

# M.E.S.ASMABI COLLEGE, P.VEMBALLUR

## NSS ACTIVITIES 2018 (UNITS 53 & 95)

### JUNE

1. Observance of Yoga day – 21-6-2018



2. Rehabilitation camp for pain and palliative patients on 23-6-2018





Training on paper pen making and dish wash and floor cleaner making for palliative patients by District coordinators Sri. Vijesh and ... The programme was conducted under the leadership of NSS volunteers Krishnapriya and Afrin Faizal who were helped by nearly 25 volunteers. There was a participation of relatives of 13 palliative patients.

3. Awareness class on 'Plastic pollution and Waste Management' in the Eriyad Panchayath ward 1 Gramasabha on 25-6-2018 Sreenandhana and Swathy led the class to nearly 100 Gramasabha members. Ward member Sri. Kunjukuttan, block member Sm. Fathima and Programme officers Dr.Sheeba.N.H. and Sri. Mohammed Areej were present along with 30 NSS volunteers.



4. Observation Of 'International Day Against Drug Abuse' on 26-6-2018  
The programme was inaugurated by Sri. Unnikrishnan Namboodiri, Excise Inspector, Kodungallur by 9.30 am in front of the college and conveyed the message against drug abuse and illicit trafficking to a gathering of students and teachers.



## JULY

5. Order for 100 paper pen received from St Joseph's college, Irinjalakuda on 10-7-2018 and the volunteers delivered the item within two days
6. 50 Jack fruit sapling were being planted by volunteers in college campus and in their .... altogether.



## AUGUST

- 7.



The cultural wing of NSS unit conducted a musical evening in memorial to late gazal singer 'Umbayi' which was led by volunteer singers Nowrus, Ansif, Haseeb etc. on 3-8-2018

8. Monsoon Relief Work Done By Nss Volunteers In The Adopted Village Of Eriyad Panchayath, Ward 1 On 4-8-2018





Monsoon relief work done NSS units in the adapted village of Eriyad Ward1 under the guidance of ward member Sri. Kunchukuttan and Panchayath president Smt. prasadini Mohan on 4-8-18

9. Orientation programme conducted for freshers on 11-8-2018 – Prof. Ramesh , District NSS coordinator addressed new volunteers



10. SWAP SHOP conducted by volunteers on 14-8-2018. The volunteers in charge of ‘SWAP SHOP’ well managed to give information and publicity to the endeavor among the people of the locality. The shop was inaugurated by Sri. Mohammed Hassan. K.K (Secretary, M. E. S.Public School, P.Vemballur) in presence of Principal Dr. Ajims P Mohammed and Sri. Abdul Salam (Secretary, M. E. S Asmabi College).



11. Classroom neatness was assessed by “Waste management” team of NSS unit.



## 12. Flood relief work

**15/8/2018**

POs visited relief camp started at 'VASUDEVAVILASAM U.P.SCHOOL, KOTHAPARAMBU' and registered the name and phone no. for further help

**16/8/2018**

25 NSS volunteers relocated at 12 different relief camp sites from the centre at Kodungallur and assigned store duty.

Donated food items at distribution center and St.Mary's L.P. School Chappara, dress materials to the camp at GGHS, KODUNGALLUR

**17/8/2018**

15 students assigned duty as volunteers in 5 relief camps and 4 students engaged as part of rescue team at OZHAVATHUMKARA and MOOTHAKUNNAM

Donated dress materials to the camp at VASUDEVAVILASAM U.P.SCHOOL, KOTHAPARAMBU

**18/8/2018**

8 students took charge as volunteers in the camp at MES HSS, P.VEMBALLUR and 6 others in various other camps, 4 in rescue team at KIZHIPULLIKARA

**19/8/2018**

20 students in various camps, 3 in rescue team at MOOTHAKUNNAM

**20/8/2018**

12 students as volunteers in 4 relief camps

**21/8/2018**

11 students in different camps as volunteers

**22/8/2018**

2 students participated in cleaning work at Karuvannur

**23/8/2018**

2<sup>nd</sup> phase of flood relief work – as per the request from ward member Sri. Kunjukuttan, cleaning up of compounds and approach roads in the adapted village of Eriyad Panchayath – ward 1

27 students participated



24/8/2018

4 students in 2 different relief camps as volunteers



## SEPTEMBER

13. 50 NSS volunteers from the college units participated in water quality testing in connection with flood in the areas of Mala and Puthenvelikkara on 1<sup>st</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> September 2018
14. 50 NSS volunteers underwent training on damage assessment and covered the houses under various blocks Eriyad, Kaipamangalam and Mathilakam. They covered nearly ...houses altogether by 14<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup> September 2018. They did their work even during holidays



15. 35 NSS volunteers attended award distribution function to Ms Afrin Faizal of our college who won award for best NSS volunteer at Calicut University on 28<sup>th</sup> September



16. Orientation class for first year NSS volunteers on 'Pain and Paliative care' by Ms.Jyothi Jayan Warriar on 29-9-2018



## OCTOBER

17. Observance of Gandhi Jayanthi 2-10-2018



On the day of ‘Gandhi Jayanthi’, NSS Units 53 and 95 participated in cleaning the Eriyad Block compound and premises. Programme Officers Dr.Sheeba.N.H. and Sri. Mohammed Areej, employees of the Block Sri. Guru Prasad and Sri. Unnikrishnan joined the volunteers in their work

18. Awareness class on drug abuse in association with Excise department, Kodungallur and pledge taken on antidrug abuse on 2-10-2018



19. Blood donation camp conducted by NSS unit of the college in association with HDFC Bank and Amrita Hospital, Kochi. on 8-10-2018



20. Diya, Nawrus and Jasir participated the training programme on water quality test on 7-10-2018 and 10-10-2018 at Mala
21. Observance of Paliative day in association with Alpha Paliative care district unit on 13-10-2018



22. Visit of volunteers to 'Daya' old age home at Methala, Kodungallur



23. Supporting hand in Restoration of flood affected house of Mini – 3<sup>rd</sup> B A Economics student of the college by NSS volunteers on 13-10-2018 and 14-10-2018. Financial aid of Rs. 80,000/- and Man power of Rs. 70,000/-. Total Rs.1, 50,000/-



**Financial aid of Rs. 25,000/- to Sasitha Sivadas of II B Sc (Aquaculture)  
Labour help & financial aid of Rs. 1,50,000/- to Mini (III B A Economics)**

24. NSS volunteer Sreenandana has been selected for RD camp and Haseeb is shortlisted for further consideration.
25. NSS volunteers participated in training in Paliative care on 27-10-2018



26. Secretaries of NSS unit participated in the seminar conducted by NSS cell of Arogya Sarvakalasala for first aid training on 28-10-2018



27. NSS volunteers took 'National Integration pledge' on 31-10-2018



## NOVEMBER

28. In connection with "kerala piravi" NSS units conducted spot quiz on 1-11-2018 for the students of the college which received an overwhelming participation



29. Inauguration of NSS room by the Principal Dr. Ajims P. Mohammed who initiated and supported the allotment of the room on 2-11-2018



30. Monthly meeting of NSS volunteers and POs conducted on 11-11-2018 in the seminar hall at 3.30 pm

31. In connection with “Quami Ekta week” Motivation class was arranged jointly by NSS and SC/ST cell for SC/ST students of the college. Principal Dr. Ajims P. Mohammed presided over the function and Sri. Rajesh Subramanyan (Strategic life coach) handled the class on 22-11-2018



**QUAMI EKTA WEEK**  
**MES ASMABI COLLEGE PVEEMBALLURE**  
 IN CONNECTION WITH THE OBSERVATION  
 OF WEAKER SECTION'S DAY,  
**A MOTIVATION CLASS**  
 WILL BE HELD BY NSS AND S.C.T.CELL  
 TRAINER: RAJESH SURESHMANIAN  
 (STRATEGIC LIFE COACH)  
 DATE: 22<sup>nd</sup> THURSDAY 2018  
 TIME: 10:00 AM  
 VENUE: ROOM NO. 06

32. "Swap shop" was organized by NSS volunteers on 22-11-2018



33. NSS volunteers Swathy Wilton, Shabana, Jasir and Rafna gave training to nearly 25 NSS volunteers of M D College, Pazhanji in seed Paper Pen making on 23-11-2018. They were awarded certificate of merit by the Principal of the college.



34. NSS volunteers won 1<sup>st</sup> prize in “street play” competition organized by Christ college, Irinjalakuda on 24-11-2018



35. As part of Republic day (2019), Govt. of India announced National Level Declamation Contest on the topic “Patriotism & Nation Building” (English Speech) and Thrissur District level Competition was Scheduled at Cost ford Hall, Thrissur on 24.11.2018 (Saturday) at 9.30 am. NSS volunteers of the college Sreenandana Valsan, Thasreena Parveen and Shenan participated in the contest. Though they could not cross the qualifying bar, out of 23 participants from various colleges, Thasreena Parveen won 4<sup>th</sup> position.

36. NSS Programme officers Dr. Sheeba.N.H. and Mohammed Areej.E.M. attended 2 day residential camp at Socio-economic unit foundation, Peringavu, Thrissur on 28-11-2018 and 29-11-2018



37. Paper pen made by NSS volunteers of M.E.S.Asmabi college was distributed to Programme officers who attended residential camp at Peringavu, Thrissur on 29-11-2018



### **December 2018**

38. Pre-preparation of NSS special camp

-12-2018 – Meeting of NSS volunteers as part of selection process

- 12-2018 – Meeting of Management and staff S.S.M, T.T.I, Azhikode, ward members of Eriyad Panchayath representing 15 and 16 wards to discuss the conduct of special camp at S.S.M, T.T.I, Azhikode at 3.00 pm

39. Day wise report of Special camp that started from 21-12-2018 to 27-12-2018

### **January 2019**

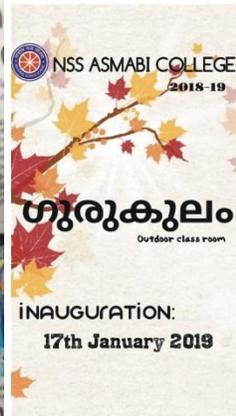
40. 7-1-2019 – Release of NSS special camp magazine by Sri. Shibu Sr, Assistant Professor, Dept. of Aquaculture



41. Work related to 'Gurukulam' outdoor class room on 8-1-2019 with 20 NSS volunteers and PO Sri. Mohammed Areej



42. 17-1-2019 - Inauguration of outdoor classroom “gurukulam” by Principal Dr. Ajims P Mohammed



43. 15-1-2019 – NSS volunteers visited “Sweet Home” an old age home at Puthenchira on National Paliative day



43. 22-1-2019 – Meeting of NSS volunteers and POs in Seminar hall to discuss the implementation of green protocol. Decided to make and distribute paper pen among all staff and students of the college from February onwards.

44. 26-1-2019 – NSS volunteer Sreenandana Valsan (II Aquaculture) participated in Republic day parade at New Delhi as national NSS contingent



### February 2019

45. 1-2-19 – Implementing use of paper pen made by NSS volunteers among students and staff of the college. The making charge per pen is Rs. 4/- and is sold for Rs.5/- Nearly 1000 pen were made for the purpose. The project was inaugurated by Principal Dr. Ajims. P. Mohammed receiving first set of paper pen.



46. 4-2-19 – Observance of ‘World Cancer Day’ . Pain and Paliative wing NSS units of the college observed ‘World Cancer Day’ in association with College Union. Dr. Rosh (Medical Supdt, Taluk Hospital, Kodungallur) inaugurated the function and made a brief talk on the topic. Union chairperson Ms. Jinshana, Smt. Shylaja .V.(HoD, Mathematics), NSS POs Dr. Sheeba.N.H., Sri.Mohammed Areej, Dr. Amithabachan (Assistant Professor, Dept. of Botany) and UUC Sri. Shakkir spoke on the occasion.



47. 11-2-19 – A set of 100 paper pen were made under pain and Paliative wing of the NSS units and handed over for use in International seminar on ‘Climate Change’ conducted by Economics department of the college.



48. 15-2-19 – A meeting of NSS volunteers was convened to discuss the making of ‘Eco-friendly paper waste bin’ in NSS room at 3.30 pm

49. 22-2-19 – Twenty two volunteers under Pain and Paliative wing attended and entertained Paliative patients at ‘□□□□ □□□□ □□□□’, function organized by Eriyad gramapanchayath. Nearly 30 patients gathered together to share the moments from 10.00am to 2.00pm



50. NSS volunteers who won D zone competitions conducted 19-22 February 019 at Govt. College, Kuttanellur

1. Nubla. P.R. (I B Sc Physics) – won ‘Chithraprathibha’ award with 9 points
2. Sharfana. T.N. (I B Sc Physics) – won ‘Sahithyaprathibha’ award for Urdu literary competitions winning 11 points
3. Thasreena Parvin (I B A English) – 3<sup>rd</sup> Prize for Malayalam elocution
4. Ashna Anifer () – Hindi Essay, Short story – 2<sup>nd</sup> prize
5. Hazeeb (II B A Mass Communication) – Vattapattu – I prize

51. 25- 2 -19 – Sample model of Eco friendly Paper bin

### March 2019

52. 2-3-2019 & 11-3-2019 – Labour help for the house construction of Haritha – 3<sup>rd</sup> year Physics student of the college. 25 students participated in the work and POs Dr. Sheeba. N. H. and Mohammed Areej accompanied the volunteers. They completed the work of foundation filling.





Labour (Rs. 13,000/-) help to haritha T J (III B Sc Physics)

53. 5-3-2019 - Mock drill in college campus on Fire and safety management by NSS volunteers.



54. 9-3-2018 (Saturday) – Paper waste bin making – 20 volunteers engaged in the making of eco-friendly paper waste bin to distribute to all departments and classrooms.



55. 12-3-2019 – one day seminar for NSS volunteers on ‘Gynecological Disorders’ at Health university, Thrissur.



56. 12-3-2019 – Distribution of Certificate of Summer internship 2018 from Swach Bharath to 50 NSS volunteers by Principal Dr. Ajims P Mohammed, IQAC Coordinator Dr. Kesavan and POs Dr. Sheeba. N. H. and Sri. Mohammed Areej in a function conducted in the Seminar hall



57. 16-3-2019 Twenty volunteers under Pain and Paliative wing attended and entertained Paliative patients at ‘□□□□ □□□□ □□□□’, function organized by Vellangallur gramapanchayath.



58. 25-3-2019 – Distribution of eco-friendly waste paper bin made by NSS volunteers to all departments of the college. 20 volunteers engaged in paper waste bin to make 30 bins, each having 2 cabins for the segregation of paper and plastic wastes marked separately.



59. 26-3-2019 Flash mob organized by NSS volunteers for the promotion of election process at Kodungallur town.



60. 27-3-19 Maintenance and beautification of 'Gurukulam' open air class room



**April 2019**

61. 16-4-2019 11 volunteers attended home care duty as part of Palliative care at Eriyad, S N Puram, Edavilangu, Vellangallur, Mathilakam and Kattoor (Pain and Palliative)



62. 21-4-2019 SIP Monthly meeting of NSS volunteers at Pain and Palliative care Society, Thrissur. 21 volunteers from various colleges attended the meeting, 4 from M E S Asmabi college – Nawrus P S, Afrin Faizal, Hasna Fathima, Mohammed Bilal. (Pain and Palliative)



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SIP Meeting 21/4/2019

Sl No	Name	College	Phone number
1	Abdul valseogyan	SIP	9995741865
2	Sibin Paul	St. Thomas College, Thrissur	9037939916
3	SARATH	St. Thomas college, Thrissur	9896578636
4	Shreya N	SIP	
5	Rajath Anil	Govt. ellour college	9544315891
6	STREEM JOY	Govt. Ollur college	9799995657
7	Abdul Sahad M	St. Thomas college, Thrissur	9847463543
8	Aneetha Suresh	St. Thomas college, Thrissur	9846858295
9	Sojasa C D	St. Thomas college, Thrissur	8584876818
10	Souranya	SIP	9605786682
11	Anshu R	SIP	751952360
12	Deepika Balan	St. Thomas college, Thrissur	989818535
13	Neeraj P S	MES Ponnayal, college, verapuzha	928143309
14	Avin Falgal	" " " "	7572910359
15	Haseen Jabbar	" " " "	960804835
16	Mohamed Bilal	" " " "	7994293313
17	Sanaa Suresh	Govt. Polytechnic college kottayam	992436243
18	Deepakrishnan m	Madhavan college of Arts & Science	9946714470
19	Shreejith MS	SIP	8848585640
20	Anshu Varghese	St. Thomas College, Thrissur	8606284763
21	Vijeth Vijaya	SIP	889576599

### May 2019

63. 3-5-2019 Palliative members of 'Thalir' the palliative wing of NSS unit of Asmabi college made 500 seed paper pen on request from Chairman, MES central committee. Cost per pen is Rs. 10/-



64. 15-5-2019 Two day training program on 'Pain and Palliative care' for NSS volunteers at District Hospital, Thrissur. 14 volunteers from our college participated in the program.



65. Pain and Palliative Pavilion attending at Thrissur Pooram Exhibition

