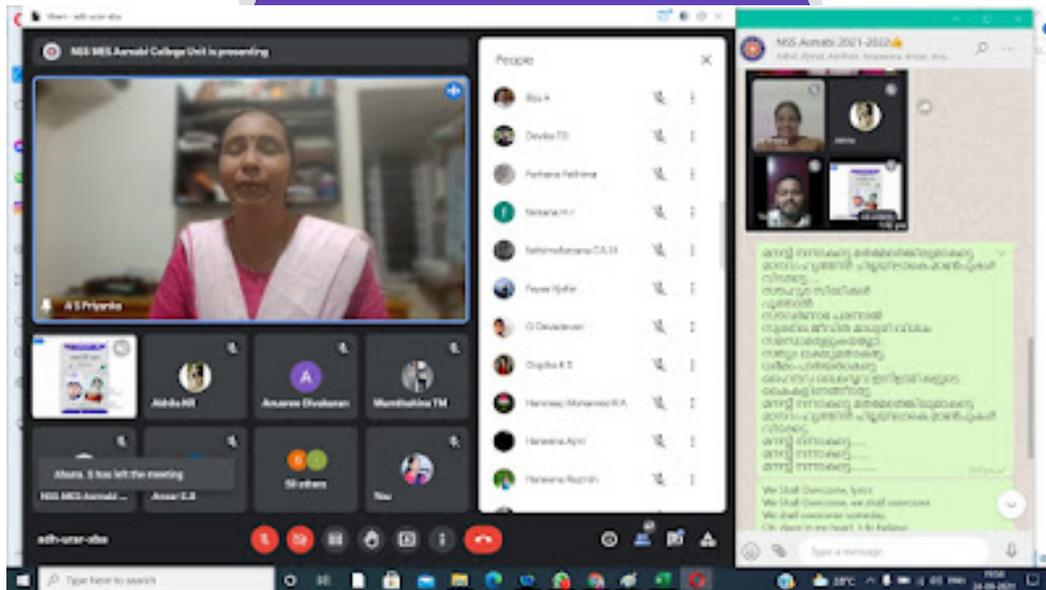
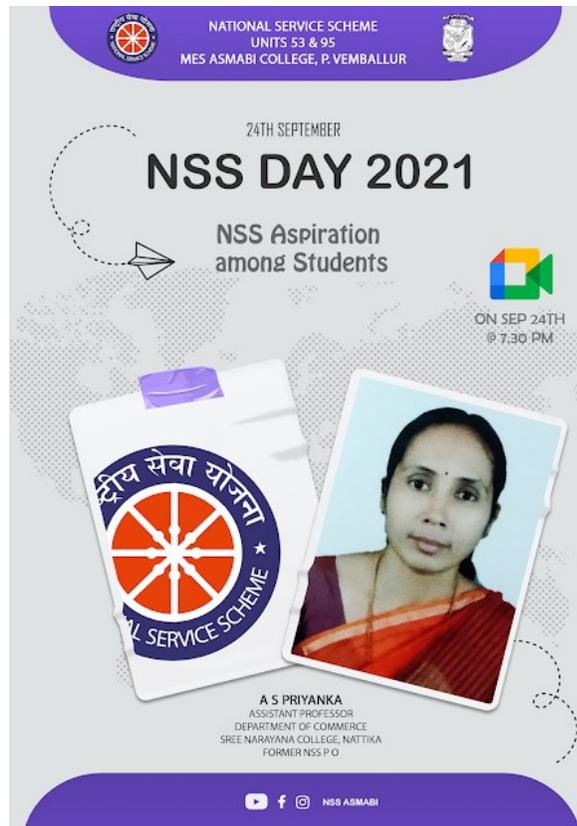
DATE: 16th September 2021

The first part of Coastal Habitat Restoration And Biodiversity Was inaugurated in VEKOD BEACH in S.N Puram gram Panchayath by M.r Saji Cheriyan (ministry of fisheries) Kaipamngalam MLA Shri. E.T Tyson master presided Shri. P.K David Master (district panchayath president), Shri .C.K girija (mathilakam block panchayath president) , Shri. M.S Mohanan and around 10 NSS volunteers of MES Asmabi College also participated. The event was held in accordance with covid -19 standards.....

PARTICIPATED NSS VOLUNTEERS :

1. Nisanth M S 2. Pratheeksha PS, 3. Avin Anand Dev C P,
4. Avani Nandha KB, 5. Sagar KM 6. Karthika C R, 7. Gopika KS, 8. Thahaniya Ali,
9. Aysha Nafrin, 10. Devadevan G

NSS ASPIRATION AMONG STUDENTS ABOUT NSS DAY ON 24 SEPTEMBER 2021.



REPORT

NSS DAY WEBINAR NSS ASPIRATION AMONG STUDENTS

Date and time: 24.092021 @7:30 PM

Venue: Google meet

Resource person: A S Priyanka

Assistant Professor Department of Commerce, SN College Nattika

Beneficiaries:70 NSS Volunteers including two program officers.

Outcome: Get inspired to understand what NSS is and its glory and to be a sincere volunteer

A Webinar on NSS DAY NSS Aspiration among Students was conducted online through Google Meet (<https://meet.google.com/adh-urar-xba>) on 24.09.2021 @ 7:30 PM. As part of the NSS day Celebration, The chief guest of the day was AS Priyanka Assistant professor Department of Commerce, SN College Nattika.70 participants including NSS volunteers, two program officers named Dr.Princy Francis and Dr.Ansar E.B had participated in this webinar.NSS volunteer named Akhila anchored the webinar. The prayer was delivered by the NSS volunteer Vismaya. Welcome speech was delivered by Ms.Mumthahina followed by a presidential address by Dr.A Biju, college principal. The introductory speech was delivered by Dr.Princy Francis and felicitation by Dr.Ansar E.B NSS program officers. Chief guest AS Priyanka shared her NSS experiences. She is very much proud of their NSS team and she awesomely explained the glory of NSS and encouraged all the volunteers to become such great volunteers.

The webinar was ended with a vote of thanks by Anaswara.

SWATCHCH BARATH PLEDGE ON 23.09.2021



MES ASMABI COLLEGE, P. VEMBALLUR
 GOVT. AIDED COLLEGE AFFILIATED TO UNIVERSITY OF CALICUT
 www.mesasmabi.com

NATIONAL SERVICE SCHEME
 UNITS 53 & 95



SWACHHTA PLEDGE



एक कदम स्वच्छता की ओर
 I take the pledge will remain committed towards cleanliness and devote time for this.
 I will devote 100 hours per year to work for cleanliness.
 I will neither litter nor let other litter

I, pledge to:

- initiate the quest for cleanliness with myself, my family, my locality, my city and my workplace.
- conserve water every day, use it wisely, save every drop and promote construction of rain water harvesting structure in the society.
- create and maintain strict and sustainable environment standards personally and professionally.
- follow the 5R policy of waste management to refuse, reduce, reuse, repurpose and finally recycle the waste.
- take energy saving actions in your home today that will reduce greenhouse gas emissions and help protect our planet tomorrow and for good.
- propagate the message of Swachh Bharat Mission in community around me and contribute in making my country clean.

NSS MES Asmabi College Unit is presenting

WhatsApp Image 2021-09-23 at 12:34:15 (Image)





Alpha Hafin



Anaswara Gopi



Alhika KR



A S Priyanka



Anwar E.B



43 others



You

adh-urur-xba

QUIZ COMPETITION ABOUT NSS DAY ON 24.09.2021

NATIONAL SERVICE SCHEME UNITS 53 & 95

MES ASMABI COLLEGE, P. VEMBALLUR

മനസ്സു നന്നാവട്ടെ...

24/09/2021; NSS DAY

ഭാരത സർക്കാരിന്റെ മേൽനോട്ടത്തിൽ പ്രവർത്തിക്കുന്ന ഒരു സംഘടനയാണ് നാഷണൽ സർവ്വീസ് സ്കീം. 1969-ൽ ആണ് ഇത് ആരംഭിച്ചത്. വിദ്യാർത്ഥികളുടേയും യുവജനങ്ങളുടേയും ഇടയിൽ സമൂഹത്തിനോടുള്ള സേവനസന്നദ്ധതാമനോഭാവം വളർത്താൻ ഉദ്ദേശിച്ചാണ് ഈ സംഘടന സ്ഥാപിതമായത്...

ഈ ദിനത്തിൽ PAIN AND PALLIATIVE, AND SOCIAL ENTREPRENEURSHIP നിങ്ങൾക്കായി ഒരു ക്വിസ് മത്സരം നടത്താൻ ആഗ്രഹിക്കുന്നു...

അതിനായ് താഴെ കാണുന്ന ലിങ്കിൽ ക്ലിക്ക് ചെയ്യുക...<https://forms.gle/YkkUr37vnT18nQ1b7>

The image shows a screenshot of a Google Forms quiz. At the top, there is a purple header with the NSS logo on the left, the text 'NATIONAL SERVICE SCHEME UNITS 53 & 95 MES ASMABI COLLEGE, P. VEMBALLUR' in the center, and the college crest on the right. Below the header, the form is titled 'Section 1 of 2' and 'Online Quiz Based on NSS DAY' with the date 'September 24, 2021'. The organizer is listed as 'National Service Scheme, MES Asmabi College, P.Vemballur'. It states there are 20 questions and an e-certificate will be distributed for a score of 60% or higher. There is an 'Email *' field with a 'Valid email' placeholder and a 'Change settings' link at the bottom.

REPORT

QUIZ ON NSS DAY

Date: 24 September 2021

Responses: 110

NSS Day was celebrated on 24th September. The National Service Scheme is an organization overseen by the Government of India. It was started in 1969. The organization was established with the aim of inculcating a sense of service to the community among students and youth. The volunteers from the pain and palliative and social entrepreneurship groups conducted a quiz on this very day for the people to know more about the National Service Scheme organization. The quiz was conducted through Google forms

<https://forms.gle/YkkUr37vnT18nQ1b7>

There were 105 responses. The participants who have scored more than 60% were awarded with E-certificates.



The certificate features a central text area flanked by blue and orange triangular shapes. At the top center, it reads 'NATIONAL SERVICE SCHEME UNIT 53 & 95 MES ASMABI COLLEGE, P. VEMBALLUR'. Below this, it states 'Online Quiz Based on 'NSS DAY' September 24, 2021' and 'Certificate of Appreciation'. The main text says 'This Certificate is awarded to {{Full Name}}'. A note at the bottom left explains the award: 'For the active participation in the online quiz based on 'NSS DAY' September 24, 2021 organized by National Service Scheme (NSS), MES Asmabi College, P.Vemballur, Kodungallur, Kerala, India with a score of {{Percent}}.' Two signatures are present: 'Dr Princy Francis, NSS Program Officer' and 'Dr Ansar E B, NSS Program Officer'. The bottom left corner contains fields for 'Date: {{Date2}}' and 'Certificate ID: {{Certificate ID}}'.

 **NATIONAL SERVICE SCHEME**
UNIT 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR 

Online Quiz Based on 'NSS DAY' September 24, 2021

Certificate of Appreciation

This Certificate is awarded to
{{Full Name}}

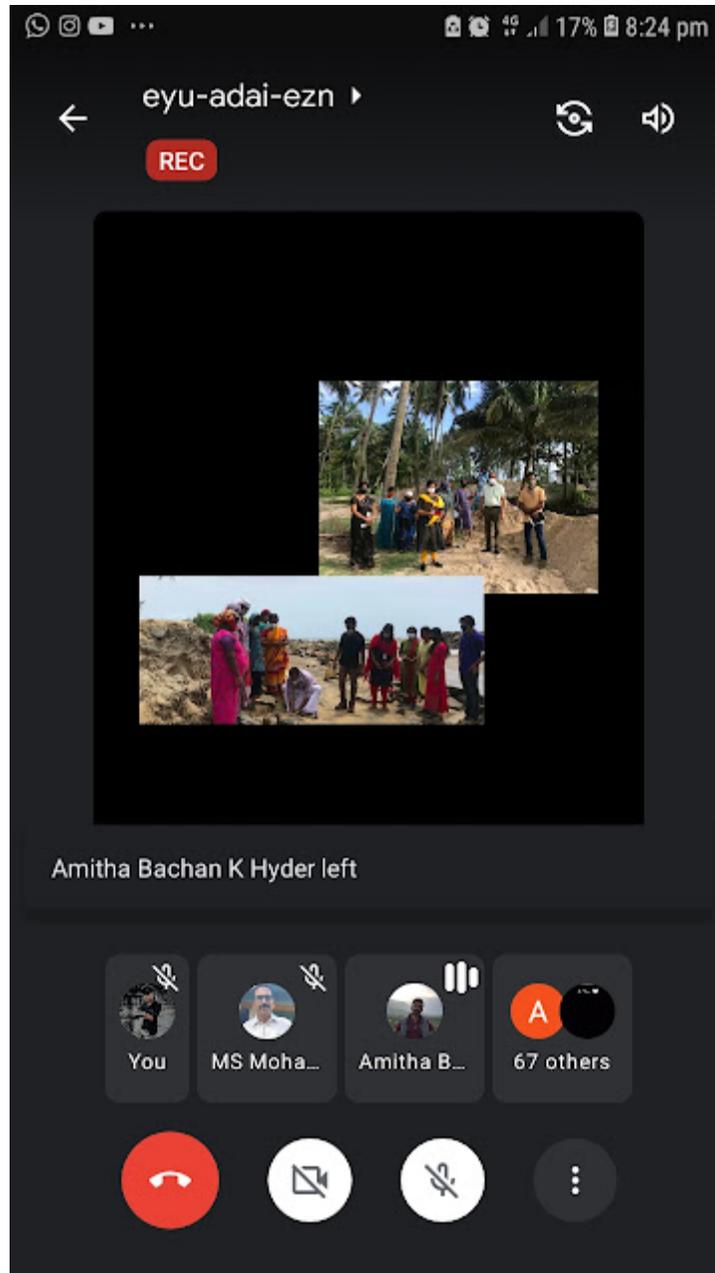
For the active participation in the online quiz based on 'NSS DAY' September 24, 2021 organized by National Service Scheme (NSS), MES Asmabi College, P.Vemballur, Kodungallur, Kerala, India with a score of **{{Percent}}**.

Date: **{{Date2}}**
Certificate ID: **{{Certificate ID}}**


Dr Princy Francis
NSS Program Officer


Dr Ansar E B
NSS Program Officer

ECO REFORESTATION WEBINAR ON 16.09.2021



REPORT

Inauguration of Eco restoration in the coastal area

<p>Date: 16th September 2021</p> <p>Venue: Google Meet</p> <p>Time: 7:30 pm</p> <p>Beneficiaries: 93</p> <p>Western Ghats hornbill foundation; Research department of MES Asmabi College; NSS unit of MES Asmabi college and BMC SN Puram panchayat is coordinately conducting the project of 'Eco restoration of the coastal ecosystems for biodiversity conservation, sustainable livelihood and disaster mitigation in SN Puram panchayat. The inauguration of completion of the first phase of the particular project was held in Vekkode beach at 10:30 am on 16th September 2021. As part of this, a webinar was held on Google Meet (https://meet.google.com/eyu-adai-ezn) at 7:30pm on the same day on the topic 'Principle and practices for Eco restoration of coastal ecosystem in Kerala. 93 beneficiaries attended the webinar. Welcome speech was delivered by Shri. .S.Mohan-President of SN Puram Grama Panchayat. The program was chaired by E.T. Taison Master-MLA of Kaipamangalam constituency. The inaugural address was given by Shri.Saji Cheriyam-Minister of fisheries of Kerala. The thematic talk was done by Amitha Bachan.K.H-Member of IUCN CEM. The program ended at 9:15 pm.</p>

Dr.Ansar E B

Dr.Princy Francis

NSS Program Officers

MES Asmabi College, P.Vemballur

Kodungallur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



Report of NSS Activities
In the month of October 2021

<https://nssasmabi.blogspot.com/p/about-nss.html>

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**POSTER MAKING AND QUIZ FOR GANDHI JAYANTHI ON
02.10.2021**

Date: 02/10/2021

Response (poster): 58

Response (Quiz): 55

Gandhi Jayanti 2021 is celebrated in India as a National festival on 2nd October, every year. This day is celebrated to remember the birth of Mohandas Karamchand Gandhi (2nd October 1869 – 30th January 1948). Mahatma Gandhi, who has given the title of “Father of the Nation” or “Rashtropita”, is also called by the name “Bapu”. He was a great follower of peace (Satya) and non-violence (Ahimsa). On the birthday of the great person, Mahatma Gandhi the volunteers of the PAIN AND PALLIATIVE club conducted a poster-making Program to make video slides about the ideas of Gandhi and a quiz competition was conducted by the volunteers of HEALTH AND ANTI-DRUG. The poster making competition was conducted through Google form <https://forms.gle/HUWHsHk4GD39Ra4N6>. There were 58 responses in the program. Vikas competition was conducted through Google form <https://forms.gle/Gp8JHfCqkDenU64h7>. There were 55 responses in the program.

The screenshot shows a Google Form titled "Online Quiz Based on 'Gandhi Jayanti' October 02, 2021". It is organized by the National Service Scheme at MES Asmabi College, P.Vemballur. The form states there are 20 questions and an e-certificate will be distributed for a score of 65% or higher. It includes fields for "Email" and "Full Name".



CAMPUS CLEANING & COVID AWARENESS PROGRAM AS PART OF GANDHI JAYANTI & COLLEGE REOPENING ON 4/10/2021

Ahead of College reopening on oct 04/10/2021, NSS ASMABI UNITS 53&95 Program Officers Dr. Princy Francis, Dr. Ansar. E.B & NSS Secretaries (Adhil. K.N, Anashwara. C.G, Devadevan. G, Josna Rajan) attended the covid Samithi meeting held on 30/09/2021 Thursday at 7:30 PM in connection with Gandhi Jayanti on October 2 nd.

Prior to the college reopening, the local body, NSS, NCC, and college staff members made suggestions for covid prevention activities and creating awareness for students under the leadership of College Principal Dr. A Biju. As a part of this, NSS ASMABI UNITS 53&95 engaged in campus cleaning activities on 01/10/2021 Friday & 02/10/2021 Saturday by the efficient and active participation of NSS VOLUNTEERS. On the first day of cleaning (1/10/2021), 18 volunteers participated from the whole group. On the second day (02/10/2021) 23 volunteers participated. Volunteers arrived at the college following the covid protocol. Program officers were also involved in cleaning.

നമ്മുടെ കലാലയം തുറക്കുന്നതിനോട് മുന്നോടിയായി ഒക്ടോബർ 02.10.2021 ഗാന്ധിജയന്തിയോട് അനുബന്ധിച്ചും NSS അസ്മാബി യൂണിറ്റ്സ് 53 & 95 പ്രോഗ്രാം ഓഫീസർമാരായ Dr. Princy francis, Dr. Ansar E B എന്നിവരും മറ്റു NSS സെക്രട്ടറിമാരും (Adhil K N, Anaswara C G, Devadevan G, Josna Rajan) 30.09.2021 ന് വ്യാഴാഴ്ച 7.30 ന് കോവിഡ് ജാഗ്രത സമിതിയുടെ മീറ്റിംഗിൽ പങ്കെടുക്കുകയുണ്ടായി.

കോളേജ് തുറക്കുന്നതിന് മുന്നോടിയായി കോവിഡ് പ്രതിരോധ പ്രവർത്തനങ്ങളും, ബോധവൽക്കരണവും വിദ്യാർത്ഥികളിലേക്ക് എത്തിക്കുവാൻ വേണ്ടി മീറ്റിംഗിൽ ലോക്കൽ ബോഡിയും, NSS , NCC മറ്റു കോളേജ് സ്റ്റാഫ് അംഗങ്ങളുടെയും നിർദ്ദേശങ്ങൾ കൈക്കൊള്ളുകയും അതു നടപ്പിലാക്കുവാൻ കോളേജ് പ്രിൻസിപ്പാൾ Dr. A Biju നേതൃത്വത്തിൽ തീരുമാനിക്കുകയും ചെയ്തു.

അതിന്റെ ഭാഗമായി NSS ASMABI UNITS 53 & 93 ക്യാമ്പസ് ക്ലീനിംഗ് പ്രവർത്തനങ്ങളിൽ 1.10.2021, വെള്ളിയാഴ്ച 2.10.2021 ശനിയാഴ്ച ദിവസങ്ങളായി വളരെ കാര്യക്ഷമമായും കർമ്മനിരയരായും NSS VOLUNTEERS പ്രവർത്തനങ്ങളിൽ ഏർപ്പെട്ടു.





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PARTICIPATORY RESOURCE MAPPING OF BAMBOO RESOURCES

Date:29/9/21-1/10/21

Venue: Malakkapara

Outcome: participatory resource mapping of bamboo resources

Beneficiaries:9 NSS volunteers

Resource person: Dr. K.H AmithaBachan

As a part of resource mapping of bamboo resources, a four-day camp was conducted by Malakkapara on Athirapally panchayat. The camp was inaugurated by K.K.ReJish(grama panchayat president). The presidential address was by Perumal(head of tribe).As a part of high range mountain landscape programme, a camp was organised by research person Dr K.H AMITHABACHAN,UNDP&GREEN KERALA MISSION.Mapmaking was conducted combined by the hornbill foundation and

Wayanad URUVU.Mapping was done in the tribal hut of Adachiltotty, Perumpara,Vachumaram,Vazhachal,of Athirapally panchayat.The programme at forest area of Vazhachal was inaugurated by R Lekshmi Perumbarakadar(DFO).The camp was attended by students from Kottayam MG University and also NSS Volunteers of MES Asmabi college, Kodungallur.

29-09-2021

5pm-8pm, a meeting was conducted about the PRA survey and split into two groups.

30-09-2021

At 8:30am both two groups and Adachilthotty community members conducted a PRA survey. Information about bamboo was collected from six or seven persons residing there. The root map of Adachilthotty was drawn. The programme was ended at 4pm. A meeting was conducted regarding this programme 6pm-9pm.

1-10-2021

At 9:00am two groups are gone to do a PRA survey. One group at Vachumaram colony and the other at Vazhachal colony. The information from both the colony about bamboo was made a documentary and also root map was drawn as they told. The programme was ended by 4:30pm. A meeting was conducted regarding this programme 6pm-9pm. Certificates were provided to students who participated in this programme.

**അതിരപ്പിള്ളി
വന മേഖലയിലെ
മുള-ഈറ്റ
വിഭവങ്ങളുടെ
പങ്കാളിത്ത ഭൂപട
നിർമ്മാണം**

വാഴച്ചാൽ - അടിച്ചിൽതൊട്ടി - പെരുമ്പാറ - വാച്ചുമരം
2021 സെപ്റ്റംബർ 30



ഉദ്ദേശ്യം:
ഓവിലെ 11 മണിക്ക്
അടിച്ചിൽതൊട്ടി ഊരിൽ
ശ്രീ. റിശേഷ് കെ. കെ.
ബഹു. പ്രസിഡന്റ്, അതിരപ്പിള്ളി ഗ്രാമപഞ്ചായത്ത്

മുക്തകാലം 2.30 ന് മലക്കുന്ന് - പെരുമ്പാറ ഊരിൽ
ശ്രീമതി. **ആർ. ലക്ഷ്മി**
ബഹു. ഡി. എഫ്. ഓ. റവഴ്ചൽ ഹൈസ്കൂൾ വിനിമയ

സാന്നിദ്ധ്യം: വനം-വന്യമൃഗ, പട്ടികയാൽ-പട്ടികവർഗ്ഗ വർകനന്മാർ, ഉദ്യോഗസ്ഥർ,
ശ്രീ. നാഥിദാസ്, വാട്സ് മേമ്പർ (പെരുമ്പാറ), ശ്രീ. പെരുമ്പാൾ, അടിച്ചിൽതൊട്ടി ഊരുകാർ,
വന സംരക്ഷണ സ്ഥിതി അംഗങ്ങൾ, മുള/ഈറ്റ കർഷകർ, മേഴ്ചാൽകർ

സംഘടനം
ഉറവ് നാടൻ ശാസ്ത്ര - സാങ്കേതികവിദ്യാ പഠനകേന്ദ്രം, വയനാട്
വെസ്റ്റേൺ ഫോറസ്റ്റ് ഹോൺബിൽ ഫൗണ്ടേഷൻ

സന്നദ്ധ മേഖലകൾ
എൻ. എസ്. എസ്. അംഗങ്ങൾ, എം. ഇ. എസ്. അസോസിയേറ്റ് കോളേജ്, കൊടുങ്ങല്ലൂർ
മാസ്റ്റേഴ്സ് സ്റ്റുഡന്റ്സ് യൂണിയൻ സ്റ്റുഡന്റ്സ്, എം. ഓ. യൂണിവേഴ്സിറ്റി, കോട്ടയം

പങ്കാളിത്ത ഘടനകൾ
യു. എൻ. ഡി. പി. - എൻ.കെ.കെ. മിഷൻ - എച്ച്. ആർ. എം. എൽ. പ്രൊജക്ട്



അടിച്ചിൽതൊട്ടിയിൽ വനവിഭവങ്ങളുടെ പങ്കാളിത്ത ഭൂപട നിർമ്മാണം ഉദ്ദേശ്യം പഞ്ചായത്ത് പ്രസിഡന്റ് കെ.കെ. റിശേഷ് നിർവഹിക്കുന്നു.

മുള, ഈറ്റ വിഭവങ്ങളുടെ പങ്കാളിത്ത ഭൂപട നിർമ്മാണം

പാലക്കാട് അതിരപ്പിള്ളി പഞ്ചായത്ത് വനമേഖലയിലെ മുള, ഈറ്റ വിഭവങ്ങളുടെ പങ്കാളിത്ത ഭൂപട നിർമ്മാണം അടിച്ചിൽതൊട്ടി ആദിവാസി കോളനിയിൽ നടന്നു. പഞ്ചായത്ത് പ്രസിഡന്റ് കെ.കെ. റിശേഷ് ഉദ്ദേശ്യം ചെയ്തു. ഈ ആഴ്ചൻ പേരുകൾ അദ്ധ്യക്ഷനായി. ഗവേഷകനായ ഡോ. കെ. എച്ച്. അമിതാ ബച്ചന്റെ നേതൃത്വത്തിൽ യു.എൻ.ഡി.പി.യും ഹരിതകേരളമിഷൻ ചേർന്നു നടന്ന ഹൈറോബ്ബൽ മൗനൻ ലാൻഡ്സ്കേപ്പ് പദ്ധതിക്ക് കീഴിലാണ് പാറം വയനാട് ഊവ് ഹോൺബിൽ ഫൗണ്ടേഷൻ എന്നി വസംയുക്തമായാണ് ഭൂപട നിർമ്മാണം നടത്തുന്നത്. പഞ്ചായത്തിലെ അടിച്ചിൽതൊട്ടി, പെരുമ്പാറ, വാച്ചുമരം, വാഴച്ചാൽ ആദിവാസി കോളനിയിൽ രണ്ട് ദിവസങ്ങളിലായി വിഭവ ഭൂപടം തയ്യാറാക്കും. വാഴച്ചാൽ വനമേഖലയിൽ പാറം ഉദ്ദേശ്യം ഡി. എഫ്. ഓ. ആർ. ലക്ഷ്മി പെരുമ്പാറ കാടർ ഗ്രാമസഭയിൽ നിർവഹിച്ചു. കോട്ടയം എം.ജി യൂണിവേഴ്സിറ്റി എൻ.എസ്.എസ്, അന്യോബിന്ദുസ്കേപ്പ് പദ്ധതിക്ക് കീഴിലാണ് പാറം വയനാട് ഊവ് ഹോൺബിൽ ഫൗണ്ടേഷൻ എന്നി സംഘടനകൾ.




PARTICIPATORY RESOURCE MAPPING OF BAMBOO
 ദിനോഴ്സ് ക്യാമ്പിലൂടെ
 വലിയ ഒരു അതുഭവ സമ്പത്ത് തേടാൻ അവസരം നൽകിയ
 MES ASMABI COLLEGE
 ഗവേഷകനായ ഡോ. കെ എച്ച് അബിതാ ബച്ചൽ സർ-നു ഒരു പാട് നന്ദി! സന്ദേഹം!

Thankyou

NSS ASMABI UNITS 53 & 95

COVID JAGRUTHA SAMITHI on 1/10/2021

The Covid Jagrdha Samithy meeting was presided over by College Principal Dr. A. Biju sir. Dr. Sumedhan sir Director of the self-financing course has delivered the welcome speech. Psychology HOD Latheef sir, SN Puram ward member Krishnendhu mam, staff secretary Dr. Sanad sir, health inspector Lijo sir, NCC Program officer Bindhil sir NSS programme officers and NSS secretaries had attended the meeting. College Principal Dr. A. Biju Sir suggested that a single dose of vaccine should be given compulsorily.

Food and other items should not be handed over.

PG classes, final UG classes including practicals would start on 4/10/2021.

classes with more strength should only be allowed to take classes batch-wise.

The principal informed that PTA meetings were conducted before the reopening of UG classes.

In addition, it was suggested that students need to wear N95 masks and be allowed to enter the college only after a temperature test.

classes will be started only after fumigation and cleaning of campus and classes under the leadership of NCC and NSS volunteers

Children with Covid symptoms should not be allowed inside the campus, and children coming to college must be sanitized along with two masks & gloves.

It was suggested that **a warning board must be put up in places where children regularly congregate under the coordination of NSS**

In classrooms only two children are allowed on a bench, that to prevents children's opportunity to interact closely with each other.

Teachers need to leave the classes only after reaching the next hour teacher to prevent contact, and a sanitizer be mandatory on each bench, and a daily basis survey makes effective results.

Finally, NSS Program Officer Dr. Princy Francis delivered the vote of thanks and thus ended the Covid Jagratha Samithi Meeting.

COVID AWERNESS NOTICE BOARD MAKING AND FIXING on October 4, 2021

As part of college reopening, **Warning boards** are put up to instruct students about the Covid protocols.

A meeting conducted by the COVID JAGRUTHA SAMITHY took the decision of cleaning the campus and putting up warning boards under the coordination of NSS. The Committee including Principal Dr. A. Biju sir, NSS program officers Dr. Princy Francis mam, Dr. Ansar E. B sir. Dr. Sumedhan sir Director of the self-financing course, Psychology HOD Latheef sir, SN Puram ward member Krishnendhu mam, staff secretary Dr. Sanad sir, health inspector Lijo sir, NCC Program officer Bindhil sir NSS Secretaries.

The warning boards are placed in five areas of campus: College front office area, Gurukulam, canteen area, College store area, and in the Open stage area, where these areas are regularly congregated by students.

The warning boards includes the instructions:-

- * Students needed to wear N95 masks and were not allowed to talk without masks.
- * It is suggested that to keep distance and unnecessary gatherings inside and outside the classrooms and in the campus are also restricted.
- * Students must leave the college after the classes are over.
- * It is suggested that not to share gadgets among the students. (Food and water also)
- * Avoid eating food together on campus.
- * Distancing must be kept in the hostel mess hall
- * Use sanitizer regularly.
- * Avoid touching nose, eyes, mouth directly by hands
- * Children with Covid symptoms should not be allowed inside the campus.
- * It is mandatory to obey tutors on the administration of classes.

The warning boards and campus cleaning works are installed under the coordination of NSS Secretaries Adhil K N, Anaswara C G, Devadevan G. And the construction of boards is done by the NSS volunteers Amtan, Sahal, Fayas, Safvan. (works include welding, PRINTING, Concreting the boards)...

MES ASMABI COLLEGE P.VEMBALLUR

കോളേജ് തുറക്കുന്നതിന്റെ ഭാഗമായി വിദ്യാർത്ഥികൾ ശ്രദ്ധിക്കേണ്ട കാര്യങ്ങൾ

- വിദ്യാർത്ഥികൾ മുഴുവൻ സമയവും N95 മാസ്ക് ധരിക്കണം.
- മാസ്ക് താഴ്ന്നിട്ട് സംസാരിക്കരുത്.
- അകലം കർശനമായി പാലിക്കണം. ക്ലാസ് മുറിക്ക് അകത്തോ, പുറത്തോ, കോളേജ് പരിസരത്തോ കൂട്ടം കൂടി നിൽക്കരുത്.
- ക്ലാസ് കഴിഞ്ഞാലുടൻ കൂട്ടികൾ കാമ്പസ് വിട്ട് പോകേണ്ടതാണ്.
- പേന, പെൻസിൽ, പുസ്തകങ്ങൾ തുടങ്ങിയവ കൈമാറരുത്.
- ഒന്നിച്ചിരുന്ന് ആഹാരം കഴിക്കുന്നത് ഒഴിവാക്കണം. ഭക്ഷണം ശുദ്ധജലം എന്നിവയും പങ്കുവെയ്ക്കരുത്.
- ഹോസ്റ്റൽ രെസ് ഹാളിലും സാമൂഹിക അകലം പാലിക്കണം.
- എല്ലാവരും സാനിറ്റൈസർ കരുതേണ്ടതും ഇടയ്ക്കിടെ കൈകൾ വൃത്തിയാക്കേണ്ടതുമാണ്.
- കൈ കൊണ്ട് മുക്ക്, വായ, കണ്ണ് എന്നിവിടങ്ങളിൽ സ്പർശിക്കരുത്.
- കോവിഡ്, ചുമ, ജലദോഷം, ശ്വാസതടസ്സം തുടങ്ങിയ രോഗലക്ഷണങ്ങൾ ഉള്ളതോ, സമ്പർക്കത്തിൽ ഉള്ളതോ ആയ കൂട്ടികൾ കോളേജിലും ഹോസ്റ്റലിലും വരരുത്.
- ക്ലാസ് നടത്തിപ്പുമായി ബന്ധപ്പെട്ട് അദ്ധ്യാപകർ തൽകൃത നിർദ്ദേശങ്ങൾ കൃത്യമായി പാലിക്കണം.

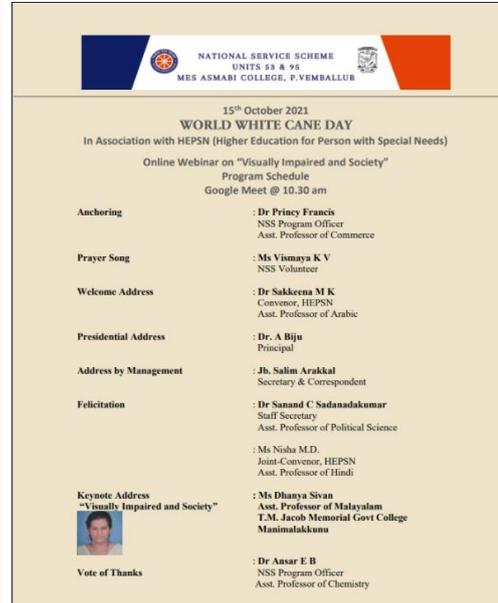
കോവിഡ് മാനദണ്ഡ സമിതി NSS യൂണിറ്റ് 53 & 95 പ്രിൻസിപ്പാൾ



56

WORLD WHITE CANE DAY ON 15.10.2021

Online webinar was organised on “Visually Impaired and Society” on 15th oct 2021 at 10.30 am. Ms Dhanya Sivan, Asst. Professor of Malayalam, T.M. Jacob Memorial Govt College, Manimalakunnu was resource person. The program was jointed organised by NSS units 53 & 95 and HEPSN.



57

Clean India Programm On 21-10-2021

Collected Plastic wastes from the Eriyad Abdhu Rahiman Beach on 21-10-2021 in association with NYK, Thrissur



Dr Princy Francis
Dr Ansar E B
NSS Program Officers
MES Asmabi College, P.Vemballur
Kodungallur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



Report of NSS Activities in the Month of November 2021

<https://nssasmabi.blogspot.com/2021/08/>

58

NATIONAL UNITY DAY PROGRAM

ESSAY WRITING AND PENCIL DRAWING COMPETITION

RELATED ON NATIONAL UNITY DAY

മനസ്സ് നന്നാവട്ടെ,

NSS ASMABI UNITS 53 & 95 , NATIONAL UNITY DAY യുമായി അനുബന്ധിച്ചു നടത്തുന്ന PENCIL DRAWING , ESSAY WRITING COMPETITION ൽ പങ്കെടുക്കാൻ താല്പര്യപ്പെടുന്ന ആദ്യ വർഷ വിദ്യാർത്ഥികൾ താഴെ കാണുന്ന ലിങ്കിൽ കയറി register ചെയ്യുക

<https://forms.gle/hjo4apHzs1vNBH2g7>

DATE : NOV 8th

TIME : 11:30 to 12:30

NB : മത്സരത്തിന് പങ്കെടുക്കുന്നവർ Pencil, Eraser, Ruler sharpner, pen എന്നിവ കൊണ്ടു വരുക Drawing sheet, മറ്റുള്ളവ കോളേജിൽ നിന്നും മത്സരവേദിയിൽ വെച്ചു provide ചെയ്യുന്നതാണ്.



59 PRIMARY HEALTH CENTER CLEANING WORK 14.11.2021

PRIMARY HEALTH CENTER CLEANING WORK

REPORT

Date: 14-11-2021

Time: 10 00 AM

Venue: PHC p vemballur

Work: Shifting of old items

MAY THE MIND BE GOOD

As a part of shifting of old items used in the Primary Health Centre P Vembellar, 5 NSS VOLUNTEERS of MES ASMABI COLLEGE NSS UNITS 53&95 participated in the shifting activities(14/11/2021) from 10 am to 2 pm and completed the whole shifting activities by following covid protocols.

Volunteers participated:1.Ashfak, 2.Safvan, 3.Juliyan, 4.Nabeel, 5.Fayas



60 VOLUNTEERS MEETING REPORT

REPORT

÷

Date:12/11/2021

Venue: College Auditorium

Benefisheries:85 volunteers

The NSS volunteers meeting of units 53&95 of MES Asmabi P Vemballoor was held on the 12th of November 2021 at the college auditorium. The meeting started at 1 pm noon and was presided by our respective program officers Dr. Princy Francis and Dr. Ansar E B.A total of 85 students attended the meeting.

NSS volunteer Vismaya started off the program by singing an NSS song. The main agenda of the meeting was to plan further programs and activities for the upcoming month. A total of five programs were finalized and the main coordinators and 5 members of the working committee were introduced.

The first program was a children's day celebration at Govt.LP school vemballoor and was coordinated by Riyas. The second one was the Anti-ragging campaign an and Avin is the coordinator. Next up is the renovation of Gurukulam coordinated by Amthan, swap shop by Jaseem, and ginger farming by Nabeel. The names of volunteers interested in participating in these programs were noted down by respective coordinators.

Both the program officers reminded all the volunteers to participate actively in every program and motivated them to bring new and innovative programs.NSS secretary Adhil K N gave the vote of thanks and the program was concluded by around 2 pm.



61 WASTE MANAGEMENT SURVEY, SN PURAM GRAMAPANJAYATH
15.11.2021

A meeting was held by Sreenarayanapuram Grama panchayat about the solid waste management survey on 15/11/2021 at Thevar palace auditorium SN Puram. The meeting started at 2:30 pm. Both the NSS program officers Dr. Princy Francis and Dr. Ansar E B and 3 NSS secretaries attended the meeting. It was about conducting a survey about cleaning and reinstating the natural flow of Kanoli Kanal, streams, and rivers that comes under the panchayat.



62

CHILDRENS DAY 14.11.2021

REPORT

CHILDREN'S DAY PROGRAMME

Date:16 November 2021

Time:10.00 AM to 12.30 PM

Venue: Government LP School Vemballur

Special Guests: Reshma[20th ward member]

:Shobha Sargadharan[Block member]

Co-ordinator:Riyas P S

Attendees: Jaseem Mohammed, Hamraz Mohammed, P N Nabeel, Iffath Ashiq

TP, Afeefa M V, Hayfa P, Alina M V, Lakshmi Gireesh, Riyas P S, Avin Anand Dev
C P, Abhiram, Vismaya, Dilse Mariyam, Samin, Sanamol M I, Jayalakshmi

Outcome: Encouraging and building up talents in children

A program was conducted on the 16th of November 2021 at Government LP School , Vemballur @10.00 AM to 12.30 PM regarding CHILDRENS DAY. All the NSS Volunteers who were in charge of the program was present at the school hall on time. Childrens of the school who was the main attraction of the day was also present on time in costumes of Mahatma Gandhi and Jawaharlal Nehru. On behalf of the special guests Mrs.Reshma (20th ward member) and Mrs.Shobha(Block member), NSS Programme officer DR Ansar, NSS volunteers and childrens the program started with the NSS song by Ms.Vismaya[NSS Volunteer]. Welcome speech was delivered by Mr.Riyas[NSS Volunteer] followed by the presidential address by Mrs.Krishna and the inaugural speech by Mrs.Reshma.Both of them delivered simple and common knowledge about childrens day. The program was anchored throughout by Ms.Aleena[NSS Volunteer]. Felicitation was delivered by DR.Ansar[NSS Programme Officer]. In the absence of Mrs.Omana(School Head Mistress), we started the game section. In the coordination of Mr.Riyas many simple and interesting games were conducted. We all were so lively and happy while attending that program. These programs helped us to have a very good interaction between those cute kids present in the school.

LIST OF PROGRAMS CONDUCTED:

>Speech, >Song, >Drawing competition, >Lemon race

>Chair race, >Candy picking, >Quiz competition

>Fancy dress All these programs were conducted and prizes were distributed to the winners. As a token of love, we served them with small chocolates. The program ended with a vote of thanks by Mr.Avin[NSS Volunteer].



63

ANTI RAGGING CAMPAIGN 18.11.2021

REPORT

ANTI-RAGGING CAMPAIGN

Venue: MES Asmabi College, PVembalur

Day1

On 19/11/2021, as a part of anti-ragging campaign, NSS volunteers (unit 53 & 95) of MES Asmabi College has conducted a poster/cartoon making competition and placard movement among 2nd year ug students. The programme was started at

11:30am. More than 15+ students has been participated in this programme. Placard movement was started about 12:30pm. NSS volunteers (ArthraTA, AlinaMV, Ruksana, RiswanaVN, KeerthanaBiju, NandanaMK, Ashfak Ahmad, HassankSharif, AnjanaRajesh, LakshmiGireesh, Selmath, SreeLakshmiG, Jaseem, RejinRoshanKP, Abhiram Cjoshi) has participated in placard movement in front of the College.

Day2

On 18/11/2021, as a part of the anti-ragging campaign NSS volunteers (unit 53&95) of MES

Asmabi College has conducted a poster/cartoon-making competition among 1st&3rd year ug students. The program was started at 12:30pm. More than 15+ students have participated in this program under the coordination of AvinAnand Dev. The program was ended at 1:30pm.



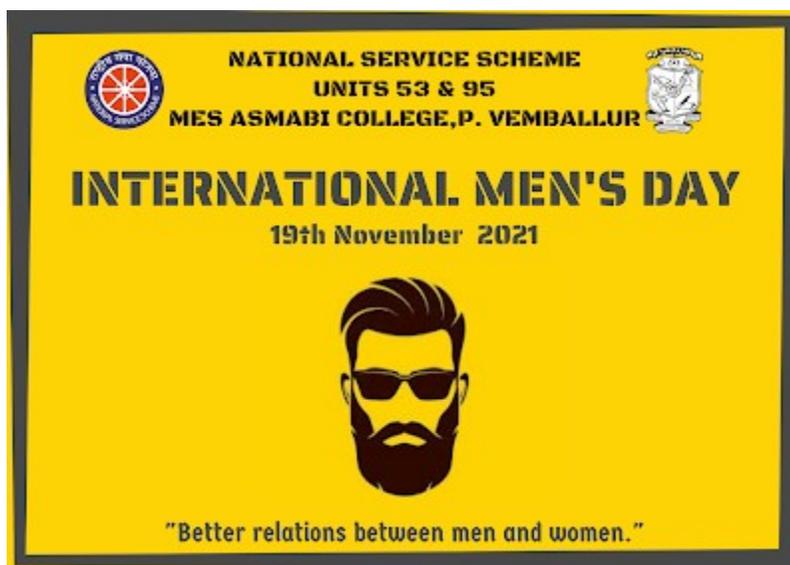
64

WORLD ADULT DAY 18.11.2021

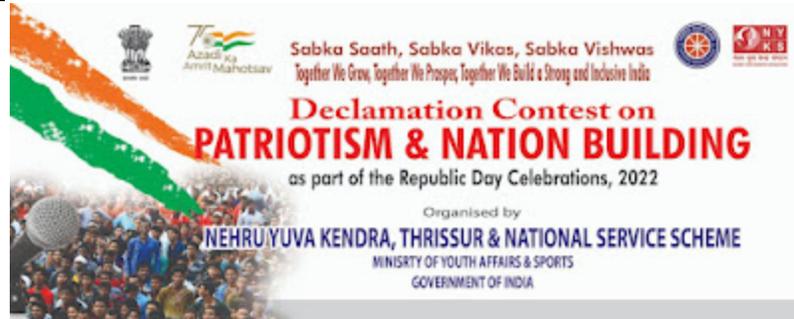


65

NOVEMBER 19 INTERNATIONAL MEN'S DAY



DECLAMATION CONTEST ON PATRIOTISM AND NATION BUILDING



67

WORLD TOILET DAY 19.11.2021



68

ALPHA PALLIATIVE VOLUNTEER TRAINING PROGRAM

REPORT

DATE:18-11-2021

PLACE: ALPHA PALLIATIVE, ERIYAD

VOLUNTEER TRAINING: DR. JOSE BABU, ALPHA PALLIATIVE CARE DOCTOR, AND RESEARCHER

BENEFICIARIES: 18 NSS VOLUNTEERS

Alpha palliative volunteer training program was conducted on alpha palliative center, Eriyad on 18 November 2021 at 1:30. 18 volunteers participated in the training program in the presence of NSS program officers Dr. Princy Francis and Dr. Ansar e.b. The program was started with an NSS song by Ajmal, the NSS volunteer. The welcome speech is delivered by Mrs. Khadeeja, Alpha palliative president. The training class was made by Dr. Jose Babu, Alpha palliative doctor, researcher and living will. The training session was very informative and helpful. Well informed about the importance of palliative and basic things

needed for a palliative volunteer. The session was ended by the vote of thanks by Ajmal, the NSS volunteer.



69

SN PURAM GRAMAPANJAYATHMASS WASTE MANAGEMENT SURVEY (WARD 18, 20) TEAM 1

REPORT

SURVEY[WATER POLLUTION]

Date:20th November 2021

Time:

Venue: Ward 20 Vemballur

Coordination: Riyas P S

Participants:Mannya, Neena, Sanamol, Sagar, Aswani Outcome: Controlling water pollution

NSS Volunteers of MES Asmabi College in coordination with Mrs.Reshma(20th ward member) and Aasha workers of the ward conducted survey on 20th of November 2021 regarding the collection of information about disposal and daily usage of water. They visited different houses in the ward met the house members and enquired about their daily usage of water and ensured whether they are disposing of the used water in houses such as water after rinsing clothes, water from bathrooms...etc to the canals or not. Volunteers had done their maximum by helping the ward members in conducting the survey.



WARD 18 REPORT

SURVEY (WATER POLLUTION)

Date: 21th November 2021

Time: 10 00 am

Venue: Ward 18

Coordination : Safvan K A

Outcome: Controlling water pollution

As a part of the survey regarding water pollution, NSS Volunteers of MES Asmabi College had participated in the survey in coordination with Mrs.Prasanna(18th ward member) and Aasha workers of the ward conducted on 21st of November 2021 to know about the information about disposal and daily usage of water. They visited different houses in the ward and meet the house members and collected the details about their daily usage of water and ensured whether they are disposing of the used water in houses such as water after rinsing clothes, water from bathrooms...etc to the canals, pounds or not. They enquired about the polluted water bodies and take a list of them. They had done a great effort by being a part of the survey and helping the member and Aasha workers of the ward to collect all the information in the survey and complete it.

Volunteers participated:

1. Safvan K A, 2. Sreelakshmi G, 3.SheLna A S, 4. Farhana Fathima R M
5. Fayas V J, 6. Thanha V S



PAIN AND PALLIATIVE HOME CARE TRAINING PROGRAM **22.112021**



REPORT

Pain and Palliative home care training program

Date - 22-11-2021

Talk about home care - Dr. JOSE BABU (Alpha palliative doctor and researcher)

Venue - zoom meet

Beneficiaries - 35 volunteers

Outcome - received new information about home care

The webinar of the palliative home care training program was conducted on 22 November 2021 at 6.30 pm through zoom meet (<https://us04web.zoom.us/j/72097264135?pwd=cFo2T3JtbHg3TEdxcnNidE93dkQyQT09>). The training program was given by Alpha palliative center, eriyad. The talk about the home care program was delivered by Dr. Jose Babu (Eriyad Alpha palliative Centre doctor and researcher) researcher. 35 NSS volunteers of MES ASMABI

college participated in the program in the leadership of NSS program officers Dr. Princy Francis and Dr. Ansar E. B. The volunteers are well informed about the active listening skill needed by a palliative volunteer and basic needs wanted to develop in a palliative volunteer. The session was very interesting.

71

CAMPUS ROAD CLEANING WORK

REPORT

MES ASMABI college road

Side cleaning program

Date - 24/11/2021

Day - Wednesday

Place - Mes Asmabi college roadside

NSS Unit of MES Asmabi College organized a roadside cleaning activity on 24/11/2021 from 11.30 am to 1.30 pm As part of the Public Place Cleaning. On the leadership of NSS officers Dr. Princy Francis and Dr. Ansar. E. B, 8 NSS volunteers engaged in the cleaning activity.



CONSTITUTION DAY (PREAMBLE READING) NOV 26th 2021

NATIONAL SERVICE SCHEME UNITS 53&95
MES ASMABI COLLEGE, P. VEMBALLUR

NATIONAL CONSTITUTION DAY

Justice, liberty, equality, fraternity.
May our dream of a new tomorrow come true for us

26 - NOVEMBER - 2021

GOVERNMENT OF INDIA
MINISTRY OF PARLIAMENTARY AFFAIRS

PREAMBLE TO THE CONSTITUTION

PREAMBLE

WE, THE PEOPLE OF INDIA,
having solemnly resolved to constitute India
into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC
REPUBLIC and to secure to all its citizens:
JUSTICE, social, economic and political;
LIBERTY of thought, expression, belief, faith and worship;
EQUALITY of status and of opportunity;
and to promote among them all
FRATERNITY assuring the dignity of the individual and
the unity and integrity of the Nation;
IN OUR CONSTITUENT ASSEMBLY this 26th day of
November, 1949, do HEREBY ADOPT, ENACT AND GIVE
TO OURSELVES THIS CONSTITUTION.

I have read the Preamble

Anand Rajan
Signature

344378872

NOV 26 2021

GOVERNMENT OF INDIA
MINISTRY OF PARLIAMENTARY AFFAIRS

PREAMBLE TO THE CONSTITUTION

PREAMBLE

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I have read the Preamble

Fajun VJ
Signature

973243742

NOV 26 2021

GOVERNMENT OF INDIA
MINISTRY OF PARLIAMENTARY AFFAIRS

PREAMBLE TO THE CONSTITUTION

PREAMBLE

WE, THE PEOPLE OF INDIA,
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LIBERTY of thought, expression, belief, faith and worship;
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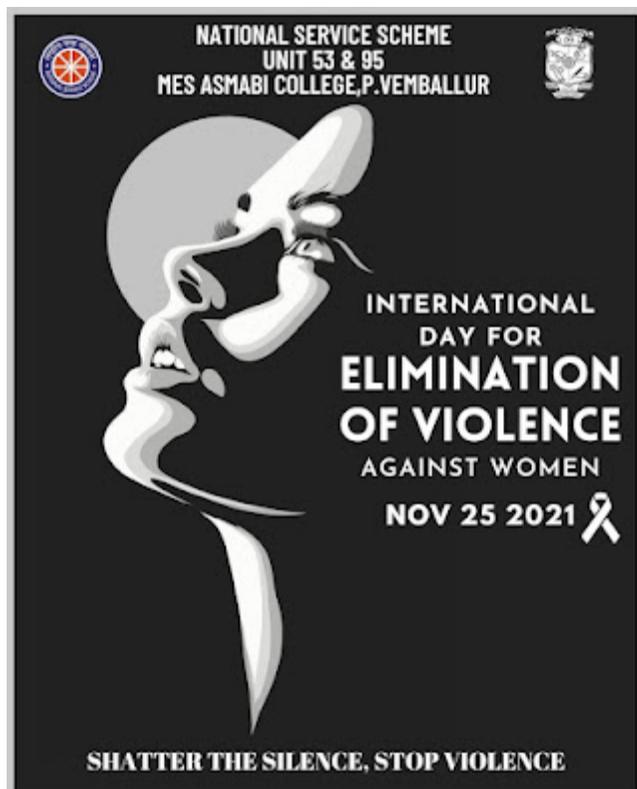
Anjan Rajan
Signature

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NOV 26 2021

73

INTERNATIONAL DAY FOR ELIMINATION OF VIOLENCE AGAINST WOMEN



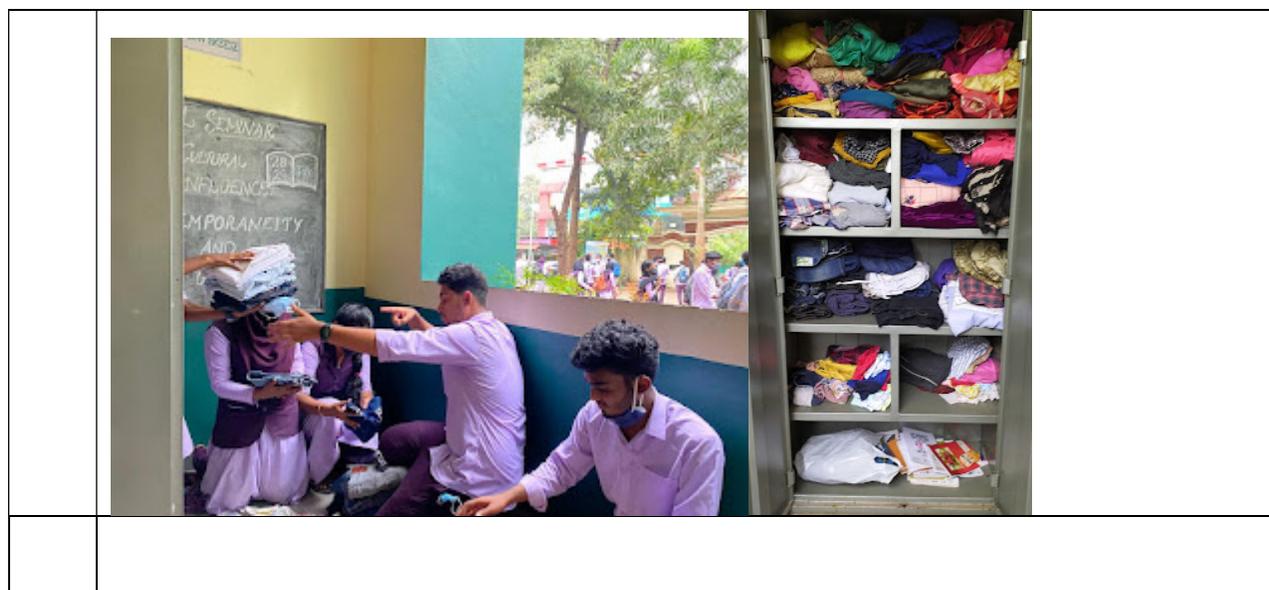
74

SWAPSHOP COLLECTION

Report: Swapshop collection

Venue : MES Asmabi college

On 24-11-2021 NSS volunteers of MES Asmabi College introduced about swap shop among first year UG students under the coordination of Jaseem. Then next day (25 -11-2021) it introduced among second-year UG students @11: 30 am to 1:30 pm . Most of the students participated well in the program. On 30-11-2021 the collected clothes and things was washed, dried, and also ironed at house of NSS volunteer (Karthika) . Then these items are packed well by NSS volunteers vijayalakshmi, Karthika ,Vismaya, Sreya ,Pradeeksha, Avin Anand Dev, Hamraz ,Abhiram, Sana mol , Devapriya .



Dr Ansar E B

Dr Princy Francis

NSS Program Officers

MES Asmabi College, P.Vemballur

Kodungallur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



**Report of NSS Activities
In the month of December 2021**

<https://nssasmabi.blogspot.com/p/about-nss.html>

73

AIDS DAY RIBBON DISTRIBUTION 1.12.2021

Date:1-12-2021

Time:1:30pm

Venue:MES Asmabi College

As part of world AIDS day campaign, the Ribbon distribution programme was conducted by NSS volunteers of MES Asmabi College under the coordination of AfeefaM V. The ribbon was tied up pockets of the students by NSS volunteers. Everyone supported well in this programme. NSS volunteers (Hyfa, DilseMariyam, IffathAshiq) helped for conducting the programme.



74

NATIONAL POLLUTION AWARENESS CLASS 2.12.2021

Venue: MES High school

Time: @10:30am

Coordinator: Aysha

National Pollution Control Day is observed on 2nd December every year. The day is observed as a national pollution control day to commemorate the lives of the people who died in the Bhopal gas tragedy in 1984. The main objective of this day is to educate the people and to make them aware of pollution control acts and industrial disasters. This year will be marked as the 37th national pollution control day.

On behalf of this day, an awareness class was conducted on 2nd December 2021 for 8th std students @ MES High school. Introduction was done by Lakshmi (nss volunteer) and the awareness class was taken by Farsana (nss volunteer). And the session ended by a video presentation was presented.



75

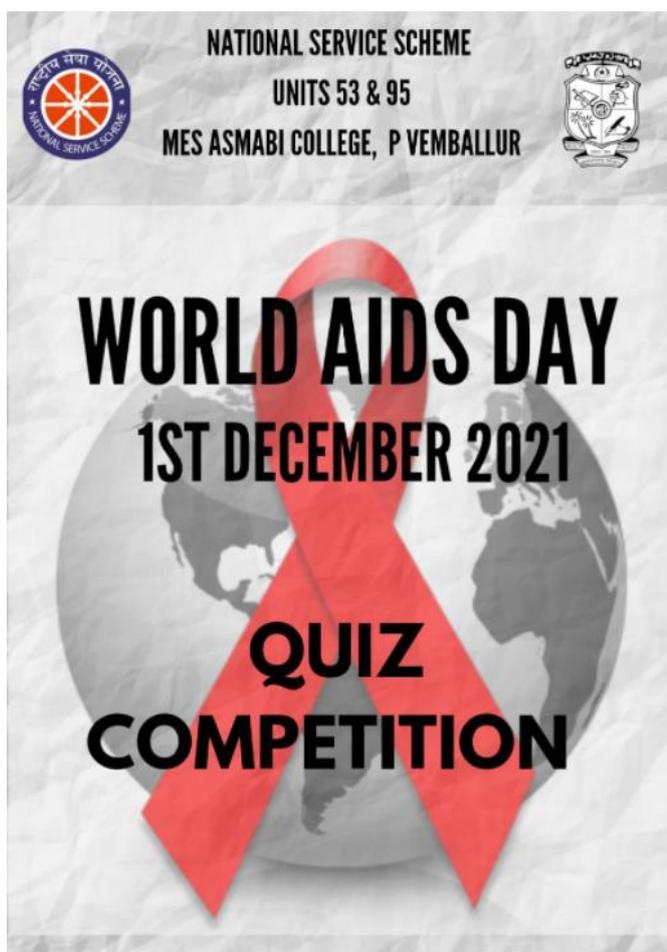
QUIZ COMPETITION ABOUT AIDS DAY

DATE: 01/12/2021

RESPONSE: 115

World AIDS Day brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic. The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world. It has become one of the most widely recognized international health days and a key opportunity to raise awareness, commemorate those who have died, and celebrate victories such as increased access to treatment and prevention services.

The quiz competition was conducted through Google form on behalf of WORLD AIDS DAY. There were a good response to this quiz competition.



76

POSTER MAKING ON NATIONAL POLLUTION CONTROL DAY

Date : 02 December 2021

Time:11.30 AM to 12.30 PM

Venue:Room no: 53

Co-ordinator:Mohamed Adil CM

COMMITTEE MEMBERS :Aysha nafrin, Mohamed Farzin, Afeefa M V, Hayfa P,
Lakshmi Gireesh, sayeed safvan, shabhana sadik, ansila

Outcome:To inform the importance of pollution control

A program was conducted on 02 November 2021 at Room no :53 @11.30 AM to 12.30 PM regarding POLLUTION CONTROL DAY. All the NSS Volunteers who were in charge of the programme was present at the Room no:53 on time.The participants were 1 year UG Students and they participated very well. These programs helped us to have a very good interaction between the young artist in the college.



77

COLLEGE AUDITORIUM CLEANING

Report: Auditorium cleaning

Date : 2 - 12 - 2021

Time: 4: 00 pm

Venue: MES Asmabi college Auditorium

NSS volunteers of MES Asmabi college has cleaned the college auditorium on 02 -12-2021(Thursday) @ 4:00 pm under the coordination of Hayfa .P. Everyone give the best support and coordination towards them. NSS Volunteers Dilse Mariyam P.P, Afeefe M.V, Iffath Ashiqa, Riswana V.N, Ruksana initiated the programme. The programme went well. About 5:00 pm they cleaned all around the auditorium.



78

INTERNATIONAL DAY OF PERSON WITH DISABILITIES 06.12.2021

Date: 6 December 2021

Time: 10.30 AM to 12.30 PM

Venue: MES Asmabi College Auditorium

Resource Person: Ms. Rajeshwari V.N.[First wheelchair television anchor in india]

Mr.P.M Majeed[Vice president,Kerala Handicapped Association of India]

Coordination: Riyas P S

Attendees:All NSS volunteers

As part of International Day of persons with disabilities NSS volunteers in coordination with HESPN conducted a seminar on the topic leadership and participation of persons with disabilities towards an inclusive, accessible and sustainable post-covid-19 world. The program started with a prayer by Vismaya[NSS Volunteer] followed by the welcome speech by Riyas[NSS Volunteer]. DR.A Biju[Principal MES Asmabi] conveyed the presidential address and Jb. Salim Arakkal [Secretary and Correspondent MES Asmabi]conveyed the management address followed by the inaugural address by Mr. PM Majeed[Vice president, Kerala Handicapped Association of India. After that the keynote address was conveyed by special guest Ms. Rajeshwari M K[First wheel chair anchor in India]. Our NSS volunteers succeeded to make contact with the most appropriate resource person on this day to deliver the keynote and inaugural address. Their life the journey itself is the best inspiration. It was a pride moment for us to have Ms. Rajeshwari as our special guest. Most of the humans in our society are rich with health wealth and talent but they don't know how to use it appropriately, in such a living condition it is a great honor that she had conquered great heights which normal handicapped people can't even dream.

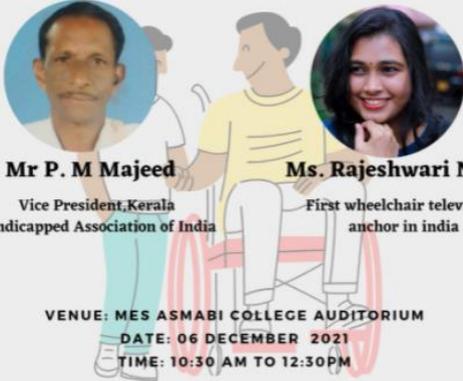
Felicitations for the program were conveyed by Dr.Sakkeena M K[HESPN Program Officer], Dr. Ansar E B and Dr. Princy Francis[NSS program officers]. The program ended with a vote of thanks by NSS volunteer Shamil.



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR



INTERNATIONAL DAY OF PERSON WITH DISABILITIES
03 DECEMBER 2021



Mr P. M Majeed

Vice President, Kerala
handicapped Association of India

Ms. Rajeshwari N.V

First wheelchair television
anchor in india

VENUE: MES ASMABI COLLEGE AUDITORIUM
DATE: 06 DECEMBER 2021
TIME: 10:30 AM TO 12:30PM

SEMINAR ON
LEADERSHIP AND PARTICIPATION OF PERSONS WITH
DISABILITIES TOWARD AN INCLUSIVE, ACCESSIBLE AND
SUSTAINABLE POST-COVID-19 WORLD.
CONDUCTED BY
NSS IN ASSOCIATION WITH HESPN



NATIONAL SERVICE SCHEME
UNITS 53&95
MES ASMABI COLLEGE, P. VEMBALLUR



**INTERNATIONAL DAY OF DISABLED
PERSONS** 3 December 2021

VENUE : MES ASMABI COLLEGE
AUDITORIUM
DATE : 6 DECEMBER 2021
TIME : 10.30 AM TO 12.30PM

- Prayer** : Vismaya.K.V
NSS volunteer
- welcome speech** : Riyas.P.S
NSS volunteer
- Presidential Address** : Dr.A.Biju
Principal
- Management Address** : Jb.Salim Arakkal
Secretary and correspondent
- Inaugural Address** : Mr P.M.Majeed
Vice president, Kerala
handicapped Association of india
- Keynote Address** : Ms. Rajeshwari.V.N
First wheelchair
television anchor in india
- Felicitation** : Dr. Sakkeena.M.K
HESPN Program officer
- Dr. Princy Francis
Dr. Ansar.E.B
NSS officers
- Vote of thanks** : Shamil perapurath
NSS volunteer

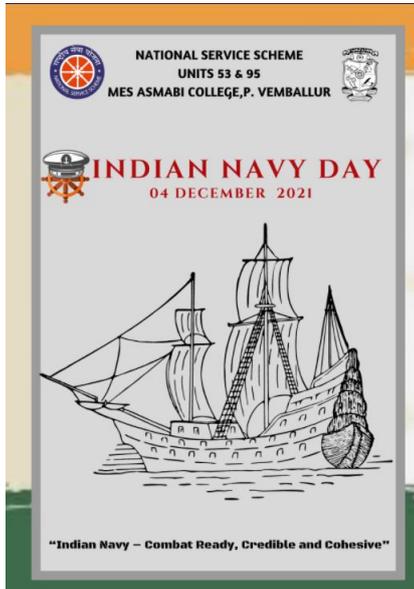


Disabled day program on college auditorium by NSS,
MES Asmabi college, P. Vemballur on 06/12/2021

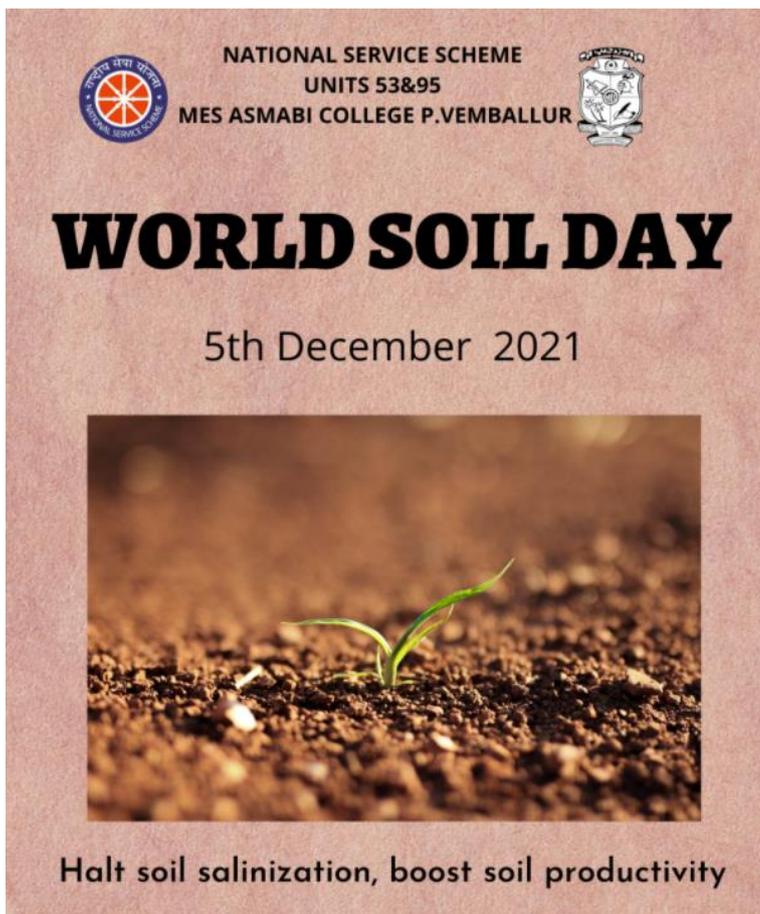


DAY OBSERVATIONS IN THE MONTH OF DECEMBER, 2021

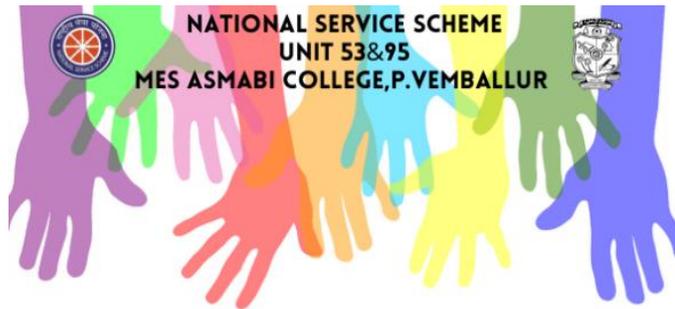
INDIAN NAVY DAY 04.12.2021



WORLD SOIL DAY 05.12.2021



INTERNATIONAL VOLUNTEERS DAY 05.12.2021



December 5 2021

INTERNATIONAL VOLUNTEERS DAY

THANKING PEOPLE ALL AROUND THE WORLD WHO
DEDICATE THEIR PRECIOUS TIME AND EFFORTS TO
VOLUNTARY SERVICE

Dr Princy Francis
Dr Ansar E B
NSS Program Officers
MES Asmabi College, P.Vemballur
Kodungallur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



**Report of NSS Activities
In the January 2022**

<https://nssasmabi.blogspot.com/p/about-nss.html>

1. **NYF (National Youth Festival) Programme on 11-01-2022**

Date: 11-01-2022 to 18-01-2022

Venue: Namo app

Beneficiaries: 107 volunteers (collected 107 certificates)

Outcome: after participating this programme, each volunteer got confidence to participate national level competitions by submitting Essay and also got insight about the development of India.

Co-ordinator: Risvana P S (B.Sc Botany)



2.

Dress Collection for Swap Shop on 12-01-2022

Date: 12-01-2022

Venue: MES Asmabi College

Beneficiaries: Poor People around the college

Outcome: Got insight about sharing mentality.

Co-ordinator: Soshna (B A Economics)



3.

Campus Cleaning on 12-01-2022

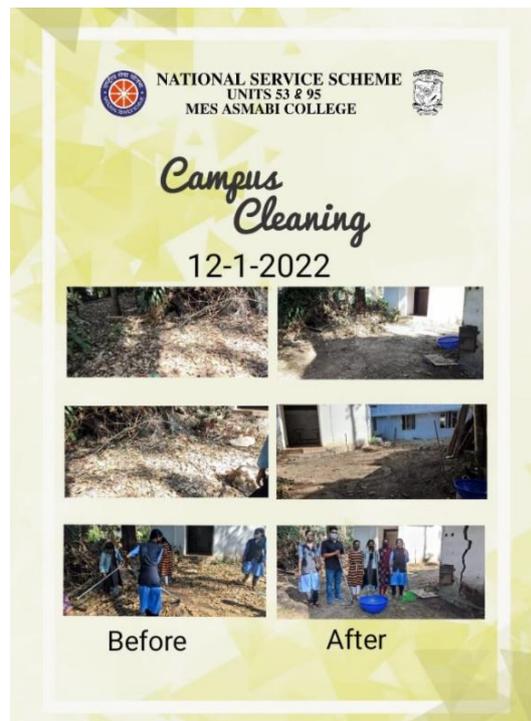
Date : 12-01-2022

Venue ; MES Asmabi College

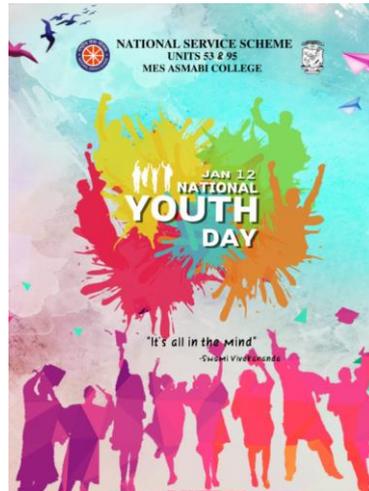
Beneficiaries: NSS Volunteers

Outcome : Got insight about the cleanliness.

Co-ordinator : Nandhitha C B (B.Sc Maths)



4. **Observed National Youth Day on 12-01-2022**



5 **Food Distribution on 13-01-2022**

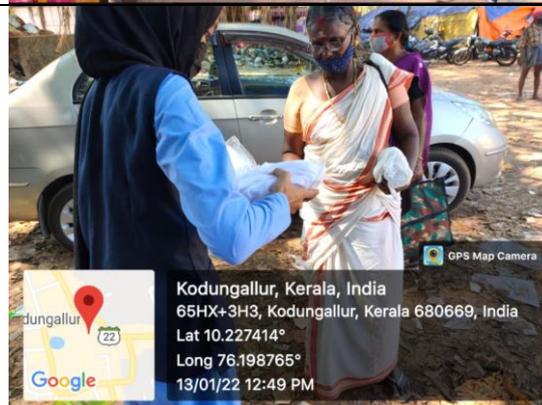
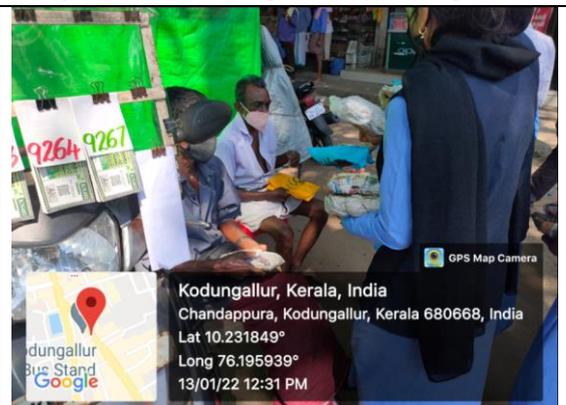
Date: 13-01-2022

Venue: Kodungallur (Offline)

Beneficiaries: 190 people at Kodungallur area

Co-ordinator: Muhsina Yousuf (B.Sc. Botany)

Outcome: Created public serving mentality among students through food sharing.



6

Webinar on Catch the Rain Where It Falls When It Falls on 15-01-2022

Date : 15-01-2022 @ 7 pm

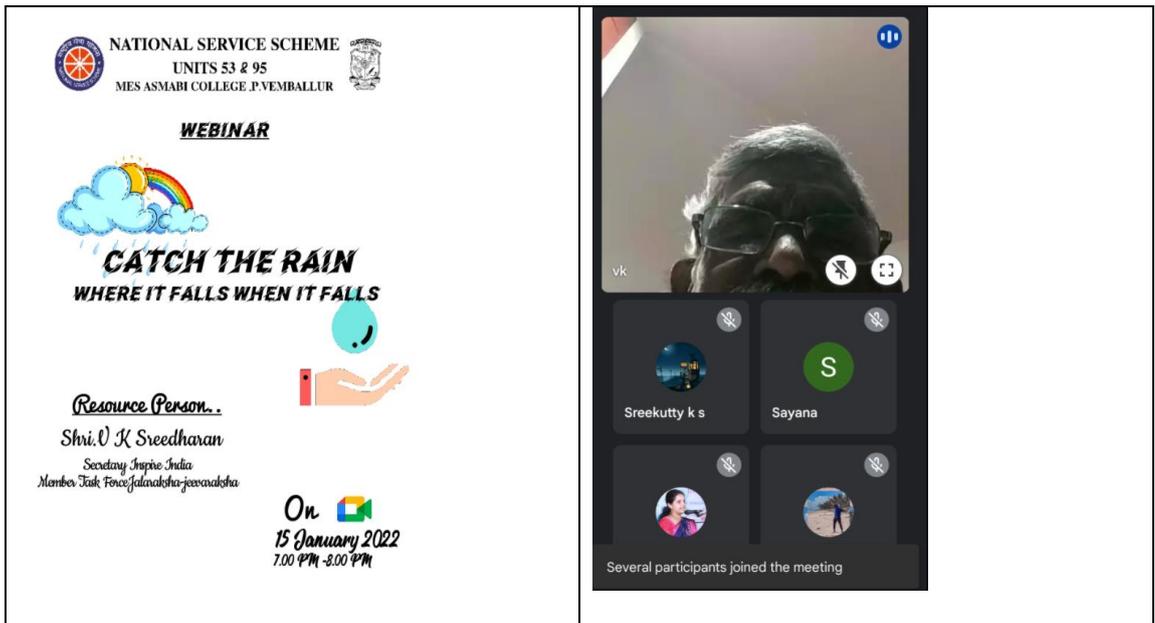
Venue : google meet

Beneficiaries : 107 volunteers

Resource Person: **Mr V K Sreedharan**, Secretary Inspire India, Member Task Force, Jalaraksha-Jeevaraksha

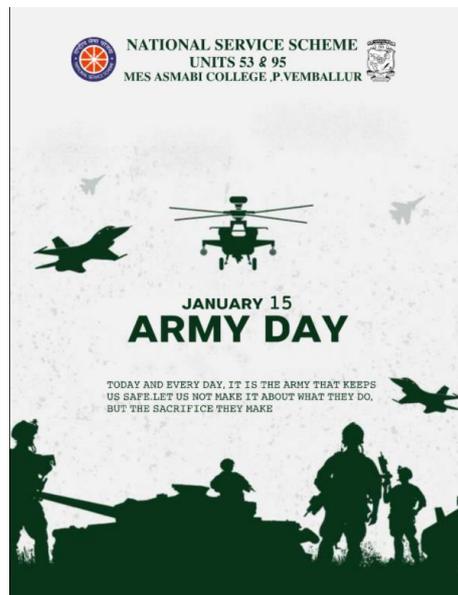
Outcome : after completing this webinar each volunteer was able to know about the value of each drop of water and how to collect that water and make it useful.

Co-ordinator : Sreekutty K S (B.Com Finance)



7

Observing Army Day on 15-01-2022



8

Webinar on Palliative Experience Sharing

Date: 16-01-2022 @ 7.30 pm

Venue: google meet

Beneficiaries: NSS Volunteers

Resource Person: MS HASNA FATHIMA, the SIP volunteer (Students Initiative in Palliative)

Outcome: Created awareness about palliative care and also created willingness to participate in it.



9

Observed National Day of Patriotism on 23-01-2022

NATIONAL SERVICE SCHEME
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MES ASMABI COLLEGE, P.VEMBELLUR

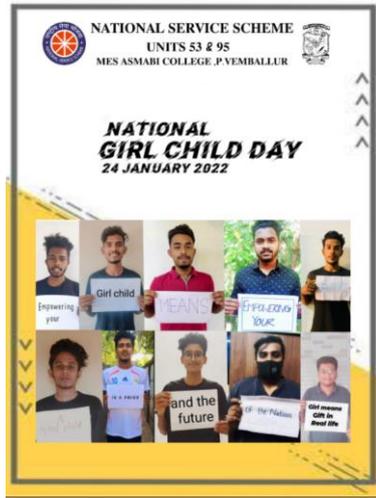


"Patriotism consists not in waving the flag, but in striving that our country shall be righteous as well as strong."



Observed national Girl Child Day on 24-01-2022

<https://nssasmabi.blogspot.com/2022/01/national-girl-child-day-24-01-2022.html>



11

REPUBLIC DAY QUIZ 25-01-2022

Date: 25-01-2022 from 10 am to 7pm

Venue: Google form through whats app

Beneficiaries: NSS Volunteers and other students

Outcome: After completing this quiz competition each volunteer was able to know about republic day.

Co-ordinator : Susmitha K S (B.Com Finance)



12

Webinar on Making of Indian Republic on 26-01-2022

Date: 26-01-2022 @ 4pm

Venue: Google meet

Beneficiaries: NSS Volunteers

Outcome: Secured knowledge about Republic Day

Resource Person: **Prof. Renjith Kumar A, HOD of Political Science, NSS College, Nemmara.**

Co-ordinator: Susmitha K S (B. Com Finance)



Dr Princy Francis
Dr Ansar E B
NSS Program Officers
MES Asmabi College, P.Vemballur



NATIONAL SERVICE SCHEME
UNIT 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR



**Report of NSS Activities
In the Month of February 2022**

<https://nssasmabi.blogspot.com/p/about-nss.html>

1

Participated in the training program for the volunteers of NSS COVID Warriors Cell conducted by Kerala State Disaster Management Authority on 3-2-2022 at 10 am

National Service Scheme State Cell
Training Program for the Volunteers of NSS COVID Warrior Cell
Organized by
Kerala State Disaster Management Authority
03 February 2022 | 10.00 am | Cisco Webex Online Platform

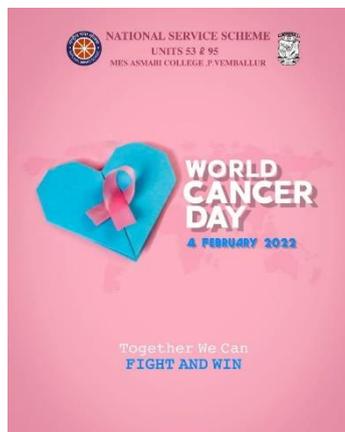
Presidential Address	Inaugural Address	Resource Person
 Dr Anzer R N State NSS Officer	 Dr Sekhar L. Kuriakose Member Secretary, KSDMA	 Dr Anish T S Asst. Professor Tiruvandam Medical College

NOT ME BUT YOU | Youth for Prevention & Mitigation of COVID19 | BE THE WARRIOR

STATE NSS MEDIA CELL

2

Observed World Cancer Day on 04-02-2022



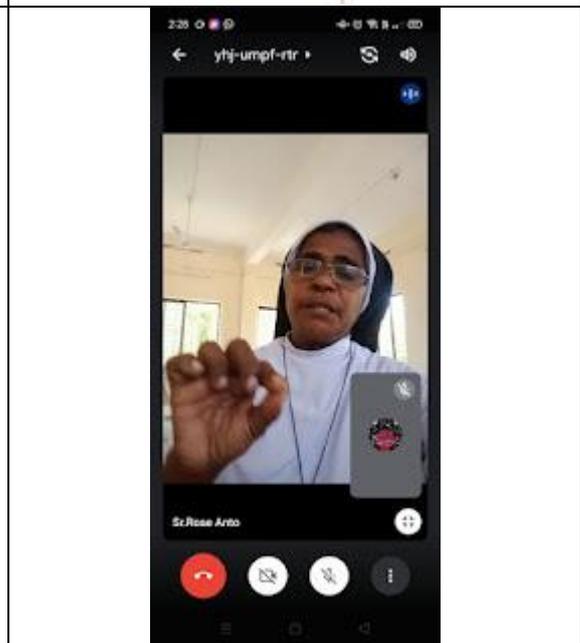
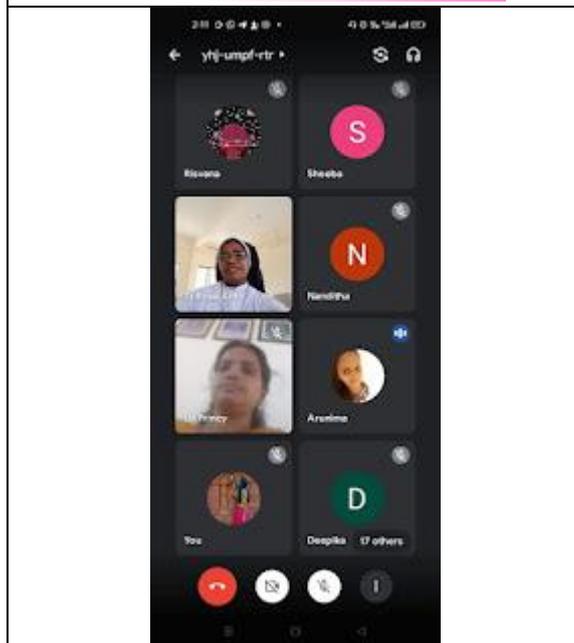
3

Conducted WEBINAR ON WORLD CANCER DAY 04-02-2022
Date: 04-02-2022

Venue: Google meet
 Beneficiaries: NSS Volunteers
 Outcome: Importance of Cancer Day
 Coordinator : Arunima sudhakaran (BCOM CA)
 Resource person: DR.SR.ROSE ANTO



NATIONAL SERVICE SCHEME UNITS 53 & 95 MES ARMARI COLLEGE, P.VEEMBALLEH	
WORLD CANCER DAY AWARENESS PROGRAMME 4 February 2022	
NSS song	2 Deeptha NSS Volunteer
Welcome speech	2 Arunima Sudhakaran NSS Volunteer
Introductory speech	2 Dr. Princy Francis
Presidential address	2 Dr. P. Sija Principal, MES Armari College P. Veemballeh
Keynote address	2 Dr. Sr. Rose Anto
Felicitation	2 Dr. Anas E B
Vote of thanks	2 Muhammad Ridha T. of NSS Volunteer
Webinar	2 On Google meet 2.00 pm



4

NARCOTICS CONTROL BUREAU "SAY YES TO LIFE ,NO TO DRUGAS " PLEDGE

Date: 07-02-2022

Venue: [http://pledge my gov.in-link](http://pledge.my.gov.in-link)

Beneficiaries: 107 volunteers (collected 107 certificates)

Outcome: By taking these pledge "SAY YES TO LIFE, NO TO DRUGS, each volunteers got insight to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life. 20 students had got certificate from Narcotics Control Bureau by representing whole college

Coordinator : Risvans P S (BSC Botany)



5

SAFER INTERNET DAY -DIGITAL FESTIVAL

Date: 08-02-2022 to 14-02-2022

Venue: Online

Beneficiaries: Students

Outcome: The volunteers were able to develop their skills in digital arts, photo editing and video editing. We were able to spread the awareness that there is a good side to internet through these art.

Coordinator: Nikhil Nath S R (B. Com Finance)

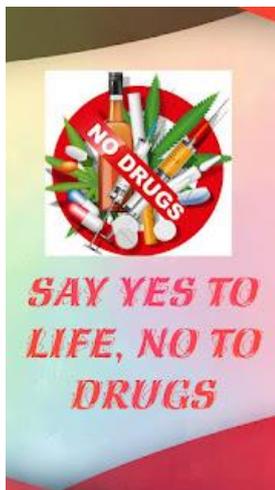
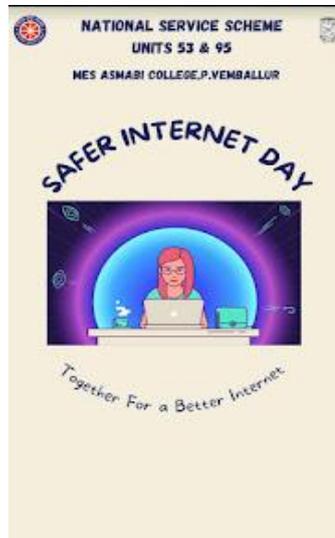


Say yes to life



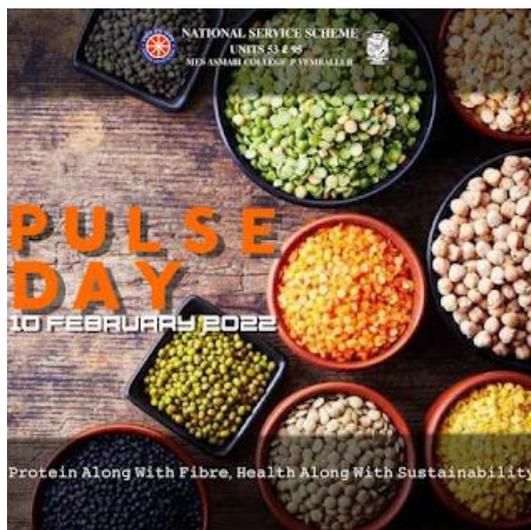
No to drugs

Say **YES** To
Life!!



6

Observed Pulse Day on 10-02-2022



7

WEBINAR ON MARRIAGE DAY ON 13-02-2022

Date: 13-02-2022 @2.30 pm

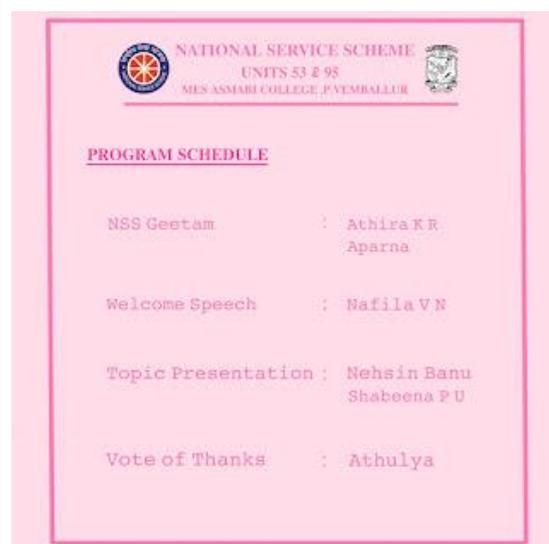
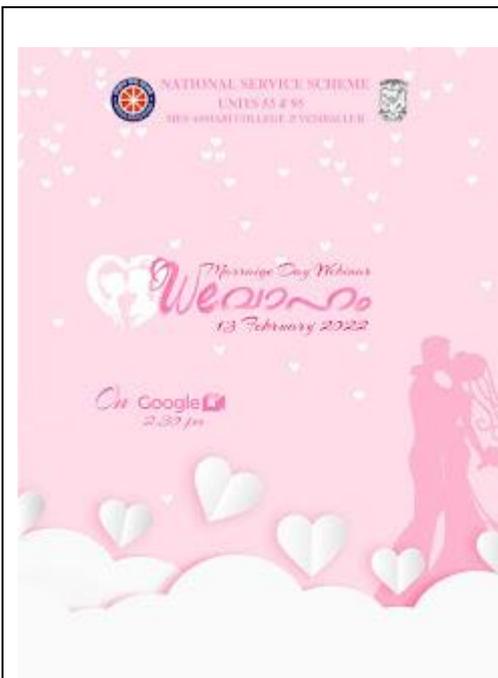
Venue: Google meet

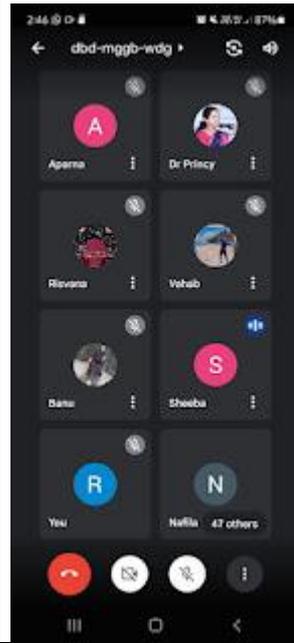
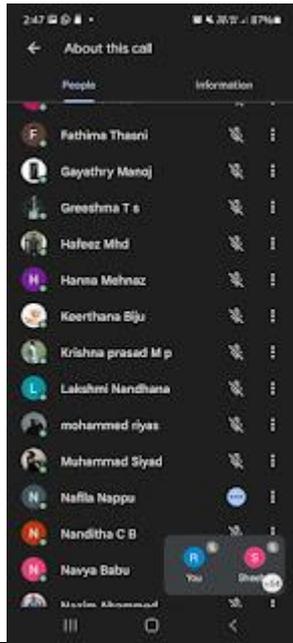
Beneficiaries: NSS Volunteers

Outcome: After completing this webinar each volunteer able to know about marital life.

Coordinator : Riswana k m (BA English)

Resource person: NAHSIN BANU and SHABEENA P U (NSS Volunteers)





8

BLOOD DONATION Camp ON 17-02-2022

MES ASMABI COLLAGE IN COLLABORATION WITH IMA BLOOD BANK THRISSUR, & LIONS CLUB, PERINJANAM.

Date: 17-02-2022

Venue: Seminar Hall, MES Asmabi college

Beneficiaries: 58 Donators

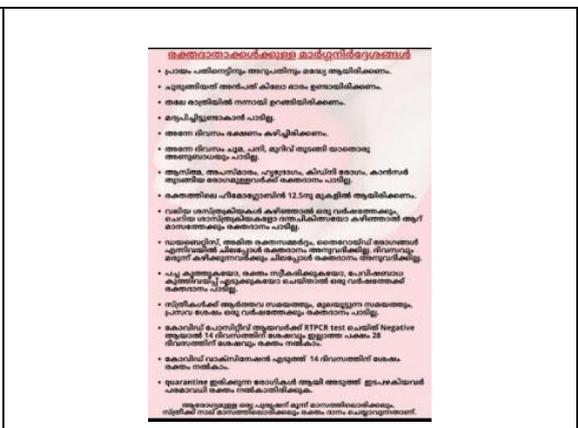
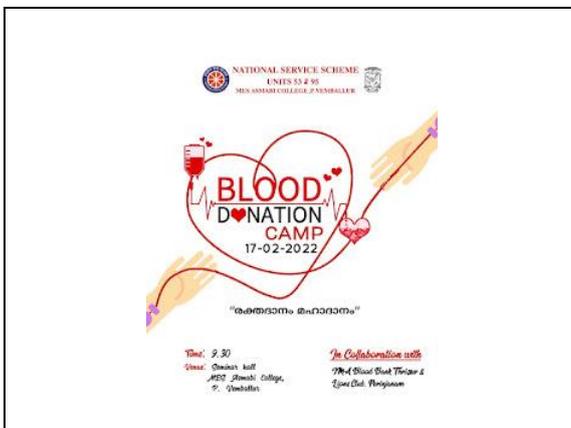
Outcome: To cultivate a caring attitude towards community who need blood.

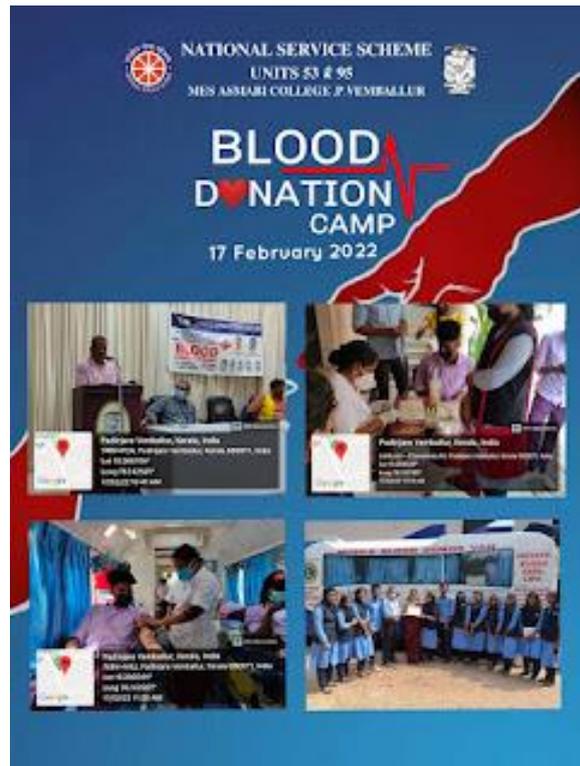
Coordinator: Nihala Abdul muthalib (BSC Maths)

Resource person: E.T TAISSON MASTER (MLA)

SALEEM ARAKKAL (COLLEGE SECRETARY AND CORRESPONDENT)

L N PRASANNAN THARAYIL (LIONS CLUB SECRETARY)





9

Participation in the PAPER BAG MAKING PROGRAMME

Date: 18-02-2022

Venue: Auditorium

Beneficiaries: NSS Volunteers

Outcome: Volunteers able to know how to make Paper bag

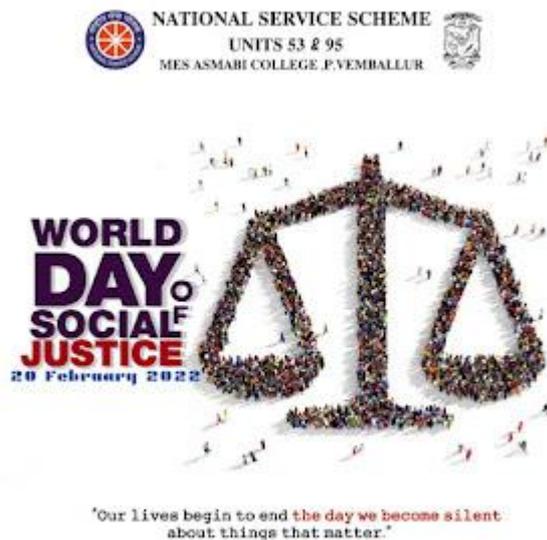
Coordinator: Aparna K A (BA English)

Resource person: T B SHIVAKUMAR (SECRETARY OF GANDHI SMARAKA GRAMA
SEVAKENDHRAM, PARVOOR)
VINOD (TRAINING CORDINATOR)



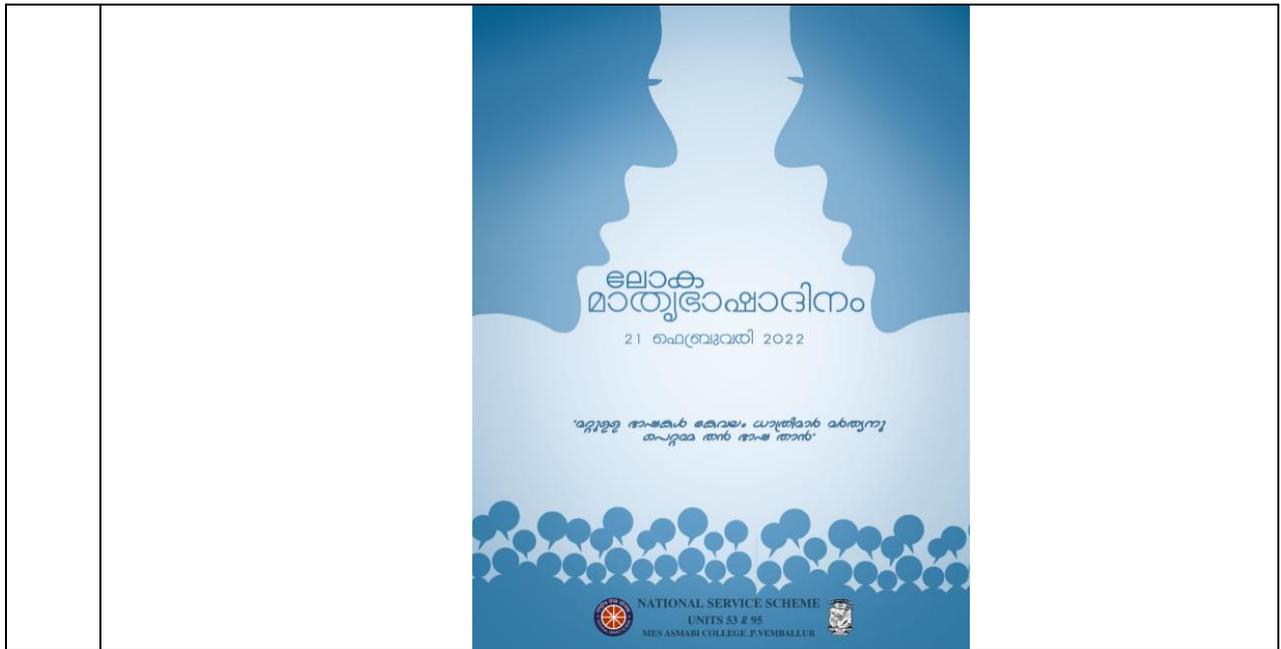
10

Observed World Day of Social Justice on 20-02-2022



11

Observed World Language Day on 21-02-2022



12 Observed National Science Day 28-02-2022



Dr Princy Francis
 Dr Ansar E B
 NSS Program Officers
 MES Asmabi College, P.Vemballur



NATIONAL SERVICE SCHEME
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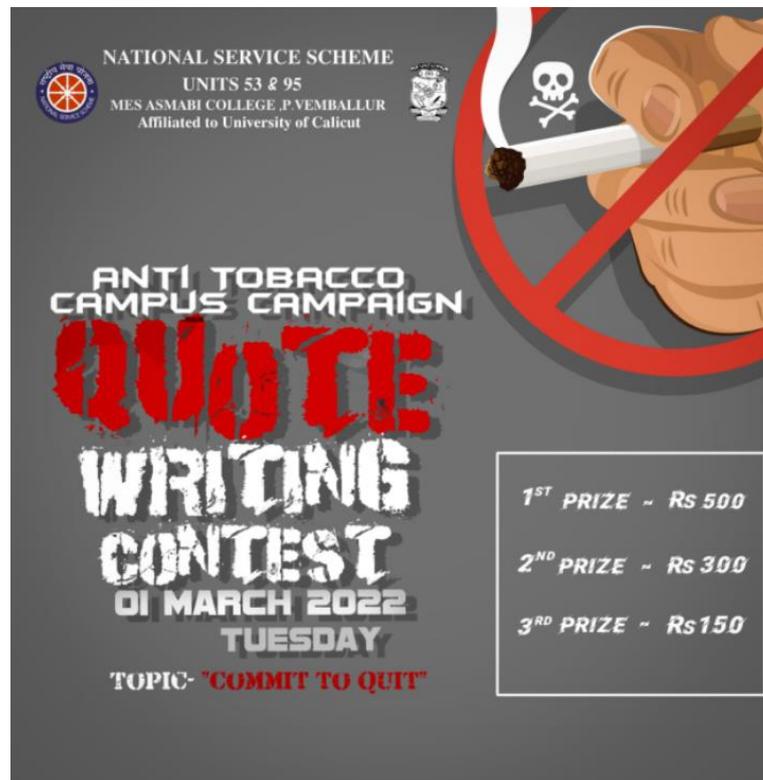


**Report of NSS Activities
In the Month of March 2022**

<https://nssasmabi.blogspot.com/p/about-nss.html>

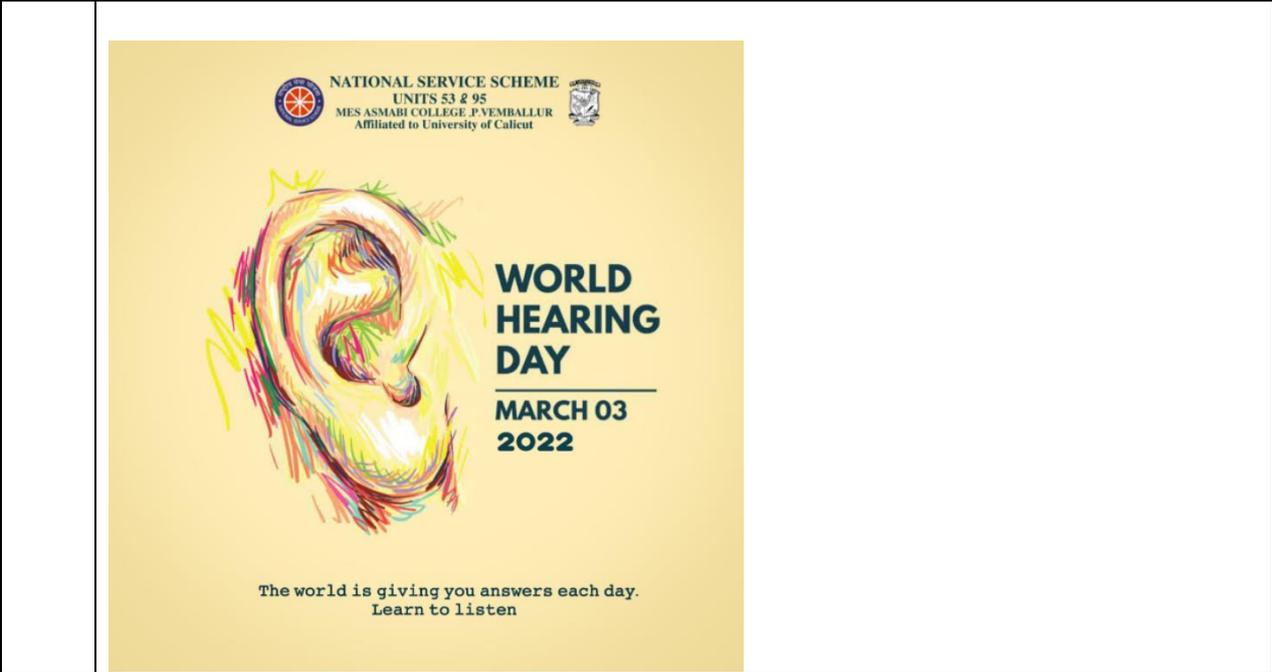
1

**ANTI TOBACCO CAMPUS CAMPAIGN QUOTE WRITING
CONTEST 01-03-2022**



2

Observed **WORLD HEARING DAY 03-03-2022**

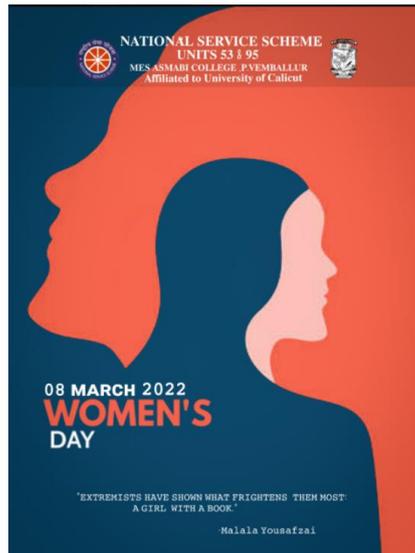


3



4

Observed **WOMENS DAY 08-03-2022**



5

WOMENS DAY SEMINAR ON GENDER EQUALITY 08-03-2022

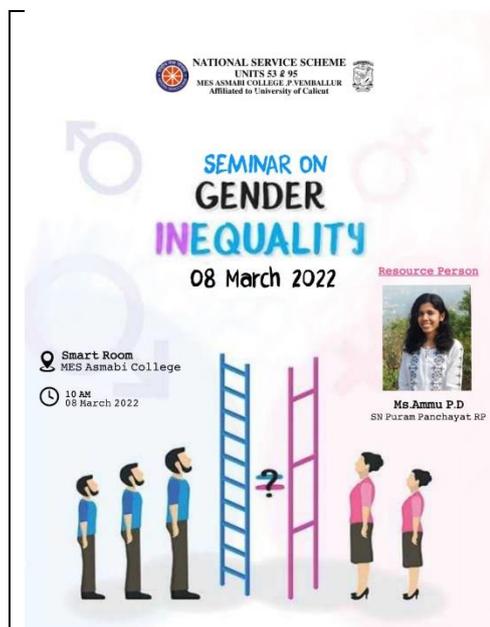
Date : 08-03-2022

Venue : Smart Room MES Asmabi college, p Vemballur

Beneficiaries : 98 volunteers

Resource Person : MS AMMU P.N., SN PURAM PANJAYATH R P

Outcome : After completing this seminar each volunteer was able to know about the value of Women and their Role in Empowering the nation. We can easily understand that without any argument that all women have equal rights and opportunities.





6

TOBACCO FREE CAMPUS SEMINAR ON - IMPORTANCE OF TOBACCO -FREE GENERATION ON 08-03-2022

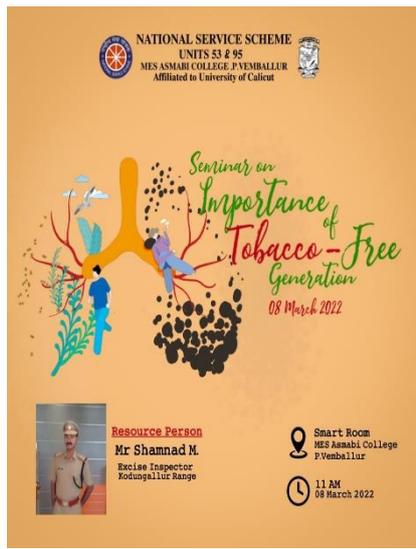
Date : 08-03-2022

Venue : Smart room, MES Asmabi collage P.Vemballur

Beneficiaries : 98 Volunteers

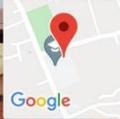
Resource person : MR SHAMNAD M, Excise inspector Kodungallur range

Outcome : After completing this seminar each volunteer was able to know about the side effects of tobacco using and how to destroy our health and life.





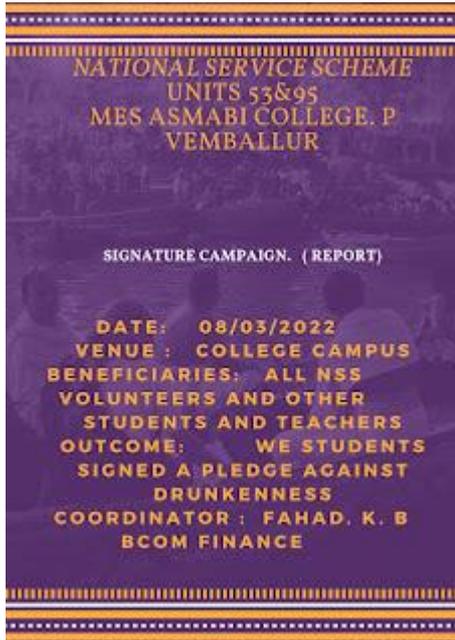
Padinjare Vemballur, Kerala, India
 748V+X3C, Padinjare Vemballur, Kerala 680671, India
 Lat 10.267488°
 Long 76.142626°
 08/03/22 12:03 PM



Padinjare Vemballur, Kerala, India
 748V+X3C, Padinjare Vemballur, Kerala 680671, India
 Lat 10.267327°
 Long 76.142787°
 08/03/22 12:06 PM

7

Signature Campaign 08-03-2022 as part on anti-tobacco campaign





8

PROCLAMATION RALLY 08-03-2022

Date : 08-03-2022

Venue : Inside and Outside of the Campus

Beneficiaries :NSS volunteers

Outcome : Opportunity to raise awareness on the harmful and deadly effects of tobacco use





9

Webinar on BREAK THE BIAS as part of observing INTERNATIONAL WOMENS DAY 08-03-2022

Date : 08-03-2022

Venue : Google meet

Beneficiaries : All NSS Volunteers

Resource Person : DR SHEEBA N H, ASSOCIATE PROFESSOR, DEPARTMENT OF PHYSICS

Experience Sharing : MS THASNA NASAR (2 nd MA ENGLISH ,INDIAN BOOKS OF RECORD HOLDER)

Outcome : After completing this session each volunteer was able to know about the value of international womens day, Break The Bias and their role in empowering the nation. We can easily understand about the Gender equality and about all Womens have Equal rights as Men. The opportunities of women and Achievements.



10

Video making on VOICE OF WOMEN 08-03-2022

WOMEN'S DAY 08-03-2022 # VOICE OF WOMEN # സ്ത്രീ എന്ന നിലയിൽ സമൂഹത്തിൽ എന്ത് മാറ്റം ആണ് വേണ്ടത്?

<https://www.youtube.com/watch?v=pLTnSIRkdg&t=1s>





11

HAIR DONATION CAMP 15-03-2022

Date :15-03-2022

Venue : MES Asmabi college ,P Vemballur

Beneficiaries : NSS Volunteers

Outcome : Inform The Value Of Hair Donation

Resource Person :DR ROSE ANTO



12

HAIR DISTRIBUTION PROGRAMME 15-03-2022

Date : 15-03-2022

Venue : Amala Hospital ,Thrissur

Beneficiaries : Outsiders

Outcome : Inspiring others to cut their hairs for cancer patients

Resource person: DR SR ROSE ANTO, FR JAISON





13

Decided to conduct SHASTHRA SAHITHYA PARISHATH KALA JADHA on 18-03-2022



14

Observed INTERNATIONAL DAY OF HAPPINESS on 20-03-2022



15

Participated in the **DISTRICT LEVEL NEIGHBOURHOOD YOUTH PARLIMENT-SEMINARS,PRESENTATION & DISCUSSION on 21-03-2022**

Date : 21-03-2022

Venue : Town Hall, Thrissur

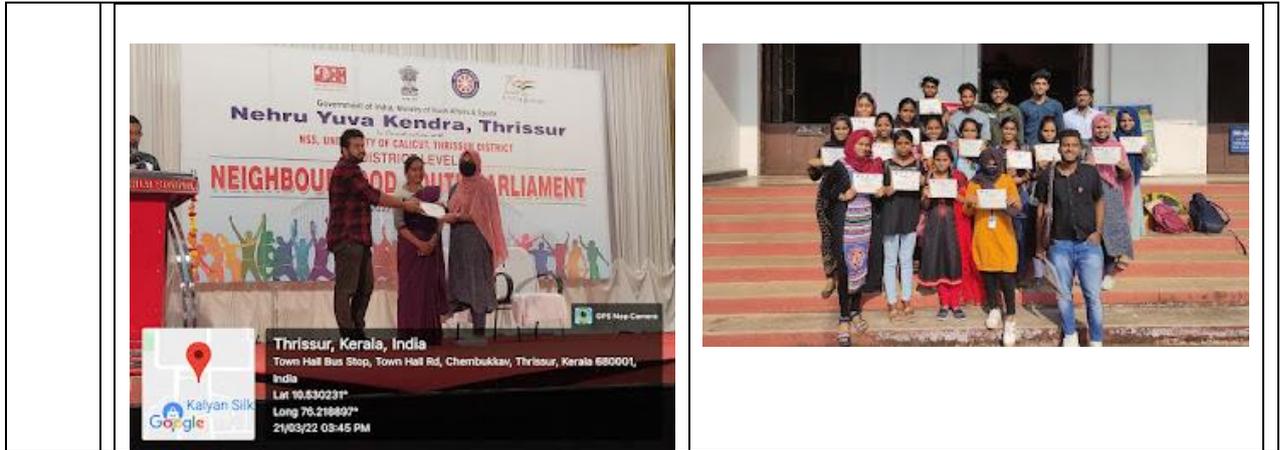
Beneficiaries : 20 NSS Volunteers

Outcome : After the three section each volunteer was able to know about different flagships and schemes provided by Indian government .importance of each and every citizens in the role of strengthening democracy and how to prepare for UPSC , Indian civil service examination & importance of education in youth empowerment

Resource Person :ADV. REBIN GRALAN VINCENT (Flagship programmes of Govt.of India)

SRI. S. SATHEESE (Strengthening democracy role of youth in todays context)

SRI. LIBIN FRANCIS (Indian civil service . platform for educated youth for empowering democracy)

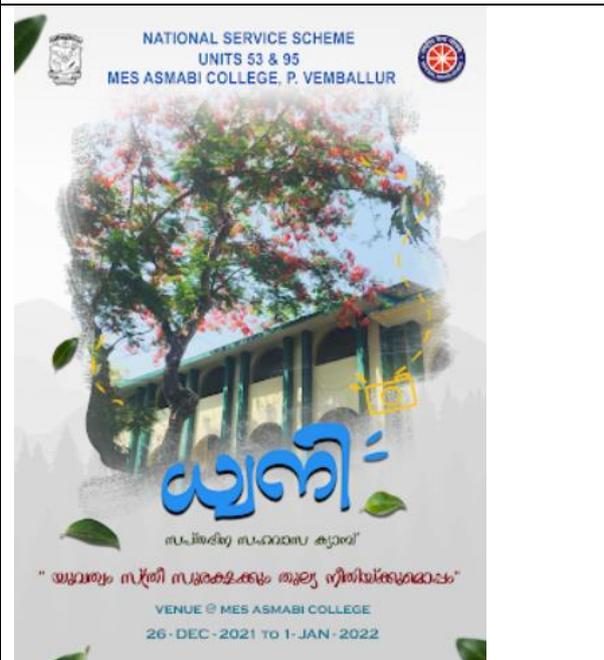


Dr Princy Francis
Dr Ansar E B
NSS Program Officers
MES Asmabi College, P.Vemballur

MES ASMABI COLLEGE, P VEMBALLUR

NSS SPECIAL CAMP 2021 'DHWANI' 26-12-2021 TO 01-01-2022

The preparation for the camp started with pre-camp advisory meeting (swagatha sangam on 16-12-2021) of the NSS special camp 'DHWANI' that held on 26-12-2021 at the camp site MES Asmabi College, P.Vemballur(Camp had been held at the college itself due to the pandemic) at 3.00 pm. College principal Dr A Biju, S N Puram panchayat president Sri M S Mohanan, S. N. Puram panchayat vice president Jaya Sunil Raj, Health inspector Sri Abhijith S, PTA joint secretary Ms K K Uma, S I of Police Mathilakam Mr Vimal V V, PTA Vice President Mr P.B. Mohamed Rafi, Self financing director Dr K P Sumedhen, HOD & asst. professor of Political Science Dr Sanand Sadhanadhan, HOD & asst. professor of English Ms Reena Mohammed ward member Ms Krishnedhu, SN Puram Development Standing Committee chairman Mr Ayyub K A, SN Puram Health Standing Committee chairman Mr Noushad P A, Excise Inspector Kodungallur Range Mr Shamnath, parents and NSS leaders were present at the meeting. Each and every one offered their whole hearted support for the smooth conduct of the camp.



<p>മൂന്നാം ദിവസം : 28.12.2021 ചൊവ്വ</p> <p>5.00 am : ഉണർത്തുപാട്ട് 6.00 am : യോഗ 7.00 am : റിപ്പോർട്ട് അവതരണം 8.30 am : Chlorination Well Recharging Awareness and SSG Survey.</p> <p>2.30 pm : അനുകൂല ആസ്വസ്ഥതയോടും പങ്കാളിയോടും രാഷ്ട്രം ശ്രീ. കെ.വി. ജോതിഷ്കുമാർ (മില്ലാ മിഷൻ കമ്മീഷൻ, കുടുംബശ്രീ, തൃശ്ശൂർ)</p> <p>5.00 pm : പഞ്ചായത്ത് അംഗങ്ങൾ കൂടിയുള്ള അവലോകനം</p> <p>7.00 pm : അന്താഴം 7.30 pm : കലാപരിപാടികൾ 9.30 pm : ക്യാമ്പ് അവലോകനം</p> <p>നാലാം ദിവസം : 29.12.2021 ബുധൻ</p> <p>5.00 am : ഉണർത്തുപാട്ട് 6.00 am : യോഗ 7.00 am : റിപ്പോർട്ട് അവതരണം 8.30 am : സൗഹൃദം നേത്രപരിശോധന ക്യാമ്പ് (പ്രവേശനം ലഭ്യമാണ് കൃഷ്ണം, കൊച്ചിൻ ഐ ഹൃദയകേന്ദ്രം നും യുക്തമായി സംഘടിപ്പിക്കുന്നതിന്) 2.30 pm : Gender Equality and Legal Aspects അവ്യ. നൗഷാദ്. കെ.എ. (ബി.എസ്. കേരള ലൈംഗികത)</p> <p>5.00 pm : വ്യക്തിത്വപരികരണ സെഷൻ ഡോ. ഇശ്ശർ ബജു BHMS, (M.Sc. Psychoology, P.G. Dip. in Learning Disability)</p> <p>7.00 pm : അന്താഴം 7.30 pm : കലാപരിപാടികൾ 9.30 pm : ക്യാമ്പ് അവലോകനം</p>	<p>അഞ്ചാം ദിവസം : 30.12.2021 വ്യാഴം</p> <p>5.00 am : ഉണർത്തുപാട്ട് 6.00 am : യോഗ 7.00 am : റിപ്പോർട്ട് അവതരണം 8.30 am : ട്രാജിക് ഡ്രാമറ്റിക്സ് 2.30 pm : നൂറുവയസ്സോളം ആരോഗ്യ വർദ്ധിപ്പിക്കാം ശ്രീ. മനോജ് കെ. (പെന്ത് ഇൻസ്റ്റിറ്റ്യൂട്ട്, എടവിലത്ത്) 3.30 pm : ലഹരി വിരുദ്ധ പ്രവർത്തനം (വിമുക്തി) ശ്രീ. ഷാമിയ് എ.എ. (എക്സൈസ് ഇൻസ്റ്റിറ്റ്യൂട്ട്, കൊടുങ്ങല്ലൂർ)</p> <p>5.00 pm : സ്വാഷ്-ഓപ്പ്, ബാലമേള 7.00 pm : അന്താഴം 8.00 pm : കലാപരിപാടികൾ 9.30 pm : ക്യാമ്പ് അവലോകനം</p> <p>ആറാം ദിവസം : 31.12.2021 വെള്ളി</p> <p>5.00 am : ഉണർത്തുപാട്ട് 6.00 am : യോഗ 7.00 am : റിപ്പോർട്ട് അവതരണം 8.30 am : Craft & Design 2.30 pm : അഭിനയ പരിശീലനം ശ്രീ. രാജേഷ് നാരായണൻ (സിനിമ സംവിധായകൻ) 5.00 pm : Street Play and Flashmob 7.00 pm : അന്താഴം 7.30 pm : പുതുവത്സരാഘോഷം 9.30 pm : ക്യാമ്പ് അവലോകനം</p> <p>ഏഴാം ദിവസം : 01.01.2022 രേനി</p> <p>5.00 am : ഉണർത്തുപാട്ട് 6.00 am : യോഗ 8.00 am : ക്യാമ്പ് ക്ലിനിംഗ് 10.00 am : സമാപനസമ്മേളനം 2.30 pm : വിടവാങ്ങൽ</p>	<p></p> <p>നാഷണൽ സർവ്വീസ് സ്കീം</p> <p></p> <p>എം.ഇ.എസ്. അസ്മാബി കോളേജ് പി. വെമ്പല്ലൂർ, കൊടുങ്ങല്ലൂർ</p> <p>ധ്വനി-2021 സ്മരണീയ സമാഹരണ ക്യാമ്പ്</p> <p>2021 ഡിസംബർ 26 മുതൽ 2022 ജനുവരി 01 വരെ</p> <p>എം.ഇ.എസ്. അസ്മാബി കോളേജ്, പി. വെമ്പല്ലൂർ</p>
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<p>പ്രിയപ്പെട്ടവരേ,</p> <p>എം.ഇ.എസ്. അസ്മാബി കോളേജ് നാഷണൽ സർവ്വീസ് സ്കീം ധ്വനിധ്വനികളുടെ ആഭിമുഖ്യത്തിൽ ഈ വർഷത്തെ സ്മരണീയ സമാഹരണ ക്യാമ്പ് "ധ്വനി" 26-12-2021 മുതൽ 01-01-2022 വരെ പി. വെമ്പല്ലൂർ, എം.ഇ.എസ്. അസ്മാബി കോളേജിൽ നടക്കുന്ന വിവരം സന്തോഷപൂർവ്വം അറിയിക്കട്ടെ.</p> <p>ഇക്കാലത്ത് സ്ത്രീകൾ നേരിടുന്ന അതിക്രമങ്ങൾക്കും പക്ഷാപാതത്തിനുമെതിരെ പ്രവർത്തിക്കാനും, പ്രകൃതിയിലേക്ക് ഇറങ്ങിപ്പോയി പ്രകൃതിയുടെ ആത്മവിരമം തൊട്ടറിയാനും സാമൂഹിക നീതിക്കായ് സമൂഹത്തോടൊപ്പം ഒറ്റക്കെട്ടായ് നിലകൊള്ളാൻ ഒരേയൊരു യുവത്വത്തെയും വാർത്താക്കുറിപ്പാണ് "ധ്വനി" 2021 ഇവ ക്രിസ്തുമസ് അവധിക്കാലത്ത് കർമ്മനീതമാവുന്നൂ.</p> <p>ക്രിസ്തുമസ്-നവമ്പതെ ആശംസകളോടെ...</p> <p>ഡോ. എ. ബിജു (പ്രിൻസിപ്പൽ, എം.ഇ.എസ്. അസ്മാബി കോളേജ്) ഡോ. പ്രിൻസി പ്രാൻസിസ് (പ്രിൻസിപ്പൽ, ഡോ. അൻസാർ ഇ.ബി. (പ്രൊഫ്രസർ, എം.ഇ.എസ്. അസ്മാബി കോളേജ്))</p> <p>ആദിത്. കെ.എസ്. അനയ്യ. സി.ജി. വേദവേദൻ. ജി. ജോസഫ്. ആർ. (സെക്രട്ടറിമാർ)</p>	<p>ഒന്നാം ദിവസം : 26.12.2021 ഞായർ</p> <p>10 to 10.30 am : രജിസ്ട്രേഷൻ 11.30 am : ഗ്രൂപ്പ് ടൂപികരണം 12.00 pm : ക്യാമ്പ് മെറ്റീരിയൽ 3.00 pm : വിജ്ഞാപനം 4.00 pm : ക്യാമ്പ് ഉദ്ദേശ്യം നമലം : എം.ഇ.എസ്. അസ്മാബി കോളേജ് ഓഡിറ്റോറിയം</p> <p>പ്രാർത്ഥന : എൻ.എസ്.എസ്. വളണ്ടിയേഴ്സ് സ്വാഗതം : ഡോ. എ. ബിജു (പ്രിൻസിപ്പൽ, എം.ഇ.എസ്. അസ്മാബി കോളേജ്)</p> <p>അവധിക്കൽ : ശ്രീ. എം.എസ്. ജോസഫ് (എൻ.എസ്.എസ്. പ്രൊഫ്രസർ)</p> <p>ഉദ്ദേശ്യങ്ങൾ : ശ്രീ. ഇ.ടി. ടൈംസ് മാസ്റ്റർ (ബി.എ. എം.എസ്.എ. കോളേജ്) ശ്രീ. സലീം അയ്യപ്പൻ (സെക്രട്ടറി കോളേജ്) എം.ഇ.എസ്. അസ്മാബി കോളേജ്</p> <p>ക്യാമ്പ് വിഭാഗങ്ങൾ : ഡോ. പ്രിൻസി പ്രാൻസിസ് (എൻ.എസ്.എസ്. പ്രൊഫ്രസർ) ശ്രീ. ആസീൻ അഷറഫ് (പ്രൊഫ്രസർ, എം.ഇ.എസ്. അസ്മാബി കോളേജ്) ശ്രീ. സലീം അയ്യപ്പൻ (സെക്രട്ടറി കോളേജ്) ശ്രീമതി കെ.എസ്. ജയ (മില്ലാമെന്റൽ വികസനകാര്യ പെന്ത്മാൻ, തൃശ്ശൂർ) ശ്രീമതി സി.സി. ജയ (പെന്ത് പ്രിൻസിപ്പൽ, എൻ.എസ്.എസ്. പ്രൊഫ്രസർ) ശ്രീമതി ഡോണ ശ്രാർത്തയൻ (മില്ലാമെന്റൽ പെന്ത്മാൻ അംഗം) ശ്രീമതി പ്രകാശിനി മുല്ലപ്പള്ളി (1-ാം വാർഡ് മെമ്പർ) ശ്രീമതി പി.വി. കൃഷ്ണമേനോൻ (21-ാം വാർഡ് മെമ്പർ)</p>	<p>ശ്രീ. മുഹമ്മദ് നാഫി (പി.ടി.എ. പെന്ത് പ്രിൻസിപ്പൽ) ഡോ. കെ.പി. സുബ്ബയ്യൻ (സെന്റ് ഫിനാൻസിംഗ് യൂണിവേഴ്സിറ്റി) ശ്രീമതി ഉമി കെ.കെ. (പി.ടി.എ. പെന്ത് പ്രിൻസിപ്പൽ) ആദിത്. കെ.എസ്. (എൻ.എസ്.എസ്. സെക്രട്ടറി) അനയ്യ. സി.ജി. (എൻ.എസ്.എസ്. സെക്രട്ടറി) ഡോ. അൻസാർ ഇ.ബി. (പ്രൊഫ്രസർ, എം.ഇ.എസ്. അസ്മാബി കോളേജ്) 2.00 pm : മനോജ് കെ.എസ്. (എൻ.എസ്.എസ്. സെക്രട്ടറി) 6.40 pm : മനോജ് കെ.എസ്. (എൻ.എസ്.എസ്. സെക്രട്ടറി)</p> <p>രണ്ടാം ദിവസം : 27.12.2021 തിങ്കൾ</p> <p>5.00 am : ഉണർത്തുപാട്ട് 6.00 am : യോഗ 7.00 am : റിപ്പോർട്ട് അവതരണം 8.30 am : പെന്ത് ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓപ്പൺ ലൈബ്രറി സെറ്റിംഗ്, PHC ക്ലിനിംഗ്, എൻ.എസ്.എസ്. പ്രൊഫ്രസർമാരുടെ 6 വായനശാല പുസ്തകങ്ങളുടെ ഏകോപനം</p> <p>2.30 pm : സെമിനാർ : "പുതുവത്സരം സ്മരണകൾ" : ശ്രീ. വിജയ് (സെന്റ് ഇൻസ്റ്റിറ്റ്യൂട്ട്, മില്ലാമെന്റൽ) 3.30 pm : ശ്രീ. സലീം കൃഷ്ണമേനോൻ ശ്രീ. സലീം കൃഷ്ണമേനോൻ</p> <p>5.00 pm : അടുക്കലുള്ളതോട്ട് നിർമ്മാണം 7.00 pm : അന്താഴം 7.30 pm : കലാപരിപാടികൾ 9.30 pm : ക്യാമ്പ് അവലോകനം</p>
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Seven day cohabitation NSS camp started on 26/12/2021 at MES Asmabi College P.Vemballur by adopting Ward Nos 1,2 and 21 of SN Puram Panachayat. After the registration started at 10 AM, volunteers were grouped into 7 named as ' **Swaram, Agni, Chakkachola, Colours, Kuluzumbis, Kalakkachiss, and Kalakh**' and also assigned the duties of the camp. At 3 PM the Hon'ble Principal Dr. A Biju sir unfurled the flag and started the camp with a

proclamation march to **Pokklai** on the theme ‘ **Youth, Women's Security and Equal Justice**. From day 1 to day 7 they were able to do various activities that required direct social interaction with the public. Ice breaking session was arranged on the first day to make sure the mingling of all volunteers. Health centre cleaning, open library setting in the health center, book collection, vegetable cultivation, well recharging in ward no 1, 2 and 21, eye camp, beach plantation, swap shop, Balamela, art work shop etc were conducted as part of this camp. New year was also celebrated in the camp. The topics for the talk on all days were on relevant issues and we are happy that we could finish each program on time. The seven-day camp 2021 has been completed successfully that definitely helped the volunteers in shaping up their character and personality in a way more refined than before.

At this moment, we are grateful to many of our supporters and well-wishers, M.E.S.Asmabi College Principal Dr. A Biju, Management Committee chairman Jb Aspin Ashraf, Secreary ancorrespondence Jb Salim Arachel, PTA vice president Mohamed Rafi, PTA joint secretary Ms K K Uma, SN Puram Panchayat president Mr M S Mohanan, Self-finance Director Dr. K. P. Sumedhan, Dr. Mohammed Naser and family, Smt. Sabitha and family, Dr.Kesavan, Dr.Safiya and family, Ms Deepa K A and family, Mr Asif Suhail, Ms Mridula, Ms Janitha, Kabeer Ikka, Sree Vidhya teacher. Special thanks to Dr Binu (District NSS coodinator) for the timely advice.

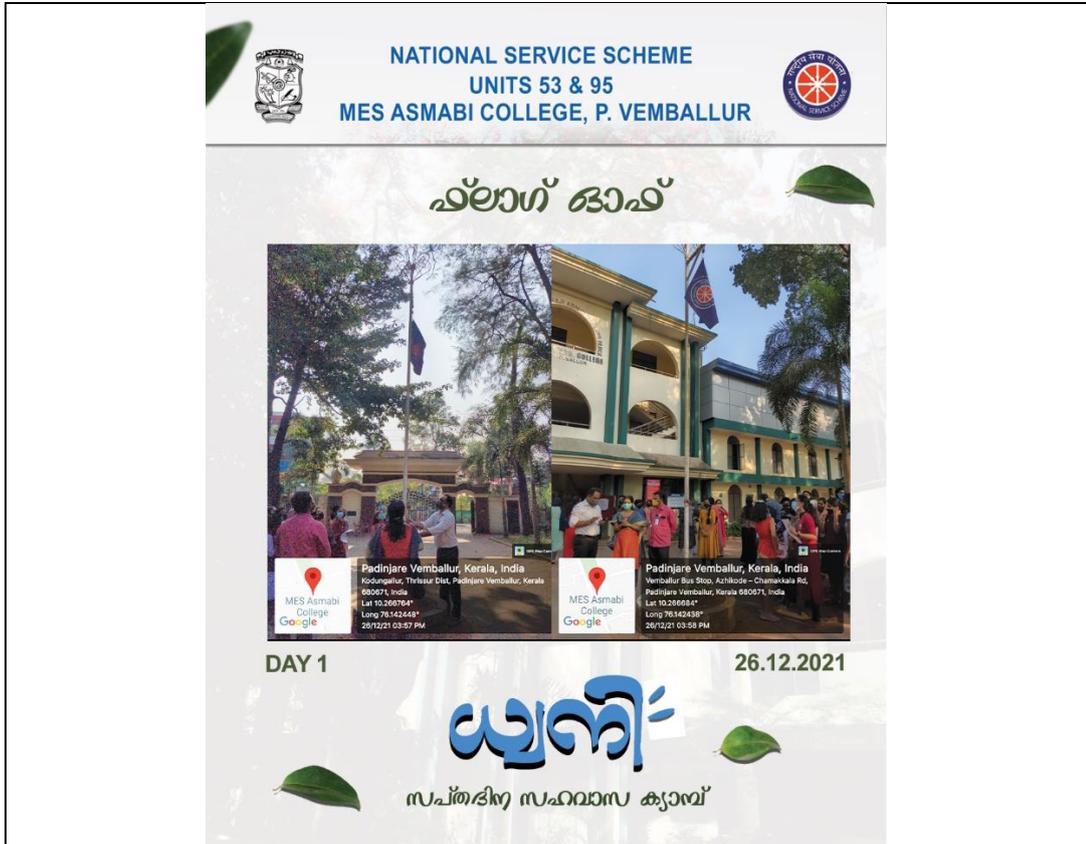
Day wise report with photographs is given below

Day-1 on 26-12-2021 Sunday

1. NSS special camp started with Registration of volunteers at 10.00 am. 100 volunteers altogether registered for the camp and 7 groups were formed from among them in the names of ' Swaram, Agni, Chakkachola, Colours, Kuluzumbis, Kalakkachiss, and Kalakh'.



- At 3 PM the Hon'ble Principal Dr. A Biju sir unfurled the flag and started the camp with a **proclamation march** to Pokklai on the theme ' **Youth, Women's Security And Equal Justice**'.





- At 4 PM SN Puram Panchayath President M S Mohanan Sir presided over the inaugural session. Welcome Speech was delivered by Principal Dr. A Biju Sir. Hon'ble Kaipamangalam MLA E T Tyson Master inaugurated the camp with a wonderful speech. Then the program officer Dr. Princy Francis ma'am explained the camp. SN PuramPanchayath Vice PresidentSmt C C Jaya, PTA Joint Secretary SmtUma KK, Non-teaching staff SreeAnees, Assistant Professor MsMridula greeted the gathering. The session was concluded with a vote of thanks by the Program Officer Dr. Ansar EB. TA joint secretary Smt Uma K K handed over 300 masks and 10 litter sanitizer to the smooth functioning of the camp.





NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR



ഉദ്ഘാടനം



DAY 1

26.12.2021

ഘൃണി

സചിത്രീകൃത സഹായസ ക്യാമ്പ്



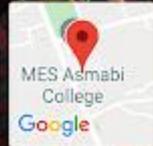
- The Ice Breaking session started at 6.40 PM, The session took under the leadership of Ansif V A, former NSS volunteer. The interactive session, which was filled with energetic talks and games. The session ended at 9 pm The lights were turned off at 10 pm after the camp review



Padinjare Vemballur, Kerala, India
 Unnamed Road, Padinjare Vemballur, Kerala 68
 Lat 10.26628°
 Long 76.144391°
 26/12/21 06:57 PM



Padinjare Vemballur, Kerala, India
 748V+G4M, Padinjare Vemballur, Kerala 68
 Lat 10.266417°
 Long 76.142736°
 26/12/21 07:26 PM



Padinjare Vemballur, Kerala, India
 748V+G4M, Padinjare Vemballur, Kerala 68
 Lat 10.266431°
 Long 76.142714°
 26/12/21 08:00 PM



Padinjare Vemballur, Kerala, India
 749R+7HR, Padinjare Vemballur, Kerala 680671, In
 Lat 10.268133°
 Long 76.141236°
 26/12/21 08:32 PM



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR



മനുഷ്യരൂക്ഷൻ



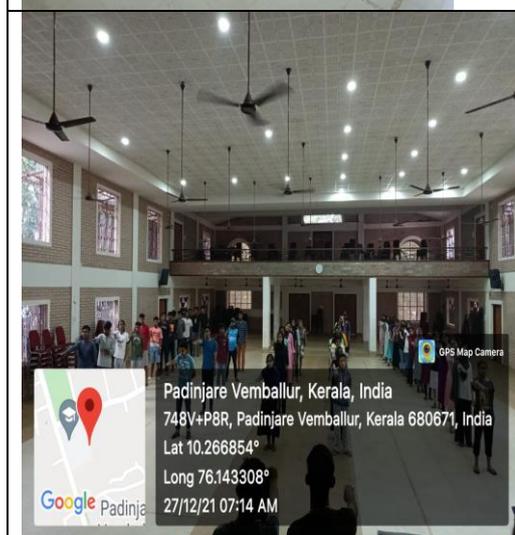
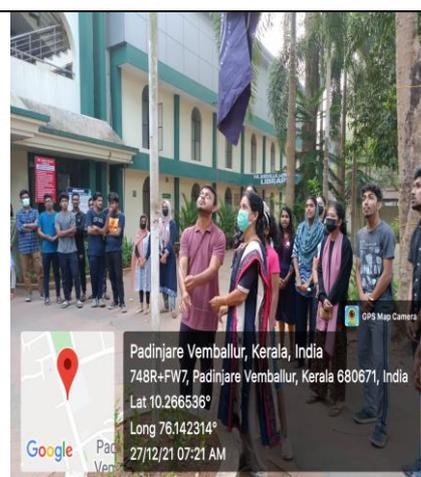
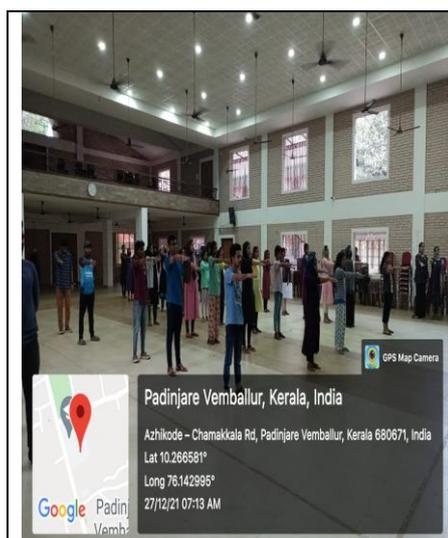
DAY 1
26.12.2021

ഘൃണി

സചിന്ദിയ സഹവസ ക്യാമ്പ്

Day-2 on 27-12-2021 Monday

1. Dhwani 2021 seven-day cohabitation camp arrives on its second day. The camp started at 5.30 am with a wake-up song. **Zumba Dance** was a great success under the leadership of Manya, DevikaAshwini at 6.30 am. NSS assembly was conducted in the auditorium at 7.00 am in morning under the leadership of 5th group Afeefa. The first-day camp report was presented by NSS volunteer Ardhra. The newspaper report was also presented in the assembly. The NSS flag hosting was held at 7.20 am.



2. Primary Health Centre Open Library was arranged. Cleaning program was conducted in primary health center (PHC), P.Vemballur at 9.00 am.



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



PHC ക്ലീനിംഗ്



DAY 2

27.12.2021

പുനീഃ

സപ്തമീന സഹയാസ ക്യാമ്പ്






**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR**


ചെറുപ്പം സമ്പന്നർ ഭാഷാസൗകര്യം ലഭ്യമാക്കി സെറ്റിങ്ങ്



DAY 2

27.12.2021

പുസ്തകം

സാമൂഹിക സഹായസ ക്യാമ്പ്

- Talk on “Youth and Women’s security” was delivered by Mathilakam senior civil service officer Saifudheen Sir. The seminar helped to think about the needs of the women empowerment.



Padinjare Vemballur, Kerala, India
 Azhikode – Chamekkala Rd, Padinjare Vemballur, Kerala
 Lat 10.266449°
 Long 76.142879°
 27/12/21 03:45 PM



Padinjare Vemballur, Kerala, India
 Vemballur Bus Stop, Azhikode – Chamekkala Rd, Padinjare
 Kerala 686071, India
 Lat 10.26658°
 Long 76.142473°
 27/12/21 02:42 PM



**NATIONAL SERVICE SCHEME
 UNITS 53 & 95
 MES ASMABI COLLEGE, P. VEMBALLUR**



യുവത്വവും സ്ത്രീസുരക്ഷയും



DAY 2



27.12.2021



സചിതദീന സഹനാസ ക്യാമ്പ്

4. Talk on **organic turmeric farming** was delivered by Sree Salim Kattakath, the king of turmeric in Kerala




NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR


ബെങ്കളൂരു







DAY 2
27.12.2021


പുനഃ
 സർവ്വദിന സഹവസ ക്യാമ്പ്

5. Turmeric Garden Construction: Turmeric Garden was set up in 53 grow bags at 5 pm.





NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



രണ്ടുക്കുളത്തോട്ടു നിർമ്മാണം



DAY 2

27.12.2021

ധ്വനി

സംസ്കൃതീയ സഹായസ ക്യാമ്പ്

6. After dinner, cultural programmes, camp evaluation has been conducted effectively and wind up the second day at 11 pm.

Day-3 on 28-12-2021 Tuesday

1. Dhvani 2021 seven-day cohabitation camp is coming up on the third day. After waking up at 5 am, the Zumba dance led by Manny, Pratheeksha, Aswani&Devika was held at 6.30 am. At the assembly which was held at the auditorium at 7.00am NSS volunteer Devika presented the report and Jayalakshmi read the newspaper. After that, the flag host by program officer Dr.Ansar sir with an NSS song.
2. In the morning session Chlorination, well recharging awareness campaign and SSG Survey of the central govt was conducted by visiting houses in 1, 2 &21 wards of SN PuramPanchayath and collected information.
3. Welling recharging Report

Well Recharging Survey Report on 28-12-2021 conducted by NSS MES Asmabi College, P.Vemballur

Timestamp	1. കിണർ ഉണ്ടോ	2. ഗൃഹനാഥന്റെ പേര്	3. മേൽവിലാസം	4. വാർഡ് no. / വിട് no.	5. ഗവൺമെന്റ് അല്ലെങ്കിൽ കിണർ	Income level	7. വീടിന്റെ sqft	8. കുടിവെള്ള സ്രോതസ്സ്	9. വെള്ളത്തിൽ ഉപ്പിന്റെ അംശം	10. കിണർ നിലനിർത്തിയിട്ടുണ്ടോ	12. കിണർ നിലനിർത്തിയിട്ടുണ്ടോ
12/28/2021 10:13:34	YES	Bhaskaran	Mullassery	2 /306	ഇല്ല	BPL	Below 2000 sqft	House connection	NO	അറിയില്ല	YES
12/28/2021 10:22:46	YES	Komala	Mullassery (h) p. Vemballur	2/303	ഇല്ല	APL	Below 2000	കിണർ	NO	അറിയില്ല	YES
12/28/2021 10:48:52	YES	Varghese	Pallipatu	2/112	ഇല്ല	APL	1200	കിണർ	NO	അറിയില്ല	YES
12/28/2021 10:58:36	YES	Haridas	Mutharakal House	Feb-91	ഇല്ല	APL	850	കിണർ	NO	അറിയില്ല	YES
12/28/2021 11:10:36	YES	Sarala	Kattil	2	ഇല്ല	APL	1800	House connection	NO	അറിയില്ല	YES
12/28/2021 11:35:25	YES	Athnamani	Mullassery H	2/289	ഇല്ല	APL	1600	കിണർ	NO	അറിയില്ല	YES
12/28/2021 19:51:23	YES	Sabu	Thachumpurath house PO vemballur	21	ഇല്ല	APL	980	House connection	NO	അറിയില്ല	YES
12/28/2021 10:04:21	YES	Rafi	Kalapurakal	21	ഇല്ല	APL	1700	House connection	NO	കേട്ടിട്ടുണ്ട്	YES
12/28/2021 10:10:53	YES	Iqbaal K M	Kathavalappil	21	ഇല്ല	BPL	750	കിണർ	NO	അറിയില്ല	YES






NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR


CHLORINATION WELL RECHARGING AWARENESS & SSG SURVEY




DAY 3 **28.12.2021**


 സമീകൃത സമന്വയ ക്യാമ്പ്

4. A talk on 'People's Planning and Panchayat Raj' was led by Hon'ble Shri KV Jyotish Kumar, District Mission Commission, Kudumbasree, Thrissur.



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala
 690671, India
 Lat 10.266338°
 Long 76.142913°
 28/12/21 02:51 PM



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala
 690671, India
 Lat 10.266388°
 Long 76.142878°
 28/12/21 04:27 PM



NATIONAL SERVICE SCHEME
 UNITS 53 & 95
 MES ASMABI COLLEGE, P. VEMBALLUR



ജനകീയ ഭരണസൂത്രങ്ങളും പഞ്ചായത്ത് രാജും






DAY 3 28.12.2021



സംസ്കൃത സഹസ്രാബ്ദ ക്യാമ്പ്

- Interaction with SN Puram Panchayat members has been conducted in the evening session. Panchayat President Mohanan Sir presided over the function. Members of ward 1,2 and 21, Then Srividya teacher and Iqballkka were honoured with ponnada in this auspicious function.



**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR**



പഞ്ചായത്ത് അംഗങ്ങൾ കൂട്ടിയുള്ള അവലോകനം








DAY 3

28.12.2021

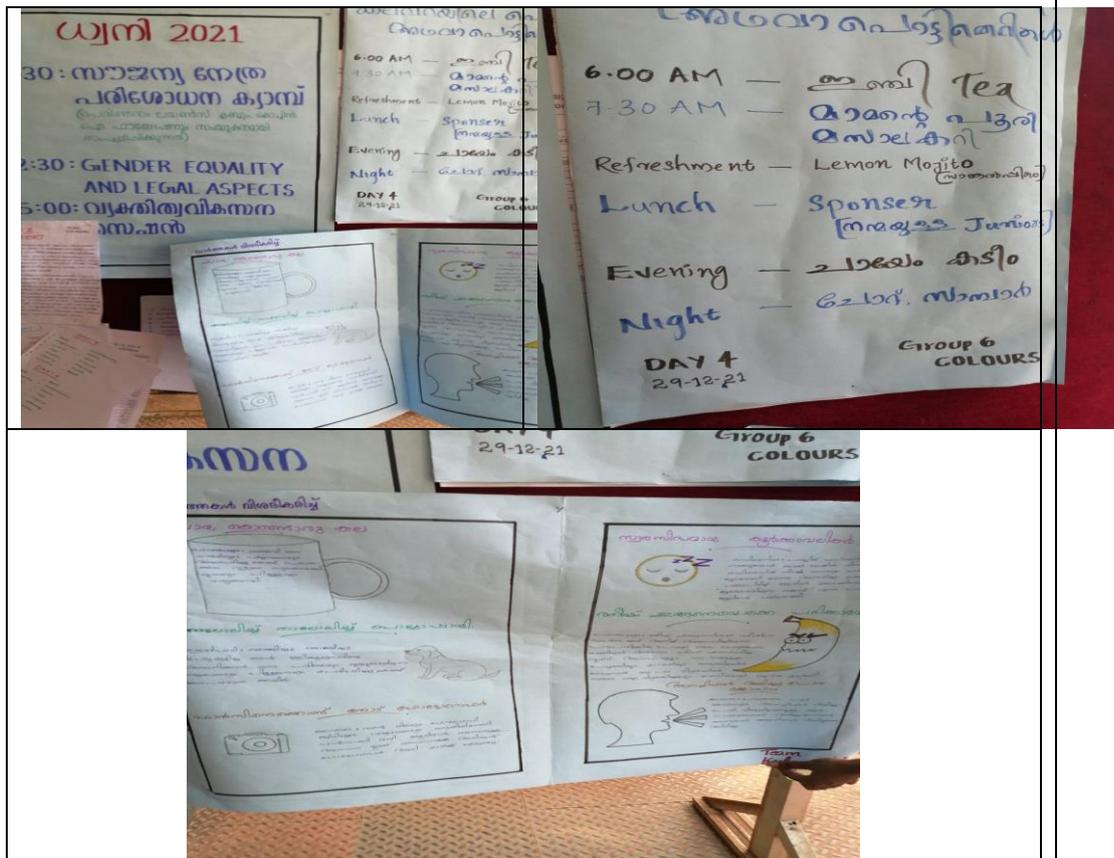
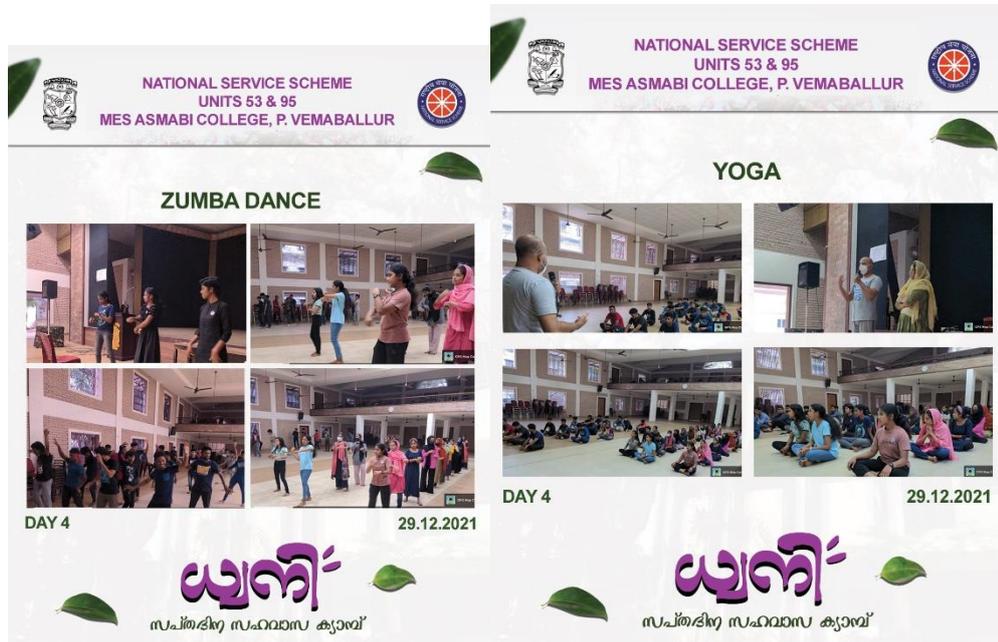


സംസ്കൃത സഹായക ക്യാമ്പ്

Day-4 on 29-12-2021 Wednesday

- After waking up at 5 am, the Zumba dance led by Manny, Pratheeksha, Aswani & Devika was held at 6.30 am. There was a yoga class which was led by Antony sir and Rajeena mam at 7 am. At 7.45 am there was an assembly which was conducted in the auditorium in which NSS volunteer Ruksana read the report

after this the news paper report was read by Nss volunteer Sreelakshami. After that the flag was hosted along with Nss song. At 8 am breakfast was given.



2. Eye camp was conducted on the fourth day of the NSS camp in association with Perinjanam Lions Club and Kochi Eye Foundation. The camp was inaugurated

by Dr Abdul Nassar, Rtd Associate Professor of Botany. At 10 am eye camp was started. There were about 170 people came for eye test and 19 people were offered free surgical treatment by lion's club and Kochi eye foundation.



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



EYE CAMP INAUGURATION



DAY 4 29.12.2021

ഘനീ

സംസ്കൃത സഹായക ക്യാമ്പ്



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



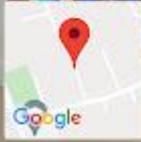
EYE CAMP INAUGURATION



DAY 4 29.12.2021

ഘനീ

സംസ്കൃത സഹായക ക്യാമ്പ്



Padinjare Vemballur, Kerala, India
 749V+8MW, Padinjare Vemballur, Kerala
 Lat 10.269269°
 Long 76.143773°
 29/12/21 10:26 AM



Padinjare Vemballur, Kerala, India
 748R+FW7, Padinjare Vemballur, Kerala 6
 Lat 10.26641°
 Long 76.142487°
 29/12/21 10:27 AM



Padinjare Vemballur, Kerala, India
 748V+J37, Padinjare Vemballur, Kerala 68
 Lat 10.266408°
 Long 76.14254°
 29/12/21 10:27 AM



Padinjare Vemballur, Kerala, India
 748V+J37, Padinjare Vemballur, Kerala 680671, India
 Lat 10.266399°
 Long 76.142621°
 29/12/21 10:30 AM

**NATIONAL SERVICE SCHEME
 UNITS 53 & 95
 MES ASMABI COLLEGE, P. VEMBALLUR**

FREE EYE TEST & CATARACT SURVEY CAMP



DAY 4

29.12.2021

ധ്യാനം

സചിതമിദം സഹസ്രമം കൃതം

3. Speech on "Gender equality and legal aspects" was delivered by Adv. Noushad K.A, Govt Pleader, High court of Kerala



GENDER EQUALITY & LEGAL ASPECTS



DAY 4

29.12.2021

ധ്വനി
സചിതദിന സഹവസ ക്യാമ്പ്

4. Evening session was conducted an interactive session on the topic "**Story of atomic bombing and it's aftermath**" by Dr Sheeba, former NSS program officer and Associate professor of Physics.



THE STORY OF ATOMIC BOMBING



DAY 4

29.12.2021

ഘനീ

സചിത്രദിന സഹമനസ ക്യാമ്പ്

5. Koorka (Chinese potato) cultivation



Day-5 on 30-12-2021 Thursday

1. Dhwani 2021 seven-day cohabitation camp is coming up on fifth day. After waking up at 5.30am, Yoga section was conducted under the guidance of Sri Antony Sir and Rajeena Ma'am at 6.30 am. At the assembly which was held at the auditorium at 7.45 am NSS volunteer Selmath presented the report and HaneenaAjmi read the newspaper. After that, the flag hosted by program officer Dr. Ansar sir with an NSS song and NSS clap.



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
 Lat 10.266419°
 Long 76.142933°
 30/12/21 06:33 AM



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
 Lat 10.266412°
 Long 76.142874°
 30/12/21 06:34 AM



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
 Lat 10.266378°
 Long 76.142941°
 30/12/21 06:43 AM



Padinjare Vemballur, Kerala, India
 748V+G4M, Padinjare Vemballur, Kerala 680671, India
 Lat 10.266352°
 Long 76.142777°
 30/12/21 06:49 AM



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
 Lat 10.26657°
 Long 76.143007°
 30/12/21 06:49 AM



Padinjare Vemballur, Kerala, India
 Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
 Lat 10.266395°
 Long 76.142792°
 30/12/21 06:39 AM

2. Beach Plantation



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



ബീച്ച് പ്ലാന്റേഷൻ







DAY 5
30.12.2021



സംതരിനു സഹായസ ക്യാമ്പ്





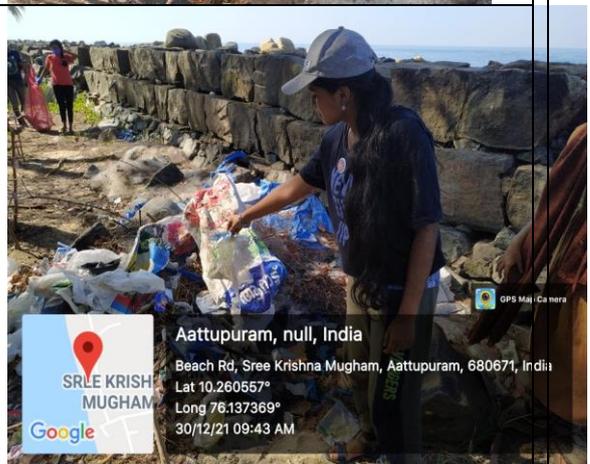
Aattupuram, Kerala, India
P vemballur, Asmabi college, SN puram, Sreekrishnam Road, Sree Krishna Mugham, Aattupuram, Kerala 680671, India
Lat 10.260079°
Long 76.137426°
30/12/21 10:16 AM



Thrissur, null, India
Beach Road, 680671, India
Lat 10.241554°
Long 76.143214°
30/12/21 10:11 AM



Aattupuram, Kerala, India
P vemballur, Asmabi college, SN puram, Sreekrishnamugam Temple Road, Sree Krishna Mugham, Aattupuram, Kerala 680671, India
Lat 10.260165°
Long 76.13746°
30/12/21 09:55 AM



Aattupuram, null, India
Beach Rd, Sree Krishna Mugham, Aattupuram, 680671, India
Lat 10.260557°
Long 76.137369°
30/12/21 09:43 AM

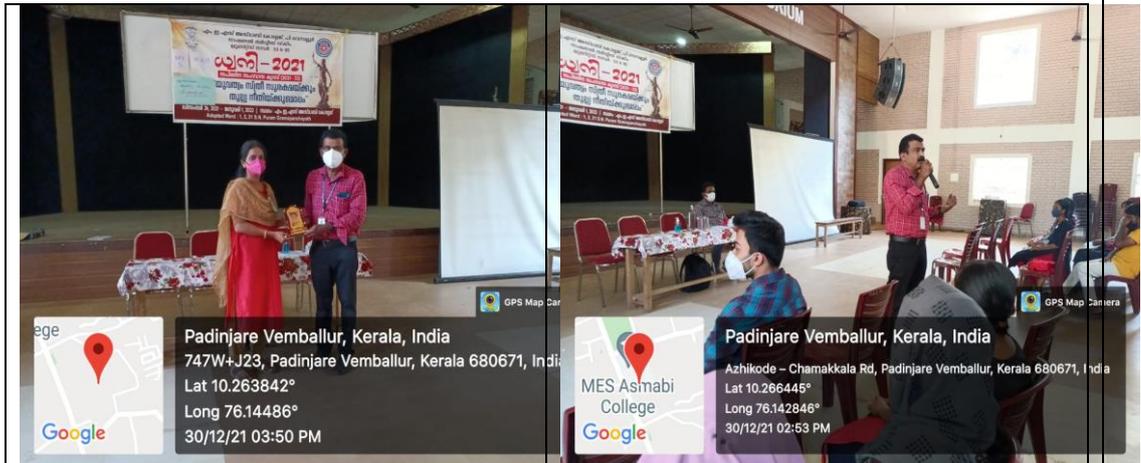


Aattupuram, null, India
Beach Rd, Sree Krishna Mugham, Aattupuram, 680671, India
Lat 10.260525°
Long 76.137319°
30/12/21 09:44 AM



Aattupuram, null, India
Beach Rd, Sree Krishna Mugham, Aattupuram, 680671, India
Lat 10.260522°
Long 76.137312°
30/12/21 09:44 AM

- Talk on health among youth was delivered by Shri Manoj K, Health Inspector, Edavilangu





**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR**



യാവജനതയുടെ ആരോഗ്യ പരിപാലനം



DAY 5

30.12.2021

ഘൃണി

സചിതദിന സഹവാസ ക്യാമ്പ്

4. Talk on anti-drug awareness was presented by Shri Shamnath M, Excise Inspector, Kodungallur.



**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR**



വിദ്യാഭ്യാസം





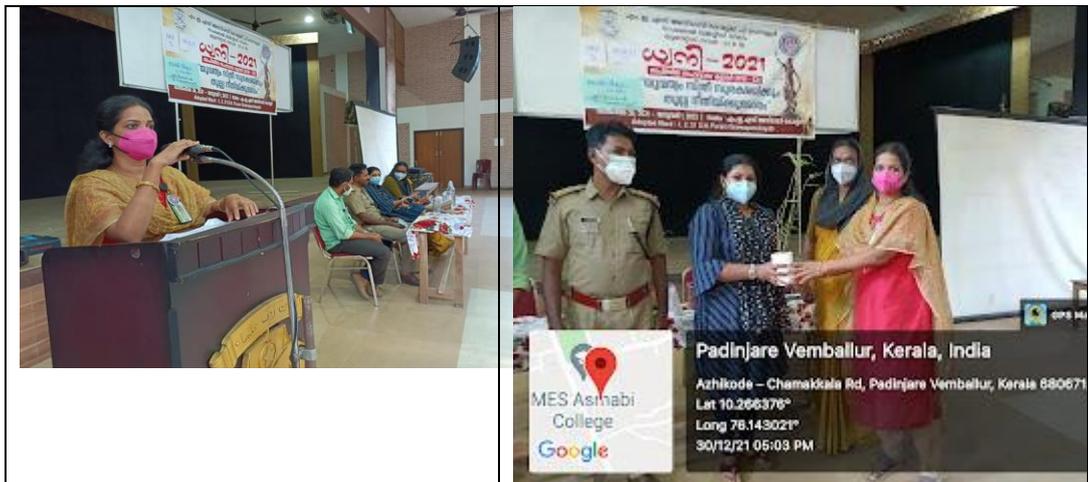


DAY 5

30.12.2021

ഘോഷം

സംസ്കൃത സഹായക ക്യാമ്പ്





5. Swap shop was arranged under the leadership of Jaseem and team. People from different localities came and benefited the program.







**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMBALLUR**



SWAP SHOP



DAY 5

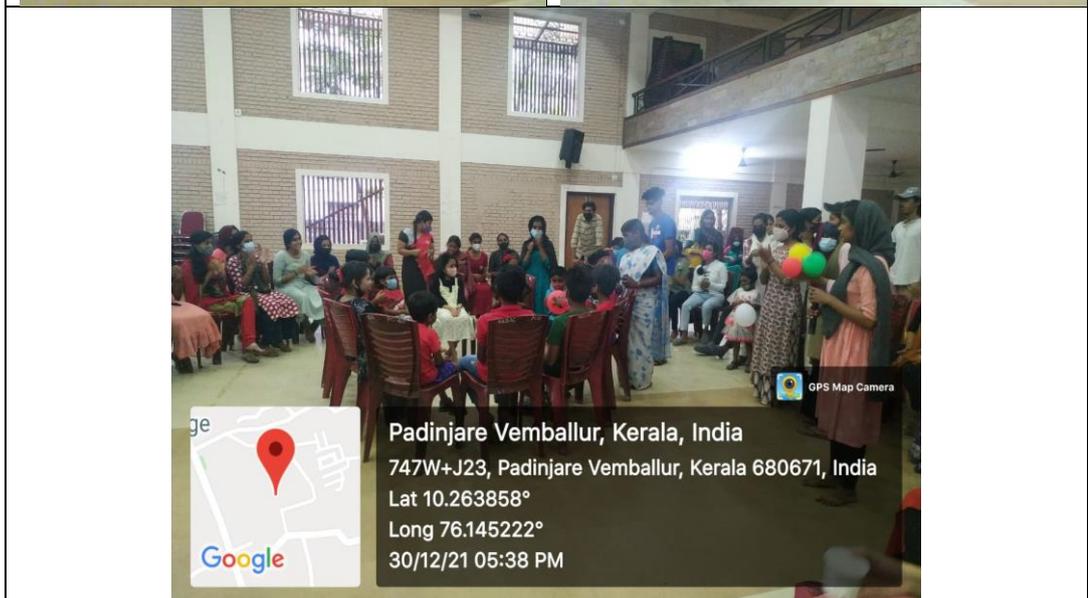
30.12.2021

ഘനീ

സപ്തദിന സഹായസ ക്യാമ്പ്

6. Balamela

Kodungalloor Excise inspector Mr.Shamnad inaugurated the function. The program was started at 5.15pm and more than 15 children came to participate in the program





**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR**



ബിറ്റലോഗി



DAY 5

30.12.2021

ഘണ്ടി

സർവ്വദിന സഹായസ ക്യാമ്പ്

Day-6 on 31-12-2021 Friday

1. Umberlla making workshop



 NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR 

കുട നിർമ്മാണ പരിശീലനം



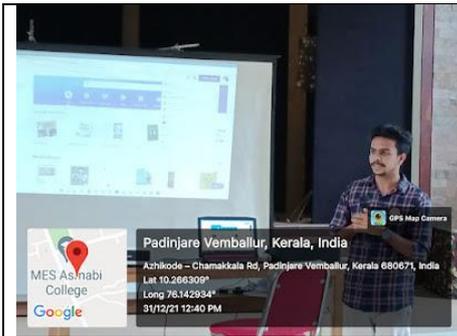
DAY 6

31.12.2021

ധ്വനി

സംസ്കൃത സഹായക ക്യാമ്പ്

2. Graphic Designing class

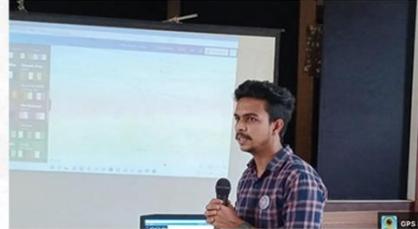




NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



ഗ്രാമീക ഡിജിറ്റലൈസേഷൻ പരിശീലനം



DAY 6

31.12.2021

ധ്വനി

സപ്തമീന സഹസ്രാബ ക്യാമ്പ്

3. Acting workshop







NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



അഭിനയ പരിശീലനം



DAY 6

31.12.2021

ഘനീഃ

സംസ്കൃത സഹോദര ക്യാമ്പ്

4. New year celebration






NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR


പുനർവത്സരാഘോഷം







DAY 6 **31.12.2021**


ധ്വനി


സംസ്കൃത സഹവാസ ക്യാമ്പ്



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



ചുട്ടുവെള്ളം



DAY 6

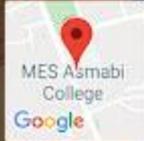
31.12.2021

ധ്വനി

സാമൂഹിക സഹായം ക്യാമ്പ്

Day-7 on 1-1-2022 Saturday

- Valedictory meeting of NSS were conducted at auditorium @10 am. HOD of English Dr Reena Muhammed presided over the conference. NSS programme officer Dr Princy Francis ma'am did the introductory speech. The programme was inaugurated by the famous children's writer Mr E.Jinan. Nss programme officers Dr . Ansar E.B has delivered the camp review. 21 st ward member krishnendhu ma'am ,PTA joint secretary Ms K K Uma, NTS Moidheen sir and Commerce department assistant professor Asif sir felicitated the conference. Then the camp cook Mr Jabbar was honoured by chief guest E .Jinan sir. All volunteers were expressed their experiences about the camp emotionally.



Padinjare Vemballur, Kerala, India
748V+J37, Padinjare Vemballur, Kerala 680671, India
Lat 10.26643°
Long 78.142548°
01/01/22 11:22 AM



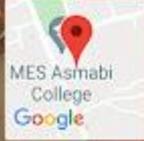
Padinjare Vemballur, Kerala, India
Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
Lat 10.266412°
Long 78.142879°
01/01/22 05:04 PM



Padinjare Vemballur, Kerala, India
Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
Lat 10.266403°
Long 78.143001°
01/01/22 12:51 PM



Padinjare Vemballur, Kerala, India
Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
Lat 10.266396°
Long 78.142958°
01/01/22 12:51 PM



Padinjare Vemballur, Kerala, India
Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
Lat 10.266542°
Long 78.142923°
01/01/22 11:54 AM



Padinjare Vemballur, Kerala, India
Azhikode - Chamakkala Rd, Padinjare Vemballur, Kerala 680671, India
Lat 10.266473°
Long 78.142882°
01/01/22 05:00 PM



Padinjare Vemballur, Kerala, India
Azhikode - Chamakkala Rd, Padinjare Vemballur, Ken
Lat 10.266514°
Long 76.142997°
01/01/22 12:12 PM



Padinjare Vemballur, Kerala, India
748V4MMJ, Azhikode - Chamakkala Rd, Padinjare Va
680671, India
Lat 10.266593°
Long 76.142873°
01/01/22 12:05 PM


**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR**


സമാഹൃത സമ്മേളനം



DAY 7

01.01.2022

പ്രതി

സംഗീത സഹവാസ ക്യാമ്പ്



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



സമാപന സമ്മേളനം



DAY 7

01.01.2022

ഘൃണിഃ

സചിതദിന സഹവാസ ക്യാമ്പ്



NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P. VEMABALLUR



സമാപന സമ്മേളനം



DAY 7

01.01.2022

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സചിതദിന സഹവാസ ക്യാമ്പ്



NATIONAL SERVICE SCHEME
 UNITS 53 & 95
 MES ASMABI COLLEGE, P. VEMABALLUR



സമാഹൃത സമ്മേളനം



DAY 7

01.01.2022

പുതിയ

സംരക്ഷണ സഹായസ ക്യാമ്പ്



NATIONAL SERVICE SCHEME
 UNITS 53 & 95
 MES ASMABI COLLEGE, P. VEMABALLUR



FOOD



DAY 4

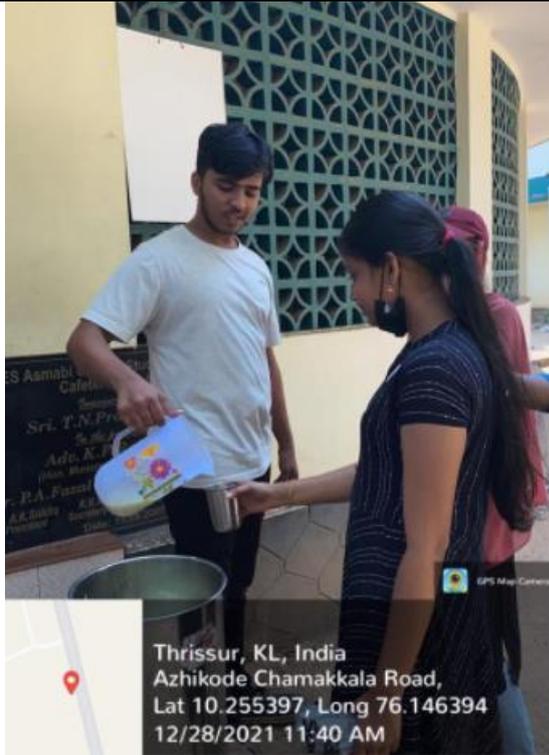
29.12.2021

ഘനീ

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Dec 28









Thanking you
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